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## Introduction

The Community Health Assessment (CHA) describes the health of Darke County residents by presenting a broad analysis of factors which impact health status. The CHA captures the social determinants of health that contribute to health status, including housing costs, access to healthy food, availability of recreational space, and physical safety. Community members and partners are engaged to collect and analyze health-related data and information from a variety of sources. The goal is to inform community decision-making, the prioritization of health problems, improve collaborative efforts, and assist in the development and implementation of planning, policy, and actions to improve the health status of all Darke County residents.

This report illustrates the key health issues faced by Darke County residents along with relevant health disparities affecting community health. The intended audiences include community organizations, civic leaders, public health professionals, and healthcare providers. Strategies for community health improvement will be described in the Community Health Improvement Plan (CHIP), which is a three-to-five year strategic plan for community health improvement developed in collaboration with community stakeholders.

This research effort has included: a demographic analysis; a survey of 418 adult residents selected at random; focus group sessions with uninsured persons, low-income persons, and minority groups convened by the Darke County Department of Job and Family Services and Grace Resurrection Community Center; a focus group with school nurses; a community feedback opportunity at the County Fair; a survey of middle and high school students; as well as analysis of data from the Ohio Department of Health, Ohio Department of Job and Family Services, the Center for Disease Control and Prevention, the Bureau of the Census' American Community Survey, the Ohio Department of Public Safety, the Ohio Development Services Agency, the Health Resources and Services Association, the Ohio Mental Health and Addiction Services, and the Robert Wood Johnson Foundation. The study addresses secondary data for maternal and infant health data, clinical and preventive services, diseases, hospital and emergency discharge data, and leading causes of death. The steering committee has met about seven (7) times over the past year to study the results and identify health priorities. In addition to that, a core planning team met multiple times to develop steering committee meetings agendas, to provide initial reactions to data, and to otherwise inform the process.

In Darke County, the non-profit hospital is Wayne HealthCare. To maintain their tax-exempt status, non-profit hospitals must annually report their activities which provide community benefits to the Internal Revenue Service (IRS). A community benefit defined by the IRS is "the promotion of health for a class of persons sufficiently large so the community as a whole benefits." Wayne HealthCare has joined forces with the Darke County Health Department and the rest of the steering committee, who have invested resources and time in gathering information to inform this Community Health Assessment.

Participation from both the public and private sectors is needed in order to improve health status at both the individual and community level. The findings and the CHA will be shared with community and

local partners, community health providers, Federally Qualified Health Centers (FQHCs), and local medical associations. This information will be shared electronically on the hospital website, health department website, and the county website. Paper copies may be made available to any individual or organizations that request the information. Findings may be shared in newsletters, e-mails, hospital grand rounds, town hall forums, public meetings, and via media press release.

## **How to Read This Report and How Data Were Obtained**

The process of developing this Community Health Assessment began with the formation of a collaborative Steering Committee, which was facilitated by Wright State University's Center for Urban and Public Affairs (CUPA). The committee included representatives from local stakeholders, including hospital, clinic, community-based organizations, and health coalitions as well as the schools, the Department of Job and Family Services, and more. At the meetings, the Steering Committee followed the Mobilizing for Action through Planning and Partnership (MAPP) framework to identify opportunities to collaborate and build the health assessment:

- Conducting forces of change, community themes and strengths, assessing community assets, local public health system, and community health status assessments to create the Community Health Assessment
- Developing strategic issues based on the community health assessment findings and based on the expertise of steering committee members
- Identifying overarching goals, objectives and strategies to address the strategic issues
- Writing clear objectives and determining performance measures to monitor implementation and improvement
- Creating action plans that determined the steps to implement chosen strategies, which would lead and support the implementation, the short-term and longer term outcomes, and the time frame for implementation.

Following recommendations outlined in the MAPP model, the Steering Committee selected indicators specific to local conditions including, but not limited to: chronic diseases, access to care, tobacco use, substance abuse, mental health, oral health, environmental health hazards, poverty and inequity, and the built environment. Community involvement was actively pursued throughout multiple stages of the CHA development process, including the selection of indicators and the development of an effective process to conduct and receive feedback from the community regarding the CHA.

## Partners in the Process

Many partners from multiple agencies took part in this research effort, from hosting focus group sessions to providing access to data and populations, and more.

**Figure 1: Partners in the Process**

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## Description of Darke County

Darke County borders the state of Indiana and is a 30 to 90 minute drive from several major, Midwestern metropolitan communities including: Dayton, Cincinnati, Columbus, and Indianapolis, Indiana. According to the Office of Rural Health Policy, Darke County is considered a rural county. Approximately 83.14% of the county's land is cropland, 4.49% of the land is pasture, 9.58% of the land is considered forest, with 2.16% of land used by residential, commercial, industrial, or transportation uses.

Darke County's total population is estimated to be about 52,196<sup>1</sup>. Its largest community and city is Greenville with an estimated 13,037 residents. The Ohio Development Services Agency forecasts Darke County's overall population to decrease by approximately 12% by the year 2040. The population under

<sup>1</sup> U.S. Census Bureau, 2009-2013 American Community Survey

the age of 65 years of age is projected to decrease by approximately 11% by the year 2040 while the population over the age of 65 is expected to increase by approximately 11% by the year 2040. According to the U.S. Census Bureau, there were 52,959 people living in Darke County in 2010, with 6.5% of the population under 5 years of age, 18.3% under 18 years of age, and 17.3% age 65 and over. Compared to the State of Ohio, Darke County has a higher proportion of children (18.3% versus 17.2%) and a larger proportion of persons 65 and over (17.3% versus 14.4%)<sup>2</sup>.

There are 20,776 households in Darke County and 14,158 family households. About 74.4% of housing units are owner-occupied and 25.6% are renter-occupied. In nearly one in five owner-occupied households, homeowners are spending more than 35% of their income on housing costs (the recommended percentage is 28%). Nearly one-third of renters are spending more than 35% of their income on housing costs. Of those family households, 29.0% have children under the age of 18. Of households with children, 9.0% live in a female-headed household with no male present and 4.4% live in a male-headed household with no female present.

One-third of children who live in poverty are in female-headed households (35.1%). In fact, 13.7% of Darke County's population lives in poverty; among children under the age of 18, the percentage of 19.6%. Among children under the age of 5, the percentage of those living in poverty is estimated to be 19.1%. Among those ages 65 and over, the percentage living in poverty is 6.7%.

Across the county, 7,768 people received food assistance in the year 2013, which is 14.8% of the population and is 10% less than the percentage that received food assistance in 2012. The average annual food assistance payment is \$973<sup>3</sup>. The total number of households who received cash assistance dropped by 50% from the year 2012 to 2013 (from 966 recipients to 483). Federal law requires that families receiving cash assistance participate in work activities. At least 50% of all able-bodied adults receiving benefits are required to participate in work activities at least 30 hours per week. In two-adult households, at least 90% are required to participate in work activities at least 35 hours per week. In Darke County, the percentage is 62.03% versus 55.05% for the "federal all-family" rate.

Approximately 13% of Darke County's population does not have a high school diploma. This is slightly lower than the state percentage for those who do have a diploma (87% versus 88.5% respectively). The percent with a bachelor's degree or higher is 11.9% versus 25.2% for Ohio. Although Darke County residents are much less likely to have a bachelor's degree or higher when compared to the state (11.9% versus 25.2%, respectively), they are closely comparable to the average percentage of residents who have completed some college (19% in Darke County, 20.8% in the state of Ohio). Taking into account all workers in Darke County, the median hourly earnings for individual workers is \$13.50 per hour; the median hourly earnings for family households are \$26.96 per hour. Nearly one-quarter of jobs (24.9%) are in manufacturing or educational services, health care, and social assistance (21.3%). A sustainable

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<sup>2</sup> Ohio Development Services Agency, 2015, <http://www.development.ohio.gov/files/research/C1020.pdf>

<sup>3</sup> Darke County Job and Family Services, 2013, <http://jfs.ohio.gov/County/cntypro/pdf13/Darke.stm>

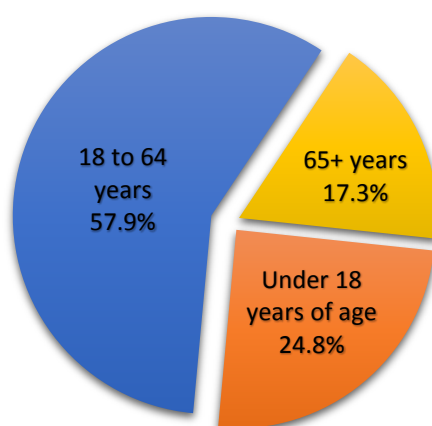
wage for a household of two adults in Darke County is \$15.12 per hour, as long as the person is employed full-time. For a household with one adult and one child, a sustainable wage is \$17.74<sup>4</sup>.

## Socioeconomic Status and Demographics of the Population

### Population

According to the U.S. Bureau of the Census, Darke County's total population is currently estimated to be about 52,196. Its largest community and city in the county is Greenville, which has an estimated 13,037 residents. Over half of the population (57.9%) of Darke County is comprised of adults aged 18 to 64 years of age. Nearly a quarter of the population consists of children under the age of 18 years, while only 17.3% of the population is comprised of seniors, aged 65 years or older (Figure 2)<sup>5</sup>.

Figure 2: Age Distribution, 2013



Source: US Census Bureau, American Community Survey, 2009-2013

Population trend estimates from the Ohio Development Services Agency (ODSA) predict that, by the year 2040, the population of Darke County will decrease by 6,679 or 12.6% overall (Figure 3)<sup>6</sup>. Despite this projected decrease in population, the total senior population in Darke County has increased by 7.1% since 2010 and is expected to continue to increase by 17.0% overall by the year 2035<sup>7</sup>, when the senior adult population will account for 30.3% of the total population. The expected growth of the older adult population parallels the growth across the State of Ohio and across the United States. As the population of Darke County, the state, and the nation ages, the prevalence of chronic disease and complex medical conditions is expected to have profound implications on the public health and healthcare systems.

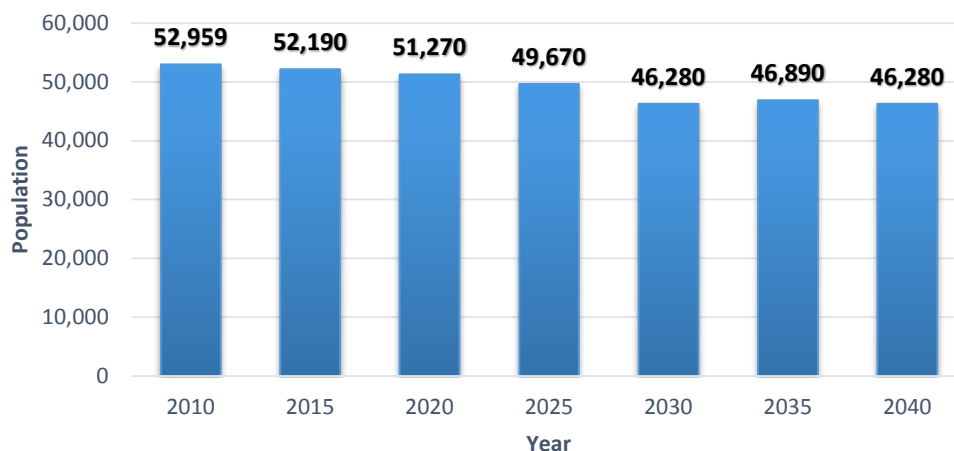
<sup>4</sup> Massachusetts Institute of Technology (MIT) Living Wage Calculator; <http://livingwage.mit.edu/>

<sup>5</sup> US Census Bureau, American Community Survey, 2013

<sup>6</sup> Ohio Development Services Agency (ODSA), 2010 to 2014 Projected Population for Ohio Counties: <http://development.ohio.gov/files/research/P6090.pdf>

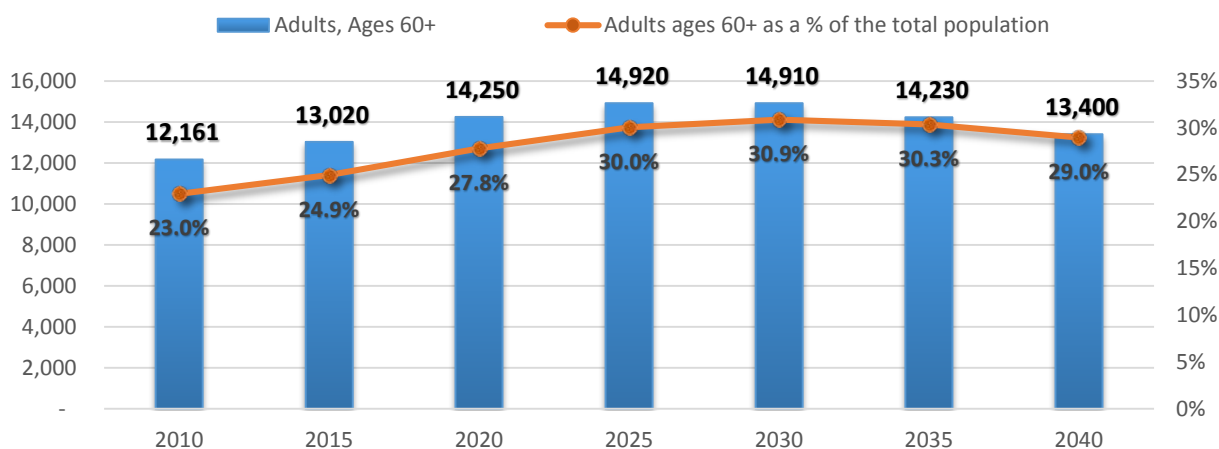
<sup>7</sup> Ohio Development Services Agency (ODSA), Population Projections: County Totals, 2013.

**Figure 3: Population Trends, 2010-2040**



Source: Ohio Development Services Agency, 2010 to 2014 Projected Population for Ohio Counties: <http://development.ohio.gov/files/research/P6090.pdf>

**Figure 4: Projections of Total Senior Population (Age 60+) in Darke County, OH (2015-2040)**

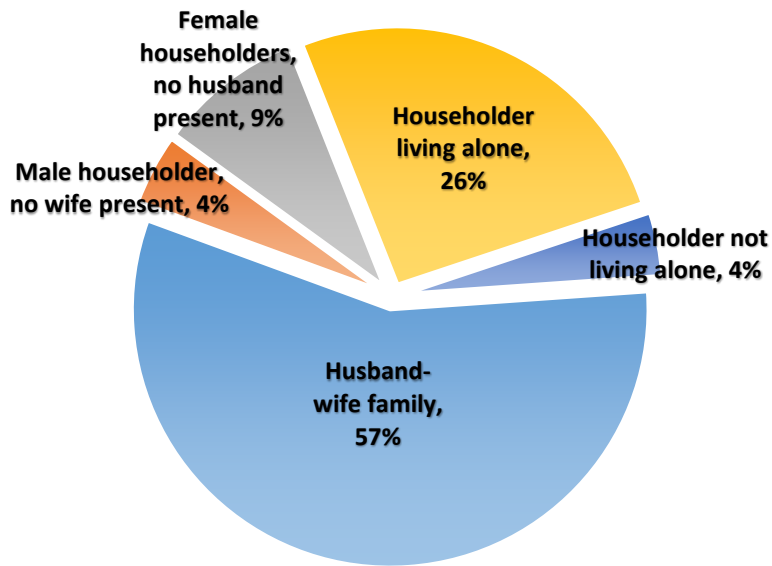


**Households**

The U.S. Census provides information on five types of households: husband-wife families; male householder, no wife present; female householder, no husband present; householder living alone; householder not living alone. There are 20,776 (or 91.6%) occupied housing units in Darke County and 8.4% vacant housing units<sup>8</sup>. Of the occupied housing units, 68.1% are family households. About 74.4% of housing units are owner-occupied and 25.6% are renter-occupied (Figure 6).

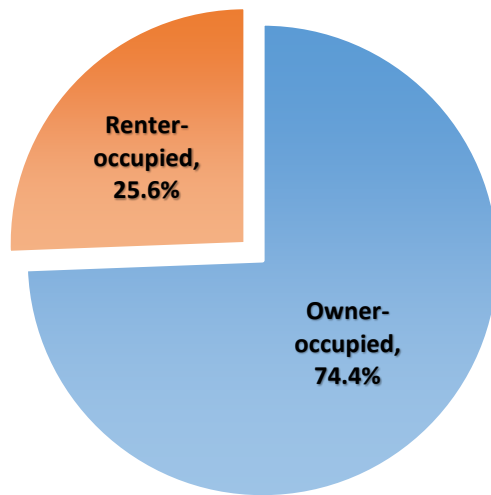
<sup>8</sup> US Census Bureau, American Community Survey, 2013

Figure 5: Households by Type, Darke County, 2013



Source: US Census Bureau, American Community Survey, 2009-2013

Figure 6: Occupied Housing Units, Darke County, 2009-2013



Source: US Census Bureau, American Community Survey, 2009-2013

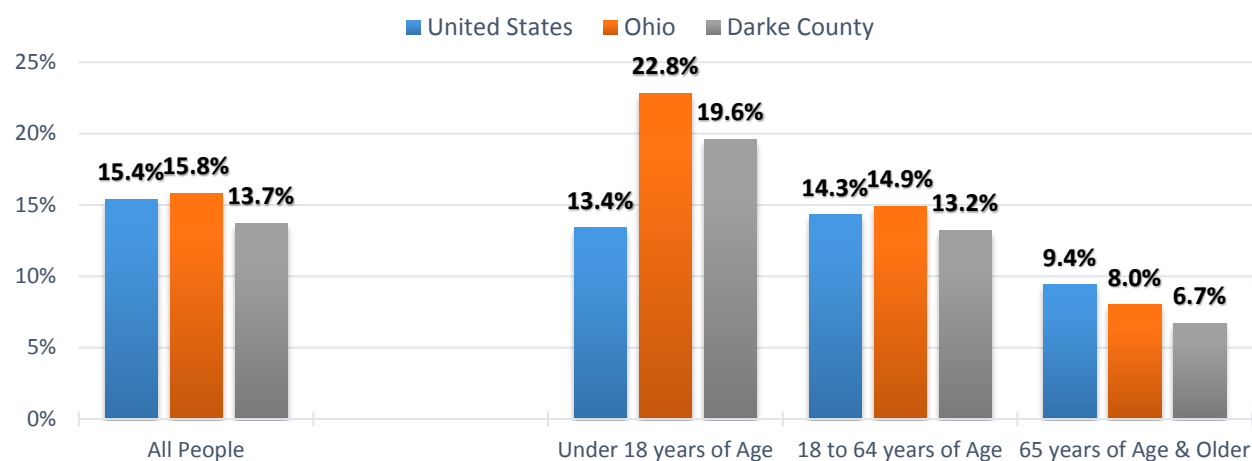
Nearly 19.2% of homeowners and 31.8% of renters are spending 35% or more of their household income on housing costs. Of those family households, 29.8% have children under the age of 18. The

median gross rent in Darke County is \$585; this accounts for 27.1% of renters' total household income. The median monthly owners cost is \$1,057; this is 21.8% of homeowners' total household income<sup>9</sup>.

### Poverty

Estimates from the 2009-2013 American Community Survey shows that 13.7% or 8,111 individuals in Darke County are living in households with income below the Federal Poverty Level (FPL)<sup>10</sup>. In fact, while 13.7% of Darke County's population lives in poverty; among children under the age of 18, the percentage is 19.6% (See the figure below). One-third of children who live in poverty are in female-headed households (35.1%). Among children under the age of 5, the percentage of those living in poverty is estimated to be 19.1%. Among those ages 65 and over, the percentage living in poverty is 6.7%. Racial and ethnic differences are also evident when examining poverty statistics by race. Over half (51.8%) of Black or African American (0.6% of population) and 31.8% of American Indian or Alaska Natives (0.2%) in Darke County live in poverty. This is compared to the 13.2% among the County's White residents (97.8%).

**Figure 7: Percent of Population Living in Poverty, 2009-2013**



Source: US Census Bureau, American Community Survey, 2009-2013

### Educational Attainment

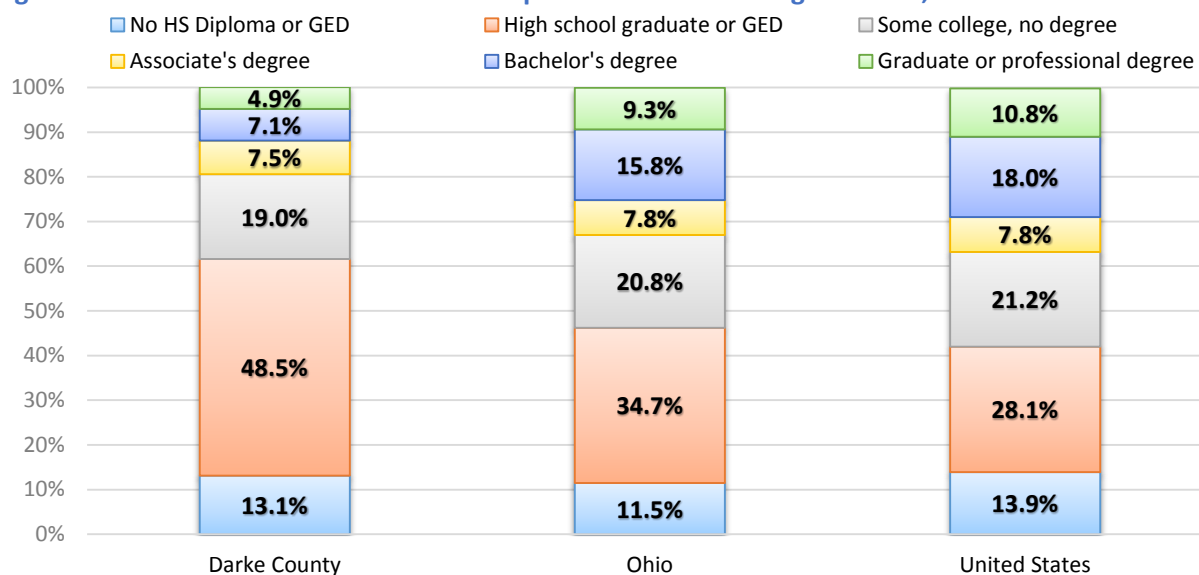
The percentage of Darke County residents having a high school diploma or GED attainment is closely comparable to the state (87% versus 88.5%, respectively). Although Darke County residents are much less likely to have a bachelor's degree or higher when compared to the state (11.9% versus 25.2%, respectively), they are closely comparable to the average percentage of residents who have completed some college (19% in Darke County, 20.8% in the state of Ohio).<sup>11</sup>

<sup>9</sup> Ohio Development Services Agency, 2015, <http://www.development.ohio.gov/files/research/C1020.pdf>

<sup>10</sup> U.S. Census Bureau, 2009-2013 American Community Survey

<sup>11</sup> Source: U.S. Census Bureau, 2009-2013 American Community Survey

**Figure 8: Educational Attainment for the Population 25 Years of Age & Older, 2009-2013**



Source: US Census Bureau, American Community Survey, 2009-2013

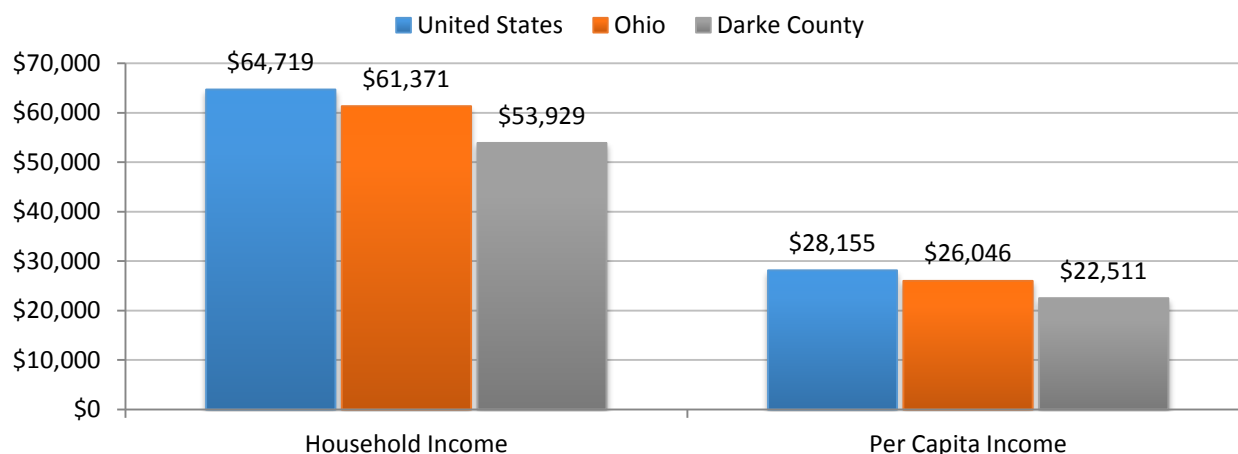
**Occupations and Income**

According to the Ohio Local Area Unemployment Statistics (LAUS), among the 62.9% of Darke County residents in the workforce, 4.1% are unemployed. The median earnings for individual workers in Darke County is \$13.50 per hour (or \$26,990 per year); the median income for family households is \$26.96 per hour (or \$53,929 per year) while it is \$12.84 per hour (or \$25,680 per year) for nonfamily households. According to the Massachusetts Institute of Technology (MIT) Living Wage Calculator, a sustainable wage for a household of two adults in Darke County is \$15.12 per hour (or \$30,240 a year), as long as the person is employed full-time; the poverty wage for a household of two adults is \$7.00 per hour (or \$14,000 a year). For a household with one adult and one child, a sustainable wage is \$19.29 (or \$38,580 a year); the poverty wage for a household of one adult and one child is \$9.00 per hour (or \$18,000 per year). The two predominant industries employing Darke County residents are manufacturing (24.9%) and educational services/healthcare/social assistance (21.3%), followed by retail trade (10.2%).<sup>12</sup>

<sup>12</sup> Source: U.S. Census Bureau, 2009-2013 American Community Survey; Massachusetts Institute of Technology (MIT) Living Wage Calculator; <http://livingwage.mit.edu/>; Ohio Department of Job and Family Services, Ohio Labor Market Information, Local Area Unemployment Statistics (LAUS) Program, 2015, <http://ohiolmi.com/laus/ColorRateMap.pdf>

Certain characteristics of a population can be factors in determinant the health status of a community and thus the health care services required by the community. The following is a graphical analysis of the characteristics and socioeconomic status of the community being served. This analysis is provided for Darke County and provides a comparison to the State of Ohio and the United States.

**Figure 9: Median Household Income & Per Capita Income, 2009-2013**



Source: US Census Bureau, American Community Survey, 2009-2013

## Health Care Facilities and Resources within the Community<sup>13</sup>

### Wayne HealthCare

Wayne HealthCare is a rural, 104-bed licensed, nonprofit acute care hospital facility that offers inpatient and outpatient health care.

**Figure 10: Total Available Beds**

Total Available Beds	
<b>Short-term Care</b>	
6	Special Care
76	Adult Medical-Surgical
10	Obstetrics Level I
<b>92 Total Short-term Care Beds</b>	
<b>12 Newborn Care – Level I</b>	
12	Total Newborn Care Beds
<b>104 Total Available Beds</b>	

Source: Directory of Registered Hospitals, Ohio Department of Health [http://publicapps.odh.ohio.gov/eid/reports/Report\\_Output\\_RS.aspx](http://publicapps.odh.ohio.gov/eid/reports/Report_Output_RS.aspx), last accessed August 2015

<sup>13</sup> Darke County’s health care infrastructure is comprised of one hospital, six nursing homes, one hospice, and four federally-qualified community health centers.



## Physicians and Other Health Providers

According to the Health Resources and Services Association (HRSA), the following physicians and other health providers provide services in Darke County. Darke County is designated as a Health Professional Shortage Area (HPSA) in the area of mental health and primary care, especially for low income residents. A HPSA is defined as “a geographic area, population group, or health care facility that has been designated by the Federal government as having a shortage of health professionals.” Several different criteria are used to determine HPSA designations.<sup>14</sup>

**Figure 11: Physicians and Other Health Care Providers**

<b>Primary Care Physicians</b>	<b>25</b>	<b>Obstetricians/Gynecologists</b>	<b>2</b>
Primary Care Physicians/100K Pop	47.7	OB/GYN/100K Pop	7.5
Gen/Fam/100K Pop	36.3		
Internal Medicine	5	<b>General Surgeons</b>	<b>0</b>
Internal Medicine/100K Pop	9.5	General Surgeons/100K Pop	0
Pediatricians/100K Pop	7.1		
		<b>Psychiatrists</b>	<b>0</b>
		Psychiatrists/100K Pop	0
		<b>Dentists</b>	<b>13</b>
		Dentists/100K Pop	24.8

## Clinics

There are four federally qualified health centers in Darke County. They are all managed by Family Health Centers, Inc. and are located in the cities of Greenville, Arcanum, Versailles, and New Madison. The clinics offer services on a sliding fee basis, including: wellness exams for adults and children, acute care, vaccinations, and perform laboratory and medical procedures on site. The Family Health Services of Darke County are designated to be a Comprehensive Health Center with Health Professional Shortage Areas (HPSA) in the areas of primary care, mental health, and dental health.

**Figure 12: Health Centers**

<b>Health Centers</b>	
<b>Community Health Centers</b>	<b>4</b>
<b>Federally Qualified Health Centers</b>	<b>4</b>

Source: Health Resources and Services Administration, Health Resources Comparison Tool, <http://ahrh.hrsa.gov/ardashboard/HRCT.aspx>, last accessed August 2015

<sup>14</sup> Source: U.S. Department of Health and Human Services, Health Resources and Services Administration, Health Workforce, Health Professional Shortage Areas (HPSAs), 2015 <http://bhpr.hrsa.gov/shortage/hpsas/>

## Nursing Homes

Figure 13: Nursing Homes

Nursing Homes			
<i>OHL01687</i>	BRETHEREN RETIREMENT COMMUNITY 750 Chestnut Street Greenville, OH 45331 Licensed Capacity: 130	<i>OHL01836</i>	UNION CITY CARE CENTER 907 East Central Street Union City, OH 45390 Licensed Capacity: 43
<i>OHL01690</i>	HEARTLAND OF GREENVILLE 243 Marion Drive Greenville, OH 45331 Licensed Capacity: 92	<i>OHL1797</i>	VERSAILLES HEALTH CARE CENTER 200 Marker Road Versailles, OH 45380 Licensed Capacity: 112
<i>OHL01721</i>	REST HAVEN NURSING HOME 1096 North Ohio Street Greenville, OH 45331 Licensed Capacity: 100	<i>OHL41817</i>	VILLAGE GREEN HEALTH CAMPUS 1315 Kitchen Aid Way Greenville, OH 45331 Licensed Capacity: 51

Source: Ohio Department of Health [http://publicapps.odh.ohio.gov/EID/reports/Report\\_Output.aspx](http://publicapps.odh.ohio.gov/EID/reports/Report_Output.aspx)

## Mental Health Care Capacity

Darke County is designated as a Health Professional Shortage Area (HPSA) in Mental Health. According to the Health Resources & Services Administration, there is a shortage of mental health providers, including psychiatrists, clinical psychologists, clinical social workers, psychiatric nurse specialists, and marriage and family therapists, in the area. There are different designation requirements for a geographic area, population group, or health facility to be considered a HPSA in the area of mental health. In general, the regulation for a mental health HPSA designation is based on a psychiatrist to population ratio. The ratio is 1:30,000, meaning that if there are 30,000 or more people per psychiatrist, then a geographic area is designated as a mental health HPSA.<sup>15</sup>

With the mental health HPSA designation in mind, the Darke County Community Health Status Assessment asked, “If you felt depressed or suicidal, would you know where to go or who to talk to?” Among survey respondents, 19.7% indicated they would not know where to go or who to talk to.

<sup>15</sup> Source: U.S. Department of Health and Human Services, Health Resources and Services Administration, Health Workforce, Health Professional Shortage Areas (HPSAs), 2015 <http://bhpr.hrsa.gov/shortage/hpsas/>

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Darke County is part of a three-county board – the Tri-County Board of Recovery & Mental Health Services. This organization plans, funds, monitors, and evaluates substance abuse and mental health services for Miami, Darke, and Shelby counties.

The Tri-County Board of Recovery & Mental Health Services provides 24/7 coverage for mobile crisis assessments at three local hospitals (Wayne, Wilson, and Upper Valley Medical Center), the Darke, Miami, and Shelby county jails, and West Central Detention Center. Mobile responders provide crisis and assessment services for people with mental health and drug and alcohol needs. Services are also provided at the local police departments as well as the David L. Brown Youth Center in Miami County. Fees for services are on a sliding scale and are based on the individual's financial status. For those who qualify, Medicaid-funded substance abuse and mental health treatment services are available.

The board contracts with the following providers to deliver substance abuse and mental health services for any resident of Miami, Darke, or Shelby County across all age groups:

- Community Housing Inc.
- Recovery & Wellness Centers of Midwest Ohio
- Hopeline (peer support line)
- Miami County Recovery Council
- SafeHaven Inc. (peer operated social center)
  - *Services are free of charge – made possible by federal and state tax dollars and by support from the local Mental Health and Recovery tax levy*
- Shelby County Counseling Center
- The Mental Health Clinic – serving Miami and Darke counties
- Tri-County Crisis Hotline & Crisis Team

Services provided include:

- Individual, couples, family, and group counseling
- Services for children, adolescents, and the elderly
- Treatment for alcoholism and other addictions
- Suicide prevention, education, and outreach
- Counseling for victims of violent crimes
- 24-hour emergency services
- Medication management
- Access to hospitalization, detoxification, and residential services when appropriate
- Pre-discharge planning and aftercare services for people who've been hospitalized

- 
- Supervised living with access to other safe, affordable housing options for people with mental disabilities

In addition to the Tri-County Board of Recovery and Mental Health, the Family Health Services – a Federally Qualified Health Center (FQHC) with four locations in the cities of Greenville, Arcanum, Versailles, and New Madison within Darke County – provides behavioral health services. The clinics offer behavioral health services on a sliding fee basis, including: clinical counseling (family, marriage, and child), support & social services, lifestyle education and programming, and anxiety/depression case management. The Family Health Services of Darke County are designated to be a Comprehensive Health Center with Health Professional Shortage Areas (HPSA) in the areas of mental health, as well as primary care and dental care.

## Health Needs of the Community

### Community Input

Community input on the perceived health needs of Darke County was used to complement analysis of publicly available data. The community health assessment used an inclusive and systematic process to collect information pertaining to the community's perceptions of its health needs.

To gather community input, a steering committee was convened to provide broad-based input on the health needs present in the community. Additionally, adult and youth surveys were conducted; the community-at-large was able to comment on the health priorities at the County Fair; and focus groups and key informant interviews were convened for the purpose of discussing the health needs of Darke County and the community served. These groups were made up of:

- Persons with special knowledge or expertise in public health
- Representatives from the local health department, hospital, and other agencies and organizations serving the community
- Members of medically underserved, low income, minority populations, and populations with chronic disease
- Other stakeholders in community health

### Focus Groups Interviews Summary

#### *Background*

Five focus groups were held throughout Darke County during August and September 2015; two groups each were held at the Darke County Department of Jobs & Family Services in Darke County and Grace Resurrection Community Center; and one group was held at the Darke County Health Department. The intent was to discuss community health perceptions, barriers and disparities in coverage, and access to health services. The focus group participants included low-income or marginalized residents, other underserved populations, and school

nurses. There is no identifying information connected with the comments, as participants were asked to speak candidly and were assured that their comments would not be tied to their names.

**Figure 14: Key Informant Focus Group**

Key Informant Focus Group	Date
Darke County – Department of Jobs & Family Services	August 3 <sup>rd</sup> and 27 <sup>th</sup> , 2015
Grace Resurrection Community Center	August 11 <sup>th</sup> and 13 <sup>th</sup> , 2015
Darke County School Nurses	September 18 <sup>th</sup> , 2015

The following questions were selected for use in guiding focus group discussions with community members:

#### Focus Group with Community Members

1. What is the first thing that comes to mind when you hear the phrase, “healthy lifestyle”?
2. What do you and others do to stay healthy?
3. Focusing on specific health issues, what would you say are the biggest health problems in the community?
4. Where do you usually get healthcare when you need it? Why?
5. Did you or someone you know have difficulty obtaining health care services in the past few years? If yes, what are the reasons?
6. If you had one suggestion on how to improve the health of the community, what would it be?
7. Do you feel that people in the community are fully aware of the healthcare services/options that are available to them? Why or why not?
8. Where do you currently get health information?
9. In what format would you like to receive future health information?

The following questions were selected for use in guiding a focus group with Darke County school nurses:

#### Focus Group with School Nurses

1. What do you see as major health problems affecting youth and students in your school community?
2. Where do you feel there are gaps in health services for the youth you service?
3. What types of needs are identified by students or their parents?

4. What kinds of things do you think could be done or programs developed to improve community health in Darke County?
5. Where do you believe teens get most of their health information?
6. What are the greatest barriers in providing health education or services to the youth you serve?

### *Key Themes from Focus Groups with Medically Underserved, Low-Income Populations*

We asked participants to tell us what they believe were the top health issues affecting their community in Darke County.

The primary concerns among the participants included:

1. Quality of Care
2. Health Communication
3. Insurance Barriers
4. Structural Barriers
5. Aging Populations
6. Mental Health & Substance Abuse

Each theme is discussed in further detail below.

#### *Quality of Care*

While the overall majority of participants had identified a source of health care (either through Wayne HealthCare or Family Health Services), most expressed some dissatisfaction with the quality of the healthcare. A need to improve the reputation of the hospital was mentioned. Additionally, participants cited dissatisfaction with physicians' cultural competence of rural, low-income populations.

One mother remarked, "Being poor makes it hard to focus on being healthy, buying healthy food, and getting out of bed... let alone making time to exercise."

Participants were asked, "What recommendations do you have for the healthcare providers to improve delivery of care?"

One participant said, "Better understanding of the community and citizens within the community. Wealthy people can't understand poor people."

Several participants alluded to the stigma of being "poor" or "blue-collar." Providing culturally competent services has the potential to improve health outcomes, improve the efficiency of clinicians and result in greater patient satisfaction. Cultural competence also informs the efficacy of health communication between patients and healthcare providers.

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### Health Communication

A common theme from the focus groups included the improvement of patient-centered, health communication in the rural health system. This included patient-provider communication, as well as communication within the community.

When asked, *“Are you able to understand the health information the provider gives you?”* over half of the focus group participants indicated that they did not.

Participant remarks included:

- “Anything they tell us, they won’t expand on it – they’re really vague.”
- “It’s like they are speaking a different language.”
- “They get so involved in their profession; they don’t know how to explain it to you.”
- “Gibberish.”
- “They won’t give you information in layman’s terms.”

When asked for suggestions as to how to improve health communication, one participant remarked,

“The doctor told me I had abrasions and contusions – don’t tell me that. Tell me I have cuts and bruises.”

The interrelationship of culture and health literacy skills was identified as a noteworthy consideration for developing health communication and promotion materials for rural, low-income or marginalized populations.

When asked, *“What kinds of health information would be most helpful and how would you like to receive it?”* participants gave several suggestions. The health information that was most commonly cited as being helpful included:

- What transportation is available to and from health facilities
- Where to access affordable medication

Most participants indicated that they obtained information from their healthcare provider, whether a physician or nurse. However, many went on to imply the need for further community engagement. Suggestions for health communication within the community included the use of newspapers, television, text messages, and internet. Additionally, many added comments about increasing community engagement in public spaces.

One participant remarked, “You should go into the community and just talk and let people know what kind of services I can actually get.”

Rural, low-income populations systematically suffer worse health outcomes than non-disadvantaged populations. Engaging members of the rural, low-income communities in public health initiatives can positively impact health outcomes in these groups.

When asked, *“Do you feel that people in the community are fully aware of the healthcare services and options that are available to them?”* the overall consensus was poor. Participants mentioned the lack of a central location for health information.

One participant remarked, “Help is available, but if you don’t know about it, then what’s the point?”

Another participant commented, “I only know because of my friends.”

### Insurance Barriers

Recent expansions in insurance coverage have improved access to healthcare for populations from lower socioeconomic backgrounds. The presence of family physicians in rural communities has made primary care services more easily accessible. However, despite the expansion of healthcare coverage, focus group participants indicated barriers to accessing healthcare, leaving them “underinsured.” Although all focus group members reported having insurance, finances played an important role. One participant raised concerns of a “coverage gap” in which individuals whose incomes are above Medicaid eligibility levels but below eligibility levels for tax credits will be left without an affordable insurance option.

One participant said, “It makes it rough when you live on a fixed income and they cut your insurance because you got a raise.”

Participants further elaborated on the interrelationship between insurance, access, and cost. Many families felt “invisible” to healthcare providers. One participant remarked that he felt like a “second-class citizen” because he had insurance through Medicaid.

One participant remarked, “Doctors are more interested in your insurance card than seeing you. They’re more interested in making money.”

Participants voiced their frustration from trying to navigate the health care system because their interactions have often resulted in denied care due to having public coverage.

Another participant noted, “It’s frustrating trying to understand what your insurance covers and which doctor will take it.”

Several participants commented on the need to travel outside of the county to access services.



One participant mentioned, “There’s only certain things Medicaid will cover and only certain doctors will do some procedures for Medicaid insurance patients.”

Another participant added, “Medicare won’t cover services at Wayne; I have to go out of the county to get healthcare.”

For those individuals who had secured public health insurance, the major challenge was access.

### Structural Barriers

The majority of participants cited the need to travel outside of the county for high quality health care. The problem is compounded because many participants also cite a lack of reliable transportation. Access to health care services is contingent upon transportation being available.

When asked, “What are the top issues you see facing your community – among the people you know or in your neighborhood?” the lack of transportation was brought up during every single focus group.

One participant remarked, “How are you supposed to get to North Dayton if you don’t have a car?”

Suggestions for the improvement of the health of the community often included suggestions for the improvement of transportation access. Participant remarks included:

“Transportation to get to and from doctors; some transportation don’t accept Medicare.”

“Health care, to get to the doctor or pharmacy, is not easily accessible in rural areas, especially for old people.”

“Have more services locally, if you have to go to Dayton, that’s hard when you have a lack of transportation.”

Participants explained that structural barriers, including vehicle access and geography, impact their ability to access preventative and follow-up health care.

### Aging Populations

A special emphasis was placed on the challenge of access to quality healthcare for Darke County’s elderly population. Participants voiced the need for improved health care access for the county’s aging population.

One participant commented, “Most people are caring for their grandparents but don’t know all the resources available.”

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Physical access to healthcare was cited as the greatest challenge for elderly, rural residents. Travel cost and vehicle access is a barrier for elderly, rural patients receiving specialty services that are not available locally in Darke County.

One participant commented that there is “not transportation available to get to the doctor on time or pharmacy, especially for old people.”

### Mental Health & Substance Abuse

Mental health was described as an overlooked but central issue in the county.

A participant commented that, “Everything is a circle; it starts with eating healthy then taking care of yourself and visiting the doctor. It’s mind and body, both.”

When participants were asked “*If you have one suggestion on how to improve the health of the community, what would it be?*” several participants indicated a need to improve mental health or substance abuse care.

A participant remarked, “The County doesn’t provide enough mental health services and recovery for addicts. They don’t provide good services. Have you been down there? It’s bad.”

Another participant mentioned that, “There’s not enough mental health care and it forces some to seek treatment from far away or go without treatment.”

The barriers to accessing mental health care included a lack of resources within the county and long waiting times. One participant offered his experiences with attempting to access mental health care in Darke County:

“I went to the ER because I wanted to kill myself, but they made me wait 6 hours. So I went home and overdosed on purpose and came back so they’d take me, because I know I needed help.”

The majority of focus group and telephone survey respondents expressed concern about drug sales and abuse in the county.

One participant remarked, “There’s a bad drug problem in Darke County. We just moved out of a neighborhood where you used to know everyone on your street; they were mostly elderly. Some of them passed away or went into nursing homes. Now their homes became rentals so drug deals increased in the neighborhood.”

Another participant said, “I’ve seen people sell drugs – heroin, marijuana, pills, all of it.”

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### *Key Themes from Focus Groups with School Nurses*

We asked school nurses working in Darke County to tell us what they believe were the top health issues affecting youth in their community.

The primary concerns among the participants included:

1. Social Determinants of Health
2. Access to Healthcare: including dental care, vision care, and mental health services
3. Access to Social Services
4. Sexual Health Education

Each theme is discussed in further detail below.

#### **Social Determinants of Health**

In addition to discussing health concerns during the focus groups, participants typically discussed one or more social determinants of health that affected the health of the youth in their community. The Centers for Disease Control and Prevention (CDC) defines a social determinant as “factors that contribute to a person’s current state of health.” The determinants of health include: personal, social, economic, and environmental factors that influence an individual’s health status.

#### **Housing**

School nurses discussed housing as a community need. One concern is the long waiting lists for subsidized housing:

“Metropolitan housing has been using a waiting list for years – and Greenville has a lot of homeless.”

Another nurse mentioned the lack of available housing for homeless families:

“In my [school] building, we have a lot of homeless situations. There are not enough homeless shelters to go around. And then the rule at the homeless shelter, from what I understand, is 8 to 4 everyday, they have to be out looking for a job.”

“And they’re only allowed to stay for a certain time, like 30 days. It’s not like we have 30 shelters.”

Concerns about the quality and safety of available housing for homeless were mentioned:

“They have different apartments designated for homeless people, but they don’t advertise where they’re at because some families might be in domestic abuse situations.”

“There was a house, too, at one time, but I also know that some people are afraid to stay there because of the other people that are there. There might be ex-convicts or whatever. There are no locks on the doors or the rooms they stay in.”

### Transportation

Transportation is an endemic issue in rural counties. Transportation and distance were repeatedly mentioned as a major barrier preventing low-income residents and youth from receiving adequate healthcare services. Focus group participants cited that it is difficult for many to get transportation to access healthcare services, partially due to Darke County's rural, geographic location and also a lack of reliable transportation.

When asked, "Where do you feel there are gaps in health services for the youth you service?" the lack of transportation was brought up by the majority of the focus group participants. Participants explained that physical barriers, including reliable transportation and geographic location, impact the ability of youth and their families to access preventative and/or follow-up health care:

One nurse remarked, "I work at the opposite end of the county, so another barrier could be accessing the care, or transportation, vehicle not working, not able to get to children's [hospital], to get a prescription, to get it filled. Even to come and pick up their child at school when they're sick. They say, "Oh no, I can't come pick them up." Well, your child has a fever. Or they say, "My husband drove the car to work and we only have one car." Or they have jobs that won't let them leave work."

The majority of participants cited the need to travel to outside of the county for certain health care services that are unavailable in the county, such as dental, vision, or mental health services. The problem is compounded because many participants also cite a lack of reliable transportation. Access to health care services is contingent upon transportation being available. Focus group members suggested transportation assistance and the promotion of existing transportation services to help address this barrier.

### Access to Healthcare

Access to health care was a predominant theme in the discussion of addressing health in Darke County. The discussions about health care access were often related to provider shortages or long waiting lists to receive care. This is reflected in the Health Resources and Services Administration (HRSA) designation of Darke County as a Health Provider Shortage Area (HPSA) in the disciplines of primary care, dental health, and mental health.

### Access to Dental Care

One concern was the lack of access to dental care:

One nurse commented, "The mobile dental clinic is great for preventative or maintenance, however, the problem is when a student breaks a tooth and can't get to the dentist. You can't just call – and that's the problem. If they're not established with someone locally, then they can't get in."

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The lack of dental coverage was an important topic of discussion among school nurses throughout the county. Participants related poor dental health with poor mental health and overall poor physical health. The most common concern related to dental care was a lack of access to dental care for low-income community residents.

A nurse explained, “I think our community has gotten much better at providing services; we have many more doctors than we did, say, 20 or 30 years ago. However, our dental care at Family Health was just a recent thing and they will take anybody. Last spring, I called – and they aren’t taking new patients. So that was really a negative – lack of access to dental care for low-income. We have plenty of dental care if we have insurance, but if you don’t have insurance, and a lot don’t have dental insurance. And then you deal with the emergency, you know? They come in with the toothache. I had a little boy this morning tell me, “My tooth hurts.” Well, why does it hurt? “I have a cavity, but mom said we have to wait to go to the dentist.” And, you know, he’s in second grade. His mommy told him he had to wait. This poor little boy is in pain.”

#### Access to Vision Care

Another important health care issue for youth in the community that was discussed was vision health care. The most common concern related to vision care was the lack of vision care centers accepting Medicaid or Medical Assistance. Participants commented on the need to travel outside of the county to access vision services:

“There are very few vision people who take Molina Care Source. I don’t even think there are any around here who take Medicaid. I think the nearest is Piqua or Troy.”

Another participant commented:

“I think every community has a Lions Club to prevent blindness. The funding might be there, but the line of resources isn’t. You have to go that route instead of having them have actual access to care – you have to go behind the scenes to get them care.”

#### Access to Mental Health Services

Mental health issues were discussed at length and were a major concern for school nurses at every school. Focus group participants cited the limited availability of pediatric mental health services and psychological/psychiatric specialists as a major issue facing youth in the community. The school nurses brought a wealth of insight from their own firsthand experience as they worked to navigate the mental health system in Darke County.

One nurse explained, “A problem I see when I look at my kids, especially my high school kids, is mental health - even some of my elementary. I think it’s bigger than we even realize. Something as simple as - not even necessarily a diagnosis of mental health conditions – but say there was a loss in the family, or mom and dad separated. All of these different stressors the kids are facing that we don’t always know and then they’re coming to school and not able to focus.”

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Another nurse described a firsthand experience: “We do have some from Darke County Mental Health who come and have sessions in our schools. Say a child loses a parent, they have counseling groups. We have two counselors who come in and do a group on a regular basis, and I think that helps with that but only if it escalates into a bigger problem. We have a student who has only been to school twice since the beginning of the school year. She refuses to come to school, she shaved her head the other day – she’s crying out for help but we’ve had a hard time getting help.”

Several participants expressed concerns that without early care, mental health issues could escalate.

One nurse commented, “I think sometimes these itty bitty mental health things develop into these huge mental health things because there’s no help for them.”

Participants believed that existing mental health services have a limited capacity to meet the demand for services due to poor physician retention and recruitment. As result, the focus group spoke of a fragmented system to find available services as they expressed:

One nurse recounted a first-hand example saying, “I have a student - who the family does have health insurance, mom works at the school, is very well-involved - her son is having some really high anxiety related to stress of coming to school, and to the point they needed to actually get him some care. So they took him to the family doctor who, fortunately, prescribed him some medicine to help him with that because it was the second week of school and he was just trembling - he couldn’t come. He gave him medicine with a referral to see a psychologist – however, she cannot find one. She has called and called and no one is taking patients. I mean, she even went into Miami County. She said, “Oh we think we found one in Piqua!” and they got into that, and once he got into the scheduler, they said, “We are not taking patients.” Nobody that she could find anywhere is taking them. And she wanted to take him wherever, so it’s not like they’re being particular about where she’s going and, fortunately, the family doctor prescribed some medicine. But not all family doctors would be comfortable doing that for children – I mean, he’s only in fifth grade.”

Another nurse explained that, “Our mental health center here in Greenville is so overworked and so stretched thin – and they’re converged with Miami and Preble. And the psychiatrist that comes to mental health is only here one day out of who knows how many. Then they end up leaving, and they have to get a new doctor. I have kids in that situation, who need medication but the family doctor won’t give it. But he quits, and now they gotta find another doctor. So they’re in limbo for months. We just don’t have mental health care like we should.”

The school nurses also referenced funding cuts contributing to mental health shortages - which are occurring on a national and regional level – that affect the limited availability of school psychologists and counselors.

One nurse shared her frustration with limited access to the guidance counselor, stating, “Being in a K-12 building, we have one guidance counselor for the whole school. So, technically, he

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can't see elementary kids because he's trained for high school kids. So that's a problem. There are just not enough people."

In addition to simply not having enough providers to service all the students, focus group participants went on to explain that there are not enough providers to service each, individual school and that funding cuts have forced schools to "share" school psychologists:

"In all honesty, there's not enough money. Most of us share our psychologist who travels from school to school. So we share our resources... but their responsibilities are full time."

Furthermore, the focus group participants all showed overwhelming concern that funding cuts have forced school psychologists and counselors to focus on tasks unrelated to mental health.

One nurse explained, "I know that – psychologists for schools, for regular people – there is a shortage across the nation. And nowadays, school psychologists don't do school psychology. It's all counseling. They do Evaluation Team Reports. They do the evaluations for testing. They don't do the counseling. They can do a little bit here and there, but it's not what they end up doing. And our guidance counselors are the same way. They are the testing and scheduling people, in addition to that job. And they hate it. At least the one that I work with hates it."

The barriers mentioned related poor mental health and a "lack of education and knowledge" about mental health with poor performance in school, absenteeism, truancy, and other general health issues:

One nurse stated, "I don't think kids are aware that's an issue that they need to talk to somebody about."

Another nurse explained, "They may come to school or they may refuse to come to school, then you're dealing with absenteeism or truancy. Or their tummy hurts so badly because there are other things going on."

### Navigating Social Services and Health Care Services

Another predominant theme among school nurses was the navigation of social services and health care services by low-income or underserved families, specifically the availability and accessibility of health care facilities and resources, emergency room overuse, and cost related barriers.

Focus group participants repeatedly cited the challenges of accessing health care, including transportation, cost, and provider availability. Additionally, they cited the difficulty of navigating social services and health care services, especially among underserved, low-income families.

One participant explained, "I don't know if we can incorporate this somehow, but today I got a firsthand taste of how difficult it can be to get services. We have a family in my district who is new to the district who is from out of state, and it's a mom who is guardian over 5 children. This mom doesn't work, she has a cell phone, but that's it and it doesn't get good service. She has no vehicle, she walks the kids back and forth to the school, and every time you see her, she is smiling and friendly. I tried to get Kiwanis to cover glasses for the girls because they need them,

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Kiwanis said “no, because she’s eligible for Medicaid, but hasn’t applied for Medicaid yet and she has no insurance. So until she seeks insurance, we can’t allocate our resources to help them if they qualify for Medicaid because Walmart takes Medicaid.” So today, I’m thinking, “Why can’t this woman drive to Greenville and get signed up?” Like, doesn’t that seem so simple? And she obviously gets there to get groceries for the kids, but she has a boyfriend who works. They have one vehicle. He is gone Monday through Friday on long hours working to help provide for them. She has five kids and no vehicle to get to Greenville. So I picked up the phone and called Darke County Job and Family Services. This call was not user-friendly - and I understand they have to make it non-user-friendly so they don’t make it too easy for people – I didn’t know what button to push. I mean, it was ridiculous. You could never get to a person if you wanted to. I had to leave a message, and I didn’t know if I was even leaving it at the right place. All I wanted to know was the hours they were available and the hours that they’re open, because they don’t have a website with that information on it. I also asked if they can send me paperwork so I can at least get started on it and fax it. This is a family with a true need and I’m having difficulty trying to help her. This is crazy, so I don’t understand how some people have such an easy time of getting things. And here’s a family whose kids do not have nice things, but they’re always clean. So, I know who she got guardianship from but it’s a situation from out-of-state. What Kiwanis said was that it is an instant thing that you qualify for Medicaid when you move to another state, you just have to submit the paperwork. But here’s a person who can’t even get over there to get paperwork. But I can’t even get ahold of someone so that I can help a family that truly has a need. That’s a real problem. So the services that we’re supposed to be using to help people aren’t even working. And I thought, “Oh, I’ll be smarter than this after the third call, I’ll just push zero.” And it told me, “Invalid entry.” Are you kidding me?

### Sexual Health Education

Several focus group participants cited sexual health as a concern in the community, particularly for youth. Participants discussed that limited sex education in schools and cultural stigmatization and acceptability have led to increasing teen birth rates and increasing rates of sexually transmitted infections in the county.

One participant mentioned, “The school is very hesitant to bring in sexual health information into the schools.”

Another participant commented, “The parents get mad because little Susie tells them what she learned in school and the parents are like, “Oh my God!” but they’re not teaching them either. They’re not learning the proper way. They’re learning from the TV or the internet. High school has a sophomore health class where they talk about STDs, but it’s too late. We used to have it in fifth or sixth [grade], but then the whole education and money thing cut it. We should start in elementary.”

Several participants mentioned that rural areas often have a more conservative identity which serves as a barrier to assessing the status of sexual health needs and education in the community.



One participant commented, “I would’ve been one of those parents who were asking, “What are you teaching my kids?!” I’m very conservative. But I don’t know how many times I’ve been like, “Ok, you’re sexually active; you need to make sure you’re protecting yourself.” And then they don’t. And we can’t even ask them a question about it on the youth survey and that bothers me. Are we just going to pretend we’re in the dark about what’s happening?”

They discussed that adolescent and teenaged girls were at highest risk for life-changing consequences, including pregnancy or sexually transmitted infections. They also mentioned that, overall, adolescents and teenagers were a hard to reach population regarding this topic.

One participant commented, “I don’t work with teenagers, although we have had a sixth grader pregnant, but that being said, we’re not allowed to ask those questions on the youth survey.”

Another explained, “I do have a lot of girls that are on birth control and, I mean, the parents – a lot of them – know they are. If they’re not on birth control, it’s very rare they are not on birth control. That’s easier for the parents than actually teaching them about sex. “

Sexually transmitted infections were seen as exceptionally concerning since the rates have nearly double over the past ten years, according to one participant.

Another participant explained, “I had to start educating fifth graders about STDs in the fifth grade talk because we had a sixth grader that had an STD. Isn’t that sad? They’re hearing about something they don’t have a clue about anyway. But we have to start educating because we are starting to see it. I hate the fact that they won’t allow you to ask sexual health questions on the youth health risk survey. I know we’re rural and more conservative, but it’s still happening. I just don’t know why we can’t.”

Participants were also concerned that families and organizations were inaccessible to youth for support and information about positive sexual health.

One participant explained, “They’re either not getting any [sexual health] education or they’re getting it from their friends, but not correctly. “

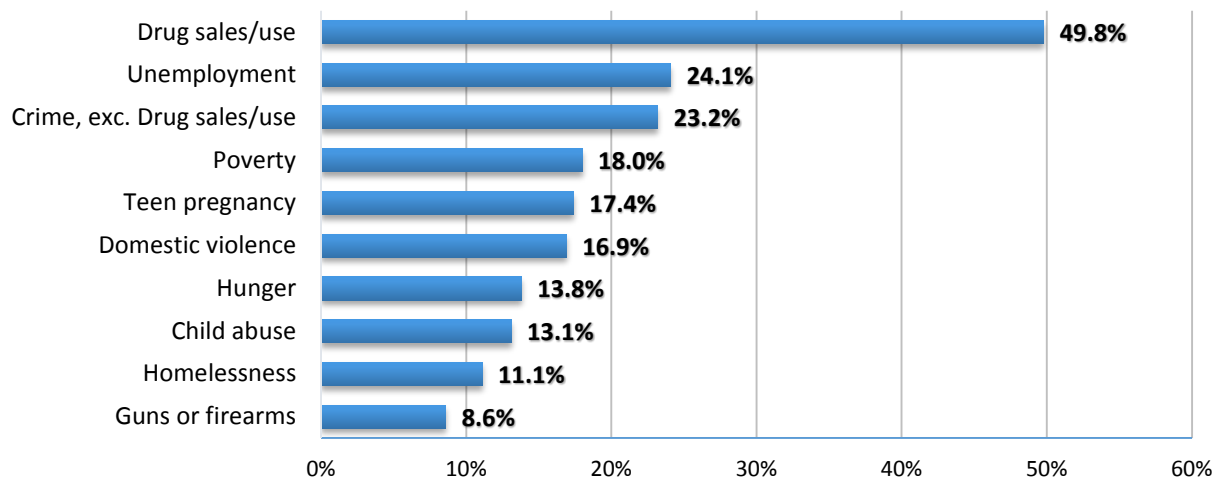
Another participant commented on existing resources and said, “The Pregnancy Crisis Center, they’re a great resource, and they’re only abstinence only but you still have to get permission from your superintendent or your board for them to even come in.”

## Primary and Secondary Data Results

Darke County residents were asked to indicate whether any of the social issues listed below were an issue in their own community. Approximately half (49.8%) of survey respondents felt that drug sales and/or drug abuse was a problem in their neighborhood. Nearly a quarter or

respondents felt that unemployment (24.1%) and crime excluding drug sale/use (23.2%) were a problem in their neighborhood.

**Figure 15: Health Issues in Neighborhood**



Source: Darke County 2015 BRFSS

Darke County residents were asked to indicate the single most important health issue affecting their community. The five health issues that community members perceive to be the most important are: drug abuse, cancer, obesity, an aging population, and an insufficient number of rural health care providers and the high cost of healthcare services. For a complete list, refer to Appendix D.

**Figure 16: Respondents' Perceptions of Top Health Issues Affecting Darke County**

Health Issue	Number of Respondents who indicated this was an important issue
Drug Abuse	108
Cancer	34
Obesity	17
Aging Population	9
Not Enough Rural Healthcare Providers	7
High Cost of Healthcare Services	7

Source: Darke County BRFSS

**County Health Rankings Data**

**Figure 17: County Health Rankings Data**

	Darke County	Ohio	National Benchmark	Rank (of 88)
Teen Pregnancy (15-19) in 2011	33.9%	30.5%		30th
Low Birth Weight	6.2%	8.6%	5.9%	
Pregnant mothers who smoked (ODH)	19.2%	17.8%		
Mothers without 1st trimester care (ODH)	63.7%	56.4%		
Sexually transmitted infections	240	460	138	

	Darke County	Ohio	National Benchmark	Rank (of 88)
(Chlamydia rate per 100,000 population)				
Poor or fair health <sup>^</sup>	21.6%	15.3%		
Poor physical health days	3.1	3.6	2.6	
Poor mental health days	3.0	3.8	2.3	
Adult obesity (BMI: $\geq 30$ ) <sup>^</sup>	32.2%	29.6%	25%	
Physical inactivity <sup>^</sup> (No leisure time physical activity)	35%	26%	20%	
Limited access to healthy foods (% low-income population who are low income and do not live close to a grocery store) <i>(Source: County Health Rankings, 2010)</i>	2%	6%		
Adult smoking (% of adults that smoke $\geq 100$ cigarettes)	23%	21%	14%	
Excessive drinking (Consuming more than 4 (women) or 5 (men) alcoholic beverages on a single occasion in the past 30 days, or drinking more than 1 (women) or 2 (men) drinks per day on average)	11%	18%	10%	
Uninsured (% population < age 65 without health insurance)	14%	14%	11%	
Primary care physicians (Primary care physicians include practicing physicians (M.D.'s and D.O.'s) under age 75 specializing in general practice medicine, family medicine, internal medicine, and pediatrics. Population per physician)	2,100:1	1,336:1	1,045:1	
Dentists (Population per dentist)	3,741:1	1,746:1	1,377:1	
Mental health providers (Population to the number of mental health providers including child psychiatrists, psychiatrists, and psychologists active in patient care)	1,940:1	716:1	386:1	
Preventable hospital stays (Hospital discharge rate for ambulatory care-sensitive conditions per 1,000 Medicare enrollees)	70	72	41	
Diabetic monitoring (Percentage of diabetic Medicare enrollees age 65-75 that receive HbA1c monitoring.)	88%	84%	90%	
Mammography screening (% of female Medicare enrollees ages 67-69 that receive mammography screening)	63.1%	60.3%	70.7%	
Premature death (Years of potential life lost before age 75 (YPLL-75) presented as an age-adjusted rate per 100,000 population)	6,672	7,466		25th
Motor vehicle crash death rate (Crude mortality rate per 100,000 population due to traffic accidents involving a motor vehicle) <i>(Source: County Health Rankings, 2006-2012)</i>	21	10		

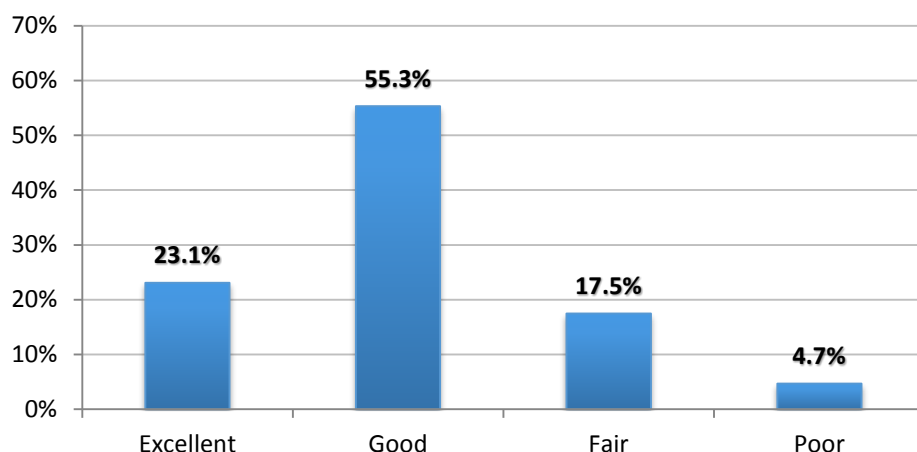
	Darke County	Ohio	National Benchmark	Rank (of 88)
High blood pressure^	30.2%	28.8%		
Heart attack (myocardial infarction)^	4.6%	-	-	
Coronary heart disease^	2.6%	-	-	
Diabetes^	12.6%	-	8.9%	

^2015 Darke County BRFSS

## Overall Health Status

When asked about general health status, over three-quarters (78.4%) of Darke County survey respondents reported that their general health is “Excellent” or “Good”; this percentage is less than that of the State of Ohio (84.7%).

Figure 18: Self-Reported General Health Status, 2015



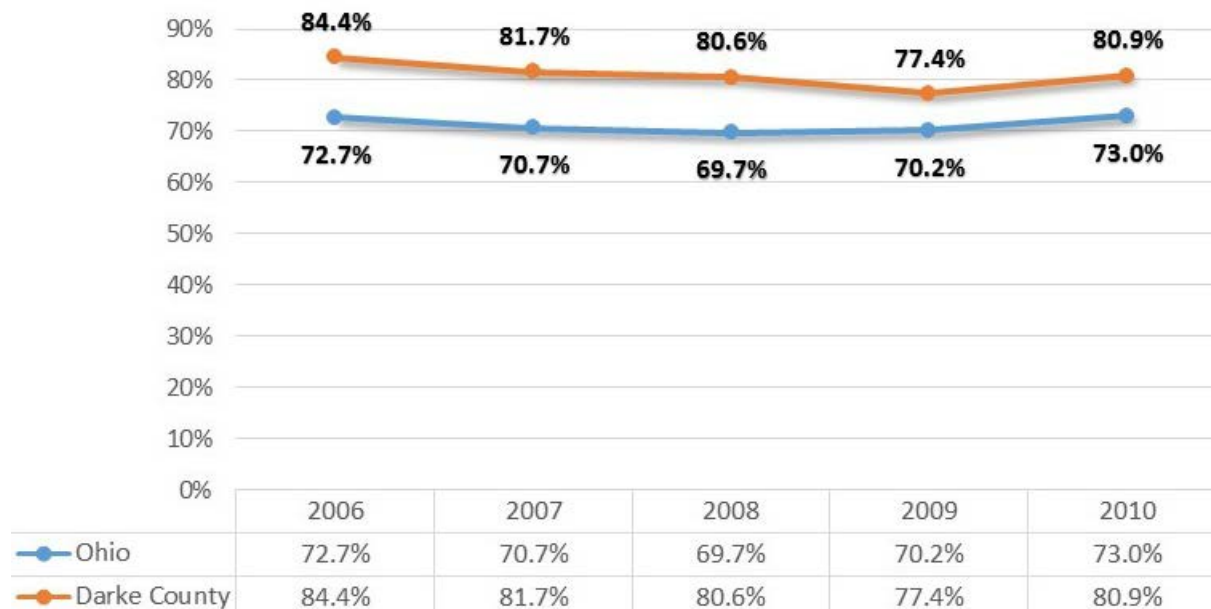
Source: 2015, Darke County Health Behavior Risks Telephone Survey

## Maternal and Infant Health

### First Trimester Prenatal Care

The percentage of women obtaining first trimester prenatal care decreased from 2006 to 2009, a trend that reversed in the year 2010. Over the study period, the percentage of pregnant women in Darke County receiving first trimester prenatal care is higher than for Ohio.

**Figure 19: Percentage of Births with First Trimester Prenatal Care, 2006-2010**



Source: 2006-2010, Ohio Department of Health, Vital statistics annual birth summaries.

### Infant Mortality Rate

According to the Centers for Disease Control and Prevention (CDC), infant mortality is defined as the death of an infant before his or her first birthday; this occurrence is measured per 1,000 live births. The death of an infant before his or her first birthday is a major indicator of a community’s health status.

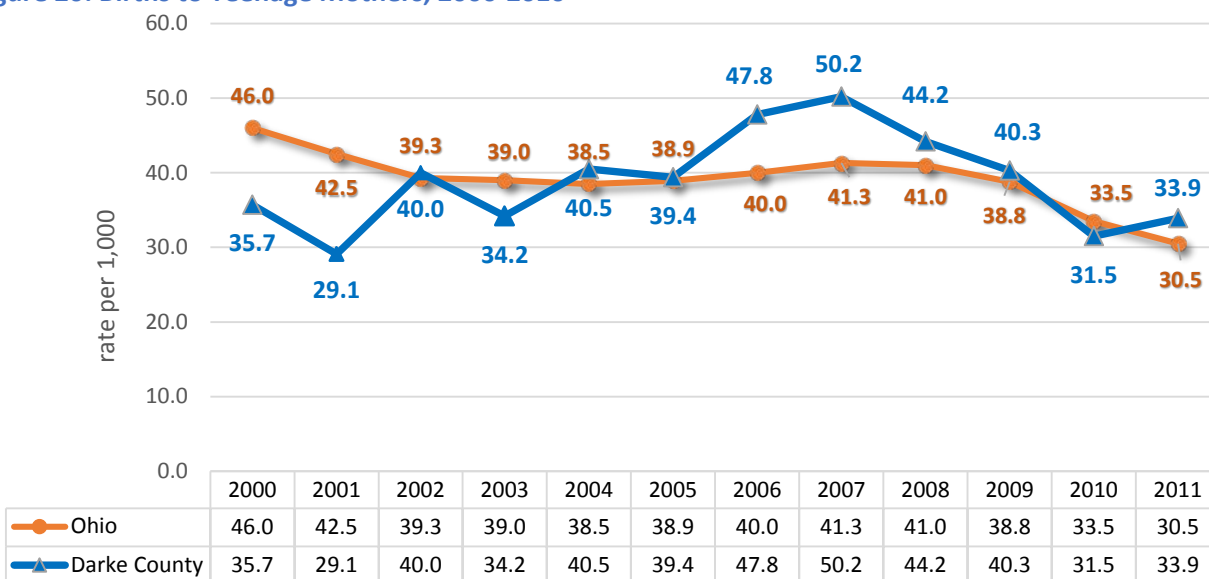
The trend in Ohio is higher than the Healthy People 2020 goal of 6.0 and was 7.4 in 2013. The infant mortality rate in Darke County is generally below the state rate, but due to a very small number of infant deaths, the rate for the County is not presented.

However, the difference in death rate between black infants and white infants is noteworthy. In the state of Ohio, the death rate for black infants (13.1) is 2.1 times the rate for white infants (6.3). It is suspected that black infants in Darke County may be at a higher risk for death than white infants; however, the data are not reportable due to very small numbers.

### Teen Birth Rates

The teen birth rate is declining in both the County and the State. While Darke County’s rate was higher than the State’s rate for much of this time period, it dropped below the State rate in 2010 and has been on a decline since 2007.

Figure 20: Births to Teenage Mothers, 2000-2010

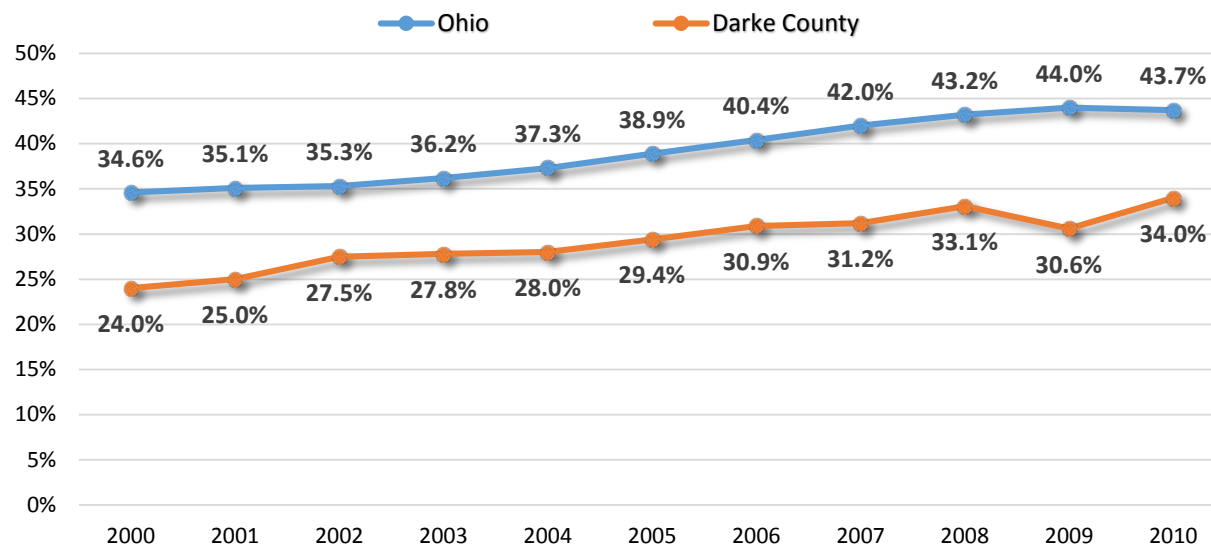


Source: 2000-2011, Ohio Department of Health, Vital statistics annual birth summaries.

### Births to Unwed Mothers

The percentage of births to unwed mothers is steadily increasing, with the County’s rate remaining below the State rate for all years studied. Nationally, non-marital birth rates fell in all age groups under age 35 since 2007; rates increased for women aged 35 and over.

Figure 21: Births to Unwed Mothers, 2000-2010



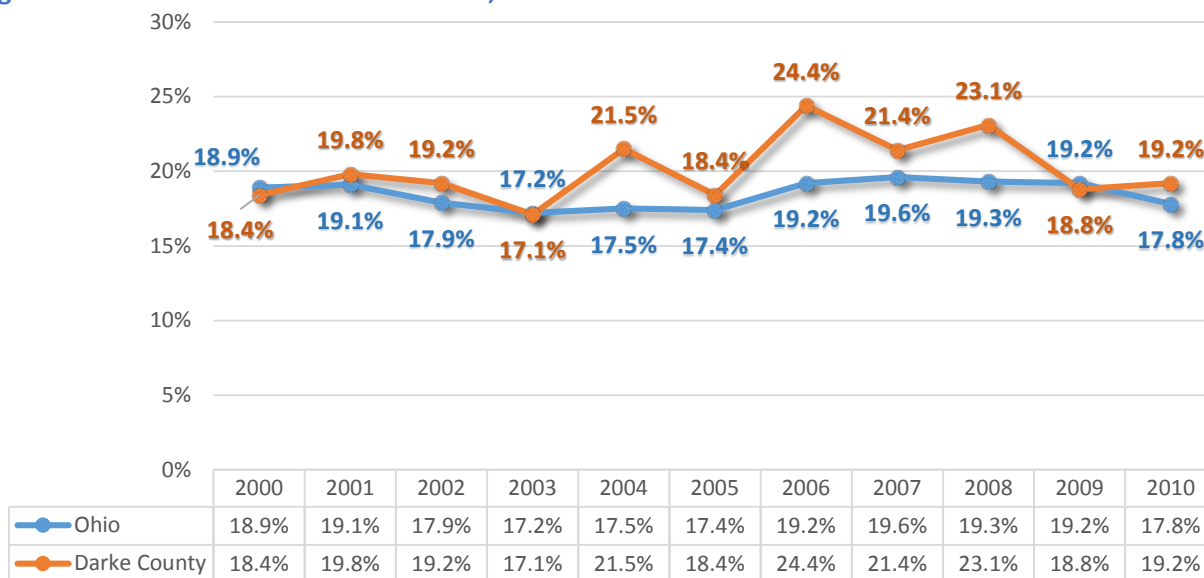
Source: 2000-2010, Ohio Department of Health, Vital statistics annual birth summaries.

### Births to Mothers Who Smoked

The percentage of Darke County mothers who smoked while pregnant is higher than the State percentage for most of the years studied and is 19.2% versus 17.8% in 2010. The County

percentage is 1.8 times higher than the national percentage (10.4%). The Healthy People 2020 goal is to reduce the percentage to 1.4%.

**Figure 22: Births to Mothers Who Smoked, 2000-2010**

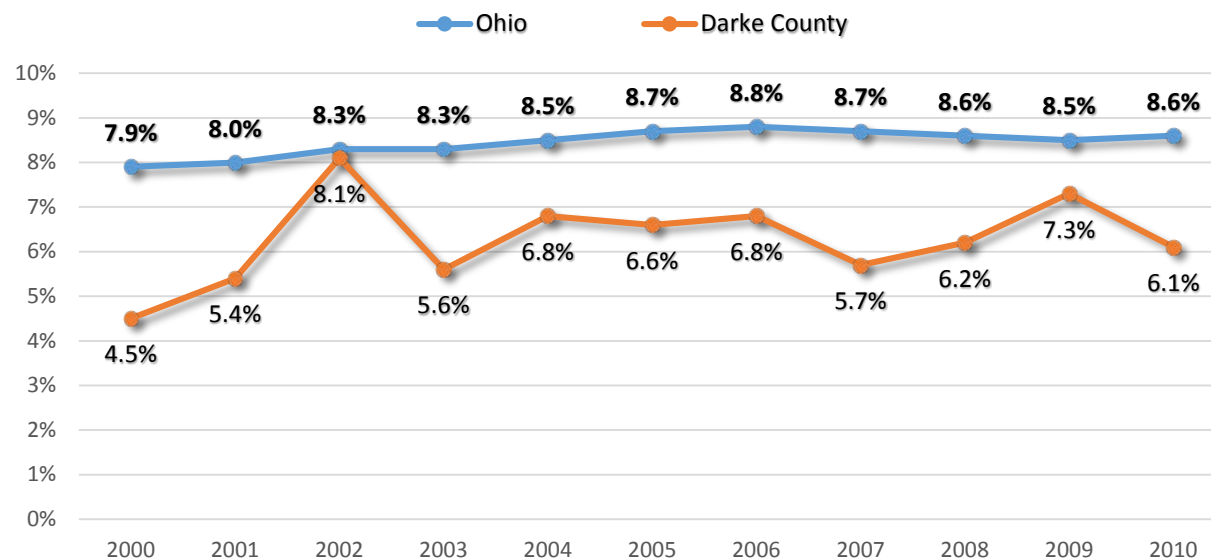


Source: 2000-2010, Ohio Department of Health, Vital statistics annual birth summaries.

### Low Birth Weight Rate

The State’s low birth rate is maintained at 8.5%, while the national rate is 8.2%; the national target from Healthy People 2020 is 7.8%. Darke County’s rate has been lower than the State’s rate for every year in the study period and is below the national target.

**Figure 23: Percentage of Low Birth Weight Babies, 2000-2010**



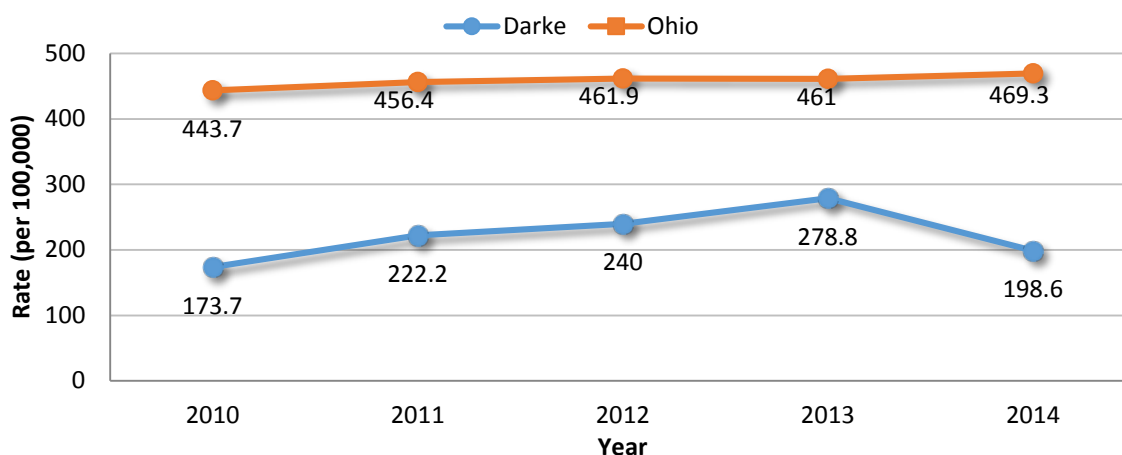
Source: 2000-2010, Ohio Department of Health, Vital statistics annual birth summaries.

### Sexually Transmitted Infections

According to the Community Health Needs Assessment survey, 84.6% of Darke County residents reported that they did not use a condom last time they had sexual intercourse. Roughly 5% of respondents reported having sexual intercourse with more than 2 people in the past 12 months.

The rates per 100,000 in population of chlamydia cases in Ohio are steadily increasing, while in Darke County they increased over the study period until the year 2014. The rate for the County is substantially lower than the rate for the State.

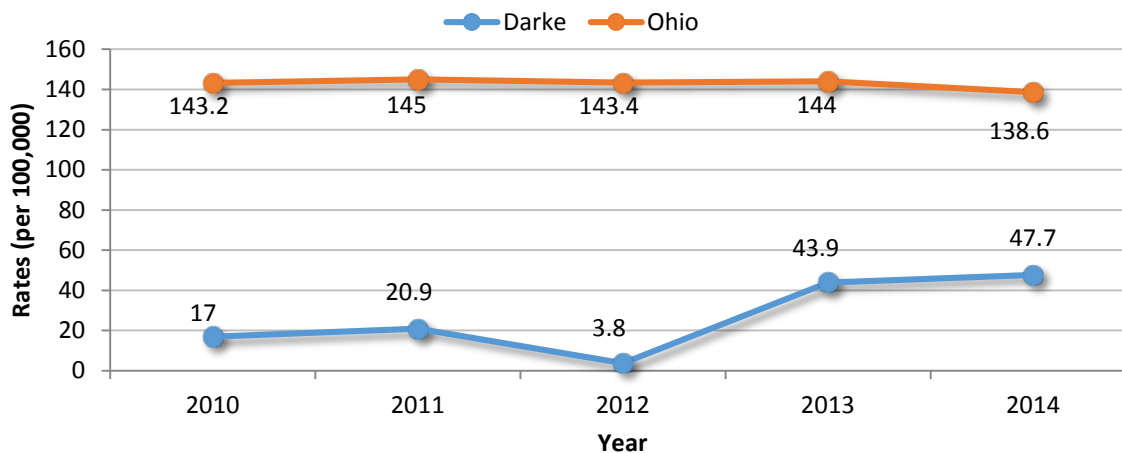
**Figure 24: Rates of Chlamydia, 2010-2014**



Source: 2010-2014, Ohio Department of Health, STD Surveillance Program.

The rates per 100,000 in population of gonorrhea cases in Ohio are steadily decreasing, but are increasing in Darke County.

**Figure 25: Rates of Gonorrhea, 2010-2014**



Source: 2010-2014, Ohio Department of Health, STD Surveillance Program.



## Youth Risk Behavior Survey (YRBS)

In 2015, two Youth Risk Behavior Survey (YRBS) surveys were conducted at three out of the eight school districts in Darke County, for a total of 1,311 surveys completed. As a result, the findings can only be generalized to the school districts that participated:

- A **high school survey** of students in grades nine through twelve, and
- A **middle school survey** of students in grades seven and eight.

The middle school and high school surveys differed slightly. The middle school survey included 72 questions about road safety, violence, bullying, substance abuse, nutrition, body image, physical activity, self-reported height and weight, mental health, and chronic disease. The high school survey included 86 questions about these topics as well as a couple of questions regarding sexual behavior.

Copies of both surveys can be found in Appendix F and Appendix H. A copy of the consent form that was distributed to students' parents is included in Appendix E.

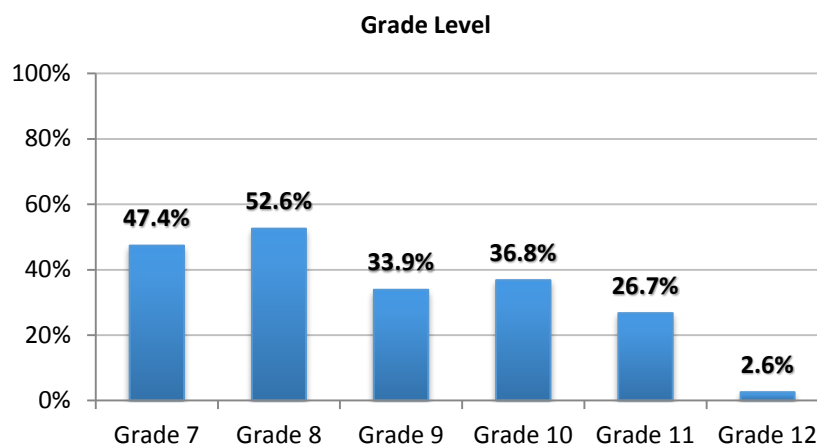
## Sample Demographics

A series of demographic questions were asked of each student in order to conduct analysis by age, grade, race, and gender<sup>16</sup>.

### Grade

According to middle school responses, 47.4% of students were in the 7<sup>th</sup> grade, while 52.6% of respondents were in the 8<sup>th</sup> grade. Among high school students, 33.9% were in the 9<sup>th</sup> grade, 36.8% were in the 10<sup>th</sup> grade, 26.7% were in the 11<sup>th</sup> grade, and 2.6% were in the 12<sup>th</sup> grade. The percentage of 12<sup>th</sup> graders taking the survey is small because the high school survey was intended for completion by 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> graders.

**Figure 26: Grade Level of Darke County Youth Survey Respondents**



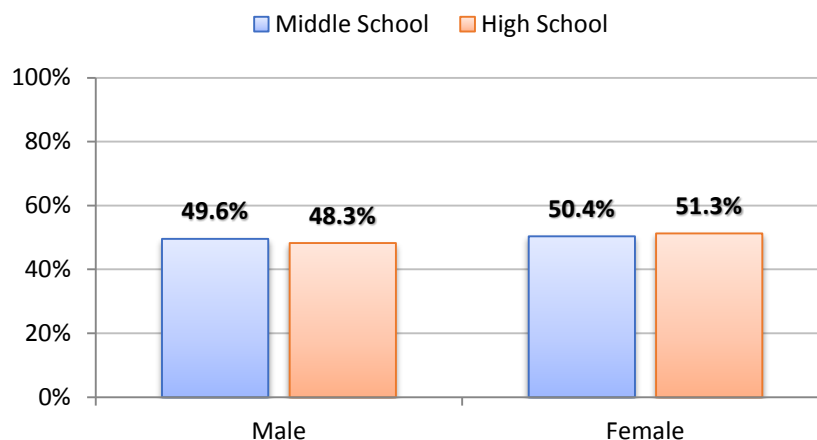
Source: 2015, Darke County YRBS

<sup>16</sup> This information can only be generalized to the three school districts that participated.

### Gender

Respondents were split nearly evenly by gender. In both middle school (50.4%) and high school (51.3%), the slight majority of respondents were male<sup>17</sup>.

**Figure 27: Gender of Darke County Youth Survey Respondents**



Source: 2015, Darke County YRBS

### Age

Students were also asked to identify their age. This is important when calculating Body Mass Index, since older students would be expected to have different heights and weights than younger students. Students at Darke County middle and high schools ranged in age from 11 years old to 18+ years old.

**Figure 28: Age of Youth Survey Respondents**

Age	Students (n=1,311)	Percentage
11	2	0.2%
12	153	11.7%
13	266	20.3%
14	285	21.7%
15	256	19.5%
16	242	18.5%
17	99	7.6%
18+	8	0.6%

Source: 2015, Darke County YRBS

### Race & Ethnicity

Students were asked to identify their race. The majorities of both the middle school (84.6%) and high school (90.5%) students were white. Around 3.1% of middle school students and 3.0% of high school

<sup>17</sup> This information can only be generalized to the three school districts that participated.

students were black. Students were able to select more than one race or ethnicity. The racial make-up of schools is profiled in the chart below<sup>18</sup>.

**Figure 29: Race & Ethnicity of Youth Survey Respondents**

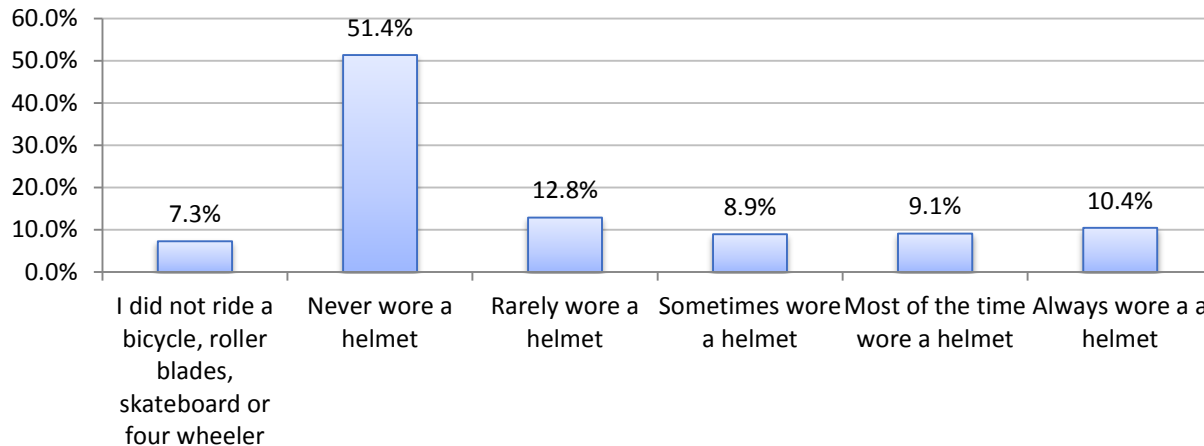
Race and Ethnicity	Middle School	High School
American Indian/Alaskan Native	9.1%	4.0%
Asian	1.9%	2.2%
Black/African American	3.1%	3.0%
Hispanic/Latino	2.6%	2.2%
Native Hawaiian or Other Pacific Islander	0.4%	0.5%
White/Caucasian	84.6%	90.5%
Other	0.4%	0.3%

Source: 2015, Darke County YRBS

### Bicycle Helmet Use

Middle school students were asked how often they wear helmets when riding a bicycle, rollerblades, skateboard, or a four-wheeler (ATV) during the past 12 months. Student responses indicated that more than half (51.4%) “never” wear a helmet. The figure below profiles all responses given by middle school students.

**Figure 30: Helmet Use among Darke County Middle School Respondents**



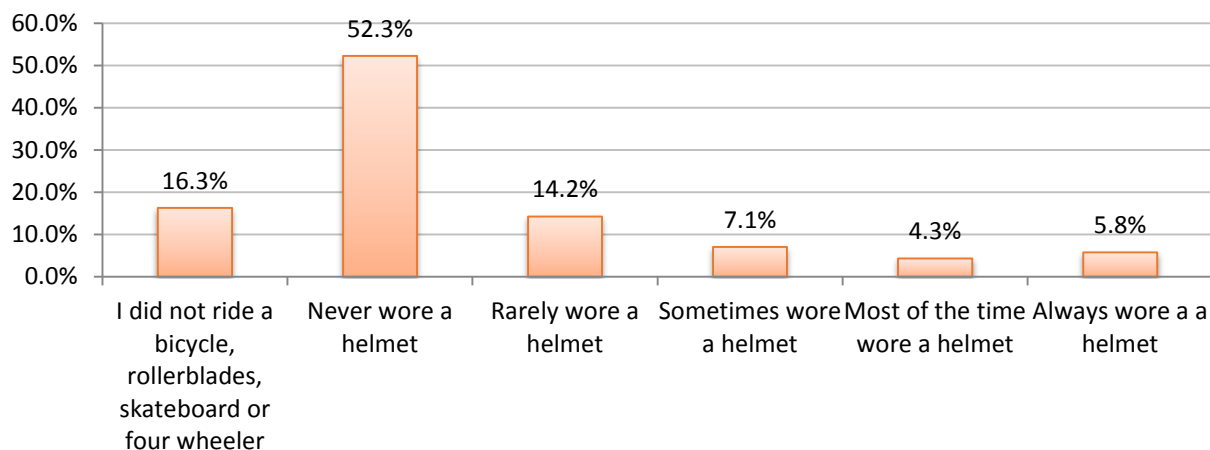
Source: 2015, Darke County YRBS

High school students showed similar tendencies in not wearing a helmet when riding a bicycle, rollerblades, skateboard, or four-wheeler (ATV). Specifically, 52.3% of high school students surveyed indicated that they never wore a helmet, while just 5.8% indicated that they always wear a helmet. The figure below profiles all surveyed high school responses<sup>19</sup>.

<sup>18</sup> This information can only be generalized to the three school districts that participated.

<sup>19</sup> This information can only be generalized to the three school districts that participated.

**Figure 31: Helmet Use among Darke County High School Respondents**

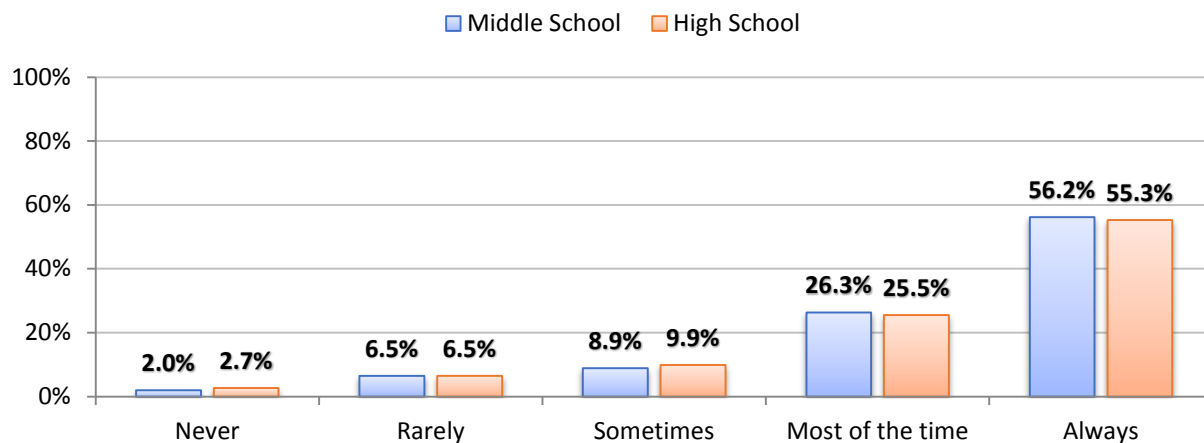


Source: 2015, Darke County YRBS

### Seatbelt Use

High school and middle school students were asked to indicate how often they wear a seatbelt when riding in a car<sup>20</sup>. There were five responses possible in the question: always; most of the time; sometimes; rarely; or, never. The figure below shows that 56.2% of middle school students and 55.3% of high school students always wear a seatbelt when riding in a car, while 26.3% of middle school student sand 25.5% of high school students indicated that they wear a seatbelt most of the time. Of the students surveyed, 17.4% of middle school students and 19.1% of high school students represent those who only “sometimes, rarely, or never” wear a seatbelt while riding in a car.

**Figure 32: Seatbelt Use among Darke County Youth**



Source: 2015, Darke County YRBS

<sup>20</sup> This information can only be generalized to the three school districts that participated.

## Reckless Driving

The CDC indicates that teenage drivers – aged 16-19 years old – are more likely to be in a motor vehicle accident than any other age group. The CDC identifies several contributing factors that make teenage drivers the most susceptible to accidents and poor driving habits. Such habits include: inexperience in handling dangerous situations while driving; lack of seatbelt usage; cell phone usage and texting while driving; and underage drinking. These factors, as well as others, will be addressed throughout the following report.

High school students were asked how often during the week they use their cell phone while driving. More than half of respondents (59.3%) indicated that they do not have a driver's license. However, among students who do have a driver's license, 30.5% said they never use their cell phone while driving and 10.2% indicated that they use their cell phone while driving one or more times a week.

Among students who have their driver's license, 6.7% indicated that they had texted while driving in the past week.

## Impaired Driving

Middle school students were asked if they had ever been in a vehicle driven by someone who had been drinking alcohol; 17.4% of middle school respondents indicated that they had been a passenger within a vehicle operated by someone under the influence of alcohol.

High school students were asked a similar question; specifically, if in the **past 30 days** they had been in a vehicle driven by someone who had been drinking alcohol. Responses indicated that 90.9% of high school students had not been in a vehicle with a person who had consumed alcohol in the past 30 days; while 9.1% indicated that they had been a passenger in the past month in a vehicle operated by a driver who had recently consumed alcohol, some on more than one occasion. About 4 percent (3.7%) indicated that they had personally driven a vehicle while under the influence of alcohol in the past 30 days.

## Violence-Related Behavior

High school students were presented with several different questions about violence-related behaviors<sup>21</sup>.

These questions included:

- During the past 12 months, on how many days did you carry a weapon, such as a gun, knife, or club?
- During the past 12 months, how many times were you in a physical fight?
- During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

First, respondents were asked if they had carried a weapon, such as a gun, knife, or club in the past thirty days and, if so, at what frequency. Almost one in five students (18.8%) indicated that they had

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<sup>21</sup> This information can only be generalized to the three school districts that participated.

carried a weapon on at least one occasion in the past 30 days. Since some students indicated in an open-ended question that they hunt for fun, this statistic itself may not be alarming.

Second, students were asked if they have been in a physical fight in the past 12 months. Almost one-quarter (19.5%) of respondents indicated that they had been in a physical fight, some on multiple occasions. Crosstabs by demographic variables revealed no significant disparities.

Third, almost four percent (3.8%) of high school students indicated that they had been in a physical fight that caused injury that required medical attention by a physician or nurse.

Middle school students were asked three questions concerning violence-related behaviors. These questions included:

- Have you ever carried a weapon, such as a gun, knife, or club?
- Have you ever been in a physical fight?
- Have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or a nurse?

Over half (64.5%) of middle school students indicated that they had carried a weapon at some point in their lives. Second, students were asked if they had ever been in a physical fight, 64.4% of middle school students answered “yes.” Third, students were asked if they had ever been in a physical fight that caused injury which required medical attention by a physician or nurse. Almost four percent (3.5%) of middle school students indicated that they had been in a physical fight that caused injury which required medical attention by a physician or nurse.

## Bullying

Over one-third (39.2%) of middle school students indicated that they had been bullied at some point in their lives. In the past 12 months, 34.9% of high school students indicated that they had been bullied<sup>22</sup>.

New technologies, including social networking sites such as Facebook, MySpace, and Twitter, have caused a notable shift from in-person to online bullying. Students were first asked if they use any social networking sites, like Facebook, MySpace, or Twitter. Because of these sites, cyberbullying is an increasing trend across the country. More than three in four middle school students (76.2%) and nearly nine in ten high school students indicated that they do use social networking sites.

Middle school and high school students were then asked to indicate how many times during the past 6 months they have been the victim of cyber-bullying. More than one in four (27%) middle school students indicated that they had been the victim of cyberbullying at least once in the past 6 months. A slightly smaller number of high school students (21.2%) indicated that they had been the victims of cyberbullying. The majority of both middle school and high school students who indicated that they had been the victim of cyberbullying indicated that the activity had taken place numerous times.

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<sup>22</sup> This information can only be generalized to the three school districts that participated.

Crosstabs indicated that, in general, both middle school and high school female students are more likely than male students to be victims of cyber-bullying. Specifically, 74.2% of high school students who reported being the victim of cyberbullying were female, compared to just 25.8% of high school males. Among middle school students, 69.9% of those who have been the victims of cyberbullying were female, whereas 30.1% were males.

### Dating Violence

Students were asked if a boyfriend or girlfriend had ever hit, slapped, or physically hurt them on purpose in the past 12 months. Among middle school students, 3.3% had reported having been hit by a boyfriend or a girlfriend, while 5.4% of high school students indicated that a boyfriend or girlfriend had hit, slapped, or physically hurt them in the past year.

Additionally, high school students were asked if they had ever been forced to have sexual intercourse when they did not want to. Nearly six percent (5.9%) of high school respondents indicated having been raped. Crosstabs by gender revealed that females respondents (66.7%, 30 respondents) were more likely than male respondents (33.3%, 15 respondents) to indicate that they have been forced to have unwanted sexual intercourse.

### Mental Health

Both middle school and high school respondents were asked if they had ever had a hard time concentrating on tasks in the past 12 months<sup>23</sup>. More than half of high school respondents (55.8%) and middle school respondents (51.8%) said that they have had a hard time concentrating at some point in the past year.

Students were asked if, in the last 12 months, they had felt so sad or hopeless every day for two weeks in a row or more that they stopped doing some usual activities. Almost one-third of high school respondents (33.1%) and over one-quarter of middle school respondents (26.2%) indicated that they had been so sad or hopeless every day for two weeks in a row or more that they stopped doing some usual activities. Crosstabs by gender revealed no significant disparities.

Respondents were asked to whom they would speak if they were depressed, felt sad, or hopeless. The highest percentage of respondents (both in high school and middle school) indicated that they would talk to their friends. Middle school and high school students were equally likely to talk to their parents, while high school students were also likely to talk to a significant other. The table below profiles all these responses.

**Figure 33: To Whom Darke County Youth Would Speak To about Mental Health**

	Middle School Students	High School Students
No one	31.2%	31.3%
Best friend	51.1%	45.6%
Girlfriend/boyfriend	16.0%	26.4%

<sup>23</sup> This information can only be generalized to the three school districts that participated.

	Middle School Students	High School Students
Pastor/priest	3.7%	3.2%
Brother/sister	20.7%	18.4%
Parents	43.7%	32.6%
Youth minister	3.9%	2.2%
Scout master	0.4%	0.5%
Teacher	3.6%	4.2%
School counselor	5.0%	2.3%
Professional counselor	6.5%	3.8%
Other	8.2%	6.2%

Source: 2015, Darke County YRBS

Those students who indicated an “other” response were asked to write an answer; those included: aunt/uncle, cousin, brother-in-law, grandparents, great grandparents, pets, myself, diary, or prayer.

### Suicide

When asked if they had ever seriously considered attempting suicide, 13.2% of middle school students and 21.5% of high school students indicated that they had thought about attempting suicide. When asked if they had actually attempted suicide, 10.9% of all high school respondents indicated that they had attempted suicide in the last 12 months, while 7.9% of all middle school respondents indicated that they had attempted suicide in their lifetime. When asked if they have ever tried to purposely hurt themselves during their lifetime, 29.2% of high school students and 27.0% of middle school students responded “yes.”

Of those students who had attempted suicide, 19 out of 102 middle school students and 19 out of 130 high school students indicated that their suicide attempt resulted in an injury that caused them to need to see a doctor.

### Tobacco Use

#### Cigarettes

Students were asked if they had ever tried cigarette smoking, even one or two “puffs.” Less than one in ten (10%) middle school students and one-quarter of high school students (26.7%) indicated that they have tried cigarette smoking at some point. Less than half (46.2%) of middle school students and less than half (43.8%) of high school students indicated that someone in their household smokes cigarettes.

When asked how old they were when they smoked a whole cigarette for the first time, more middle school students who had smoked a whole cigarette indicated that they were between 11 and 12 years of age. Among high school students, most respondents who had smoked a whole cigarette indicated that



they were between 13 and 16 years of age when they smoked a whole cigarette the first time. The tables below profiles all responses<sup>24</sup>.

**Figure 34: Percentage of Middle School Students Who Have Smoked a Whole Cigarette**

	Percentage of middle school students
I have never smoked a whole cigarette	91.8%
8 years of age or younger	1.9%
9 years of age	0.2%
10 years of age	0.9%
11 years of age	2.6%
12 years of age	2.6%

Source: 2015, Darke County YRBS

**Figure 35: Percentage of High School Students Who Have Smoke a Whole Cigarette**

	Percentage of high school students
I have never smoked a cigarette	80.5%
8 years old or younger	2.4%
9-10 years old	2.0%
11-12 years old	3.4%
13-14 years old	5.5%
15-16 years old	5.5%
17 years of age or older	0.8%

Source: 2015, Darke County YRBS

About five percent (5.2%) of middle school students and 11.7% of high school students indicated that they had smoked a cigarette on at least one day in the past 30 days, with 1.3% of middle school students and 2.2% of high school students indicating that they have smoked daily.

When asked how many cigarettes they smoked on days that they smoked in the past 30 days, 1.3% of middle school respondents said less than 1 cigarette per day, another 1.3% said they smoke at least one per day, and 1.9% indicated they smoke 2 or more cigarettes per day. Among high school students who smoke, 2.7% of respondents smoke less than 1 cigarette per day; 3.2% of students smoke 1 cigarette per day; 3.8% smoke 2-5 cigarettes per day; and 2.3% of high school students smoke 6 or more cigarettes per day.

When asked how they obtained their cigarettes, the most common response (1.5%) among middle school students who smoked in the past 30 days was, "I borrowed (or bummed) them from someone else." The second most common response (1.1%) was, "I took them from a store or family member."

<sup>24</sup> This information can only be generalized to the three school districts that participated.

Among high school students, the most common response (3.5%) was “I borrowed (or bummed) them from someone else.” The second most common response was “I gave someone else money to buy them for me.”

High school students were then asked if they had ever tried to quit smoking cigarettes in the past 12 months. Among high school students who currently smoke cigarettes (133 out of 765 students or 17.4% of all high school students), 79 students indicated that they had tried to quit smoking. These results can only be generalized to the three school districts in the county which participated in the survey.

### *Cigars*

Respondents were also asked about their use of cigars, cigarillos, and little cigars in the past 30 days<sup>25</sup>. Almost two percent (1.7%) of middle school students and 6.2% of high school students indicated that they have smoked cigars, cigarillos, or little cigars in the past month.

### *Smokeless Tobacco*

Respondents were also asked if they had used any sort of chewing tobacco, snuff, or dip in the past 30 days. Less than 3 percent (2.2%) of middle school students and 6.1% of high school students indicated that they had used chewing tobacco in the past month.

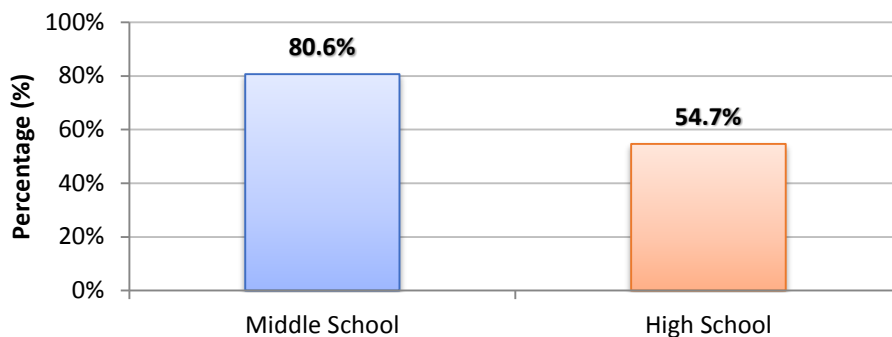
### *Alcohol Use*

Next, students were asked questions regarding alcohol consumption.

First, middle school students were asked if they had ever had a drink of alcohol, other than a few sips. Less than one-quarter of middle school respondents (19.4%) had indicated that they had at least one drink of alcohol. Nearly half of high school students (45.3%) had indicated that they had at least one drink of alcohol other than a few sips.

High school students were asked about their experience with binge drinking, defined as consuming 5 or more drinks of alcohol in a row within a couple of hours. Nearly one in ten (10.2%) high school students indicated that they had participated in binge drinking at least once in the past 30 days, with many doing so on multiple occasions.

**Figure 36: Percentage of Students Who Have Never Had a Drink of Alcohol**



Source: 2015, Darke County YRBS

<sup>25</sup> This information can only be generalized to the three school districts that participated.

Next, both high school and middle school students were asked the age at which they first tried alcohol, other than a few sips. The highest percentage of middle school students (6.1%) tried alcohol when they were 11-12 years old. The highest percentage of high school students (14.2%) tried alcohol when they were 13-14 years old.

Students were then asked how they obtained the alcohol they drank in the past 30 days. The highest percentage among middle school students (3.6%) and high school students (10.3%) indicated "Someone gave it to me."

### Drug Use

Both middle and high school students were asked a series of questions regarding drug use. The middle school students were asked 12 questions about general drug use, while high school students were asked 14 questions regarding the frequency of specific drug use.

Both middle and high school students were asked if anyone has ever tried to sell or give them any illegal drugs. Nearly one in ten middle school students (8.7%) and one-quarter of high school students (26.7%) indicated that someone at some point had tried to sell or give them illegal drugs.

### Marijuana

Students were asked if they had ever used marijuana<sup>26</sup>. About 6 percent (6.1%) of middle school students indicated that they had used marijuana before, while 19.6% of high school students indicated that they had used marijuana 1 or more days in their lifetime. Among high school students who had indicated ever using marijuana, 6.7% had done so on 1-2 occasions in their lifetime.

Students were also asked to indicate the age at which they first tried marijuana. The highest percentage of middle school students indicated that they were 13-14 years old; while most high school students also indicated they first tried marijuana at 13-14 years of age. The table below profiles all responses.

**Figure 37: Age at Which Darke County Youth Tried Marijuana**

	Percentage of Middle School Students	Percentage of High School Students
I have never tried marijuana	93.3%	81.0%
8 years old or younger	0.4%	0.8%
9-10 years old	0.9%	1.7%
11-12 years old	2.0%	2.2%
13-14 years old	3.3%	6.4%
15-16 years old	-	7.3%
17 years old or older	-	0.7%

Source: 2015, Darke County YRBS

<sup>26</sup> This information can only be generalized to the three school districts that participated.

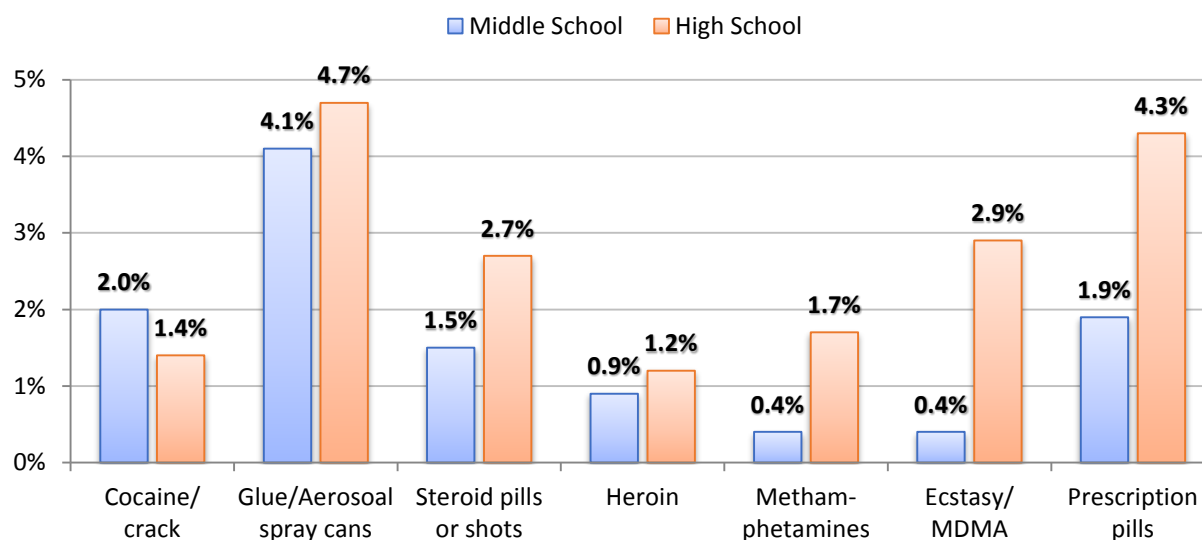
High school students were asked how many times they had smoked marijuana in the past 30 days. The highest percentage (3.0%) reported using marijuana 1-2 days in the past 30 days.

### Other Drugs

Students were asked a series of questions pertaining to the use of other illegal drugs, aside from marijuana. Respondents were provided with a list of drugs and were asked to indicate if they had ever used these drugs in their lifetimes.

The most commonly used drug among both high school and middle school students was glue-sniffing and/or inhalation of aerosol spray cans, paints, sprays to get high. Among high school students, the second most commonly used drug was prescription pills that were not prescribed to them. The graph below profiles all responses.

**Figure 38: Drug Use among Middle School and High School Students in Darke County**



Source: 2015, Darke County YRBS

Both middle and high school respondents who indicated that they had abused prescription drugs were most likely to indicate that a friend gave them the drugs or that they took them from a medicine cabinet without their parents' knowledge.

### Sexual Behavior

Middle school students in Darke County were only asked one question regarding sexual behavior, while high school students were asked two questions<sup>27</sup>.

High school students were first asked if they planned to abstain from sexual activity until marriage. Over half of the students (51.2%) indicated that they do plan to abstain from sexual activity until marriage.

<sup>27</sup> This information can only be generalized to the three school districts that participated.

Both high school and middle school students were asked if they had ever been sent or received sexually explicit pictures or videos on their cell phone, also known as “sexting.” More than a quarter of high school students (29.1%) and 10.1% of middle school students indicated that they had.

### Diet & Exercise

To assess overall physical health, questions were asked regarding nutrition and physical activity. Specifically, students were asked questions regarding body image, the amount of physical activity they partake in, and the types of foods they eat regularly. In order to assess whether student perceptions of weight are accurate, students were asked to provide their height and weight so that Body Mass Index (BMI) could be calculated.

#### Body Weight

The first question presented to both middle and high school students asked them to describe their weight as “very underweight,” “slightly underweight,” “about the right weight,” “slightly overweight,” or “very overweight.”

Over half of the middle school students (58.8%) and high school students (55.5%) indicated that they were “about the right weight.” Nearly one-fifth (20.0%) of middle school students and high school students (24.0%) reported being “slightly overweight.” When asked what they are trying to do about their weight, high school and middle school answers were noticeably similar, as profiled in the table below<sup>28</sup>.

**Figure 39: Body Weight Behavior among Darke County Youth**

	Middle School Students	High School Students
<b>Lose Weight</b>	44.7%	43.0%
<b>Gain Weight</b>	10.2%	14.6%
<b>Stay the Same Weight</b>	22.5%	20.5%
<b>I am not trying to do anything about my weight</b>	22.5%	21.9%

Source: 2015 Darke County YBRFS

High school students were asked to read five statements that described varying weight loss methods and to identify which they had used in the past 30 days. The statements included:

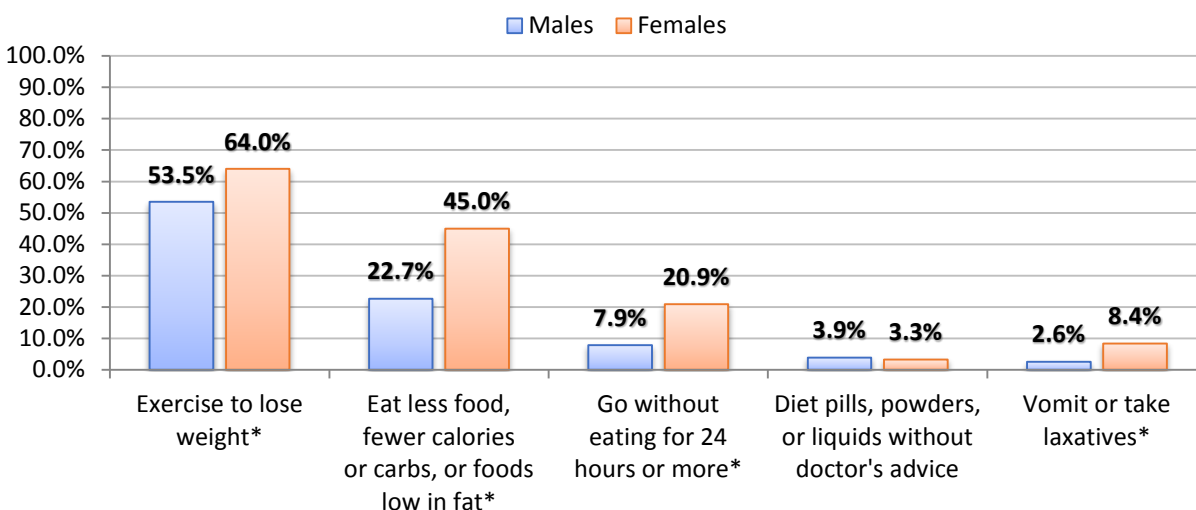
- During the past 30 days, did you exercise to lose weight or to keep from gaining weight?
- During the past 30 days, did you eat less food, fewer calories, fewer carbs, or food low in fat to lose weight or to keep from gaining weight?
- During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or keep from gaining weight?

<sup>28</sup> This information can only be generalized to the three school districts that participated.

- During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not included meal replacement products, such as Slim Fast)
- During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

Over half of high school students (58.6%) indicated that they have exercised to lose weight or keep from gaining weight – more than any other weight loss method. Many high school students (32.6%) indicated that they ate less food, fewer calories, fewer carbs, or foods low in fat to lose weight or to keep from gaining weight. Less than a quarter (22.7%) of students indicated using the remaining weight loss methods within the past 30 days. Specifically, 14.2% of high school students have fasted to lose weight or to keep from gaining weight, 3.6% have used diet pills or products, and 5.4% have vomited or used laxatives. Crosstabs by gender show a difference between the percentage of high school females and males who partake in weight loss behaviors. The difference between females and males among those who indicated that they did partake in any of the listed behaviors is profiled below.

**Figure 40: Weight Loss Behavior among High School Students**

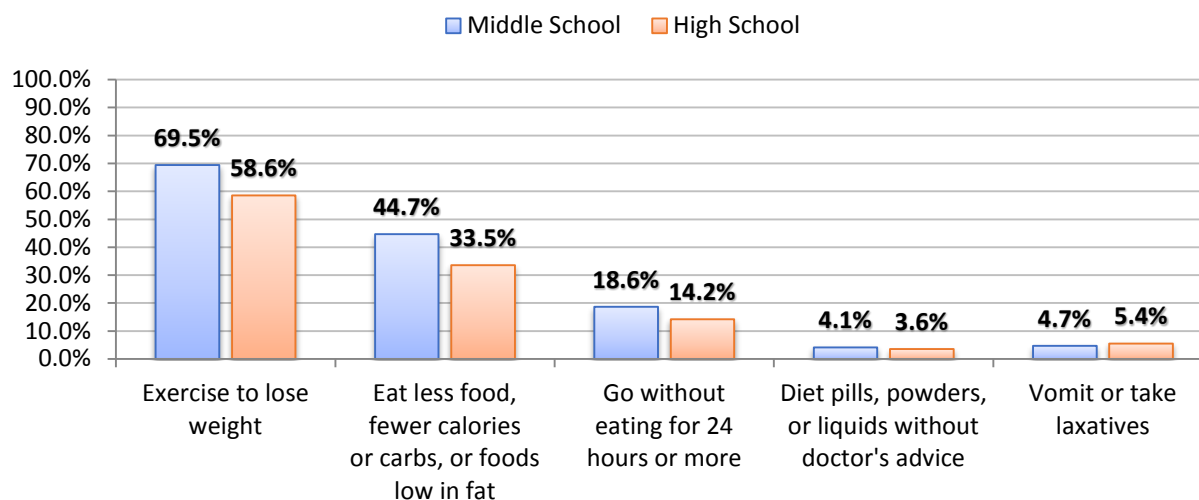


Source: 2015, Darke County YRBS

Middle school students were presented with statements similar to those above, but were asked if they have *ever* used any of the weight loss methods as opposed to having only used them in the past 30 days. Nearly two-thirds of middle school students (69.5%) indicated that they had used exercise as a weight loss method or to keep from gaining weight and almost half of middle school students (44.7%) reported eating less food, fewer calories, or less fat to lose weight or to keep from gaining weight<sup>29</sup>.

<sup>29</sup> This information can only be generalized to the three school districts that participated.

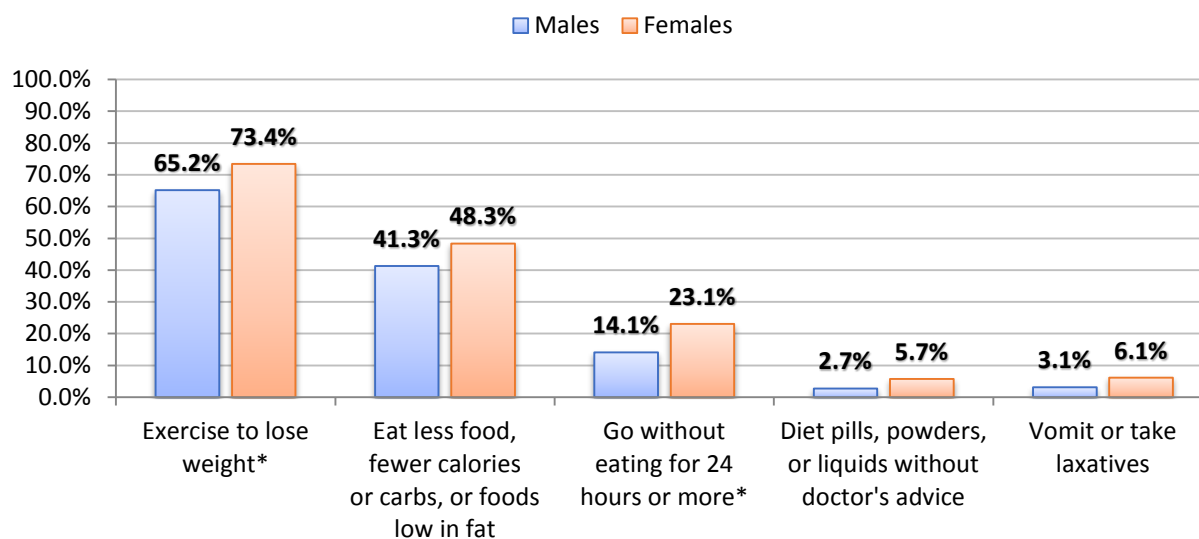
**Figure 41: Weight Loss Behavior Comparison Middle School vs. High School Students**



Source: 2015, Darke County YRBS

Middle school students were more likely than high school students to report exercising, eating less food/calories/carbs/fat, fasting, or using diet pills to lose weight (though, it should be noted that the middle school survey asked “ever,” while the high school survey asked about the past 30 days.) Crosstabs by gender show a difference between the percentage of middle school females and males who partake in weight loss behaviors<sup>30</sup>.

**Figure 42: Weight Loss Behavior among Middle School Students**



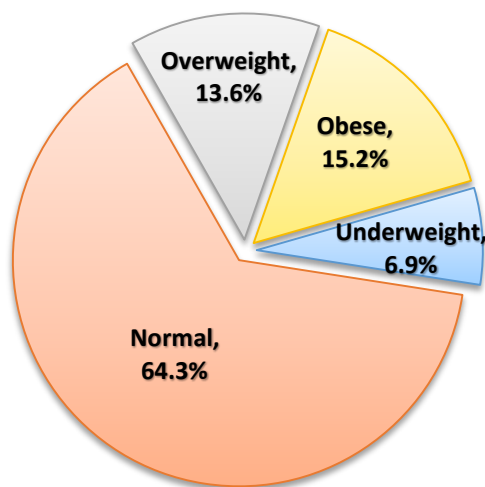
Source: 2015, Darke County YRBS

<sup>30</sup> This information can only be generalized to the three school districts that participated.

In order to assess whether student perceptions of weight are accurate, respondents were asked to provide their height and weight<sup>31</sup>. While some students declined to provide this information, many students answered these questions, allowing researchers to calculate the Body Mass Index of students in Darke County. This measurement is taken using the Centers for Disease Control and Prevention's (CDC) protocol for calculating teenaged BMI, which takes into account the age, gender, height, and weight of the respondent<sup>32</sup>.

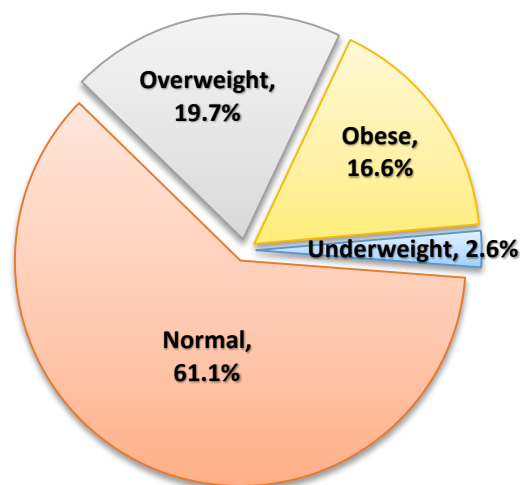
The BMI Calculations reveal that 64.3% of Darke County middle school students are at a healthy weight, while 61.1% of high school students are at a healthy weight. Of the remaining middle school students, 6.9% are underweight, 13.6% are overweight, and 15.2% are obese. Of the remaining high school students, 2.6% are underweight, 19.7% are overweight, and 16.6% are obese. This information, however, can only be generalized to the three school districts in Darke County which participated in the survey.

**Figure 43: BMI of Middle School Students**



Source: Darke County YBRFS, 2015

**Figure 44: BMI of High School Students**



Source: Darke County YBRFS, 2015

## Physical Activity

Students were asked on how many days they were physically active for at least 60 minutes or more during the past 7 days<sup>33</sup>. The majority of high school (86.2%) and majority of middle school (82.3%) students were active for at least one day or more for at least 60 minutes. Most high school students (76.2%) do not take any physical education (PE) classes in a week, while just 16.4% of students have a PE class five days a week. Almost half of middle school students (46.1%) indicated that they do not have a PE class at all in a week, while 45.8% indicated that they have PE classes 5 days a week.

<sup>31</sup> This information can only be generalized to the three school districts that participated.

<sup>32</sup> Centers for Disease Control and Prevention (CDC), About Child & Teen BMI, [http://www.cdc.gov/healthyweight/assessing/bmi/childrens\\_bmi/about\\_childrens\\_bmi.html](http://www.cdc.gov/healthyweight/assessing/bmi/childrens_bmi/about_childrens_bmi.html)

<sup>33</sup> This information can only be generalized to the three school districts that participated.



Students were also asked how many hours of television they watch on an average school day. Almost half of high school (48.8%) and more than half of middle school students (54.1%) indicated watching 1 to 3 hours of television on an average school day, while 17.7% of high school students and 13.0% of middle school students do not watch any television.

Students were also asked how many hours they spend on a computer or playing video games on the average school day. Almost 30.4% indicated that they do not play video games or spend time on the computer, while 19.2% indicated spending less than one hour playing video games or spending time on the computer. Over one-fifth (22.2%) of middle school students spend less than one hour or more playing video or computer games on the average school day. Nearly half (45.9%) spend 1 to 4 hours playing video or computer games while just 19.0% indicated that they never play video or computer games on the average school day.

When asked to indicate how many different sports teams they were a part of in the past 12 months, 34.5% of middle school respondents said none, while 65.5% indicated being on one or more sports teams, with 18.9% of respondents participating in three or more teams. More than one-third of high school students (38.6%) indicated not being a part of a sports team, while 61.4% were a part of one or more teams, with 16.7% being a part of three or more teams.

## Diet

Students were asked a series of questions regarding eating and drinking habits<sup>34</sup>. Students were asked to identify how many times during the past 7 days they ate or drank a specific type of food or drink.

Students were asked how many times they ate fruit. Nearly one-third of high school respondents (33.3%) eat fruit at least once a day, with 5.1% of students having 4 or more servings of fruit daily. Middle school students responded similarly with 33.7% of respondents indicating that they eat fruit at least once a day, with 33.7% having 4 or more servings of fruit daily. Students were just as likely to indicate that they eat vegetables (other than potatoes), with 33.6% percent of high school respondents and 32.7% of middle school respondents indicating that they eat vegetables at least once a day, and 3.6% of high school respondents and 5.1% of middle school respondents eating at least 4 servings daily.

Students were also asked how many times during the past 7 days they ate potatoes, other than French fries, fried potatoes, or potato chips. The majority of high school respondents (45.2%) and middle school respondents (44.2%) indicated that they ate potatoes 1 to 3 times during the past 7 days, while only 12.9% of high school students and 9.0% of middle school students ate potatoes at least once daily.

When asked about beverage consumption, about half of high school (42.9%) and middle school (41.7%) respondents reported drinking milk at least once daily, while far fewer high school students (17.1%) and middle school students (16.1%) reported drinking fruit juices such as apple, orange, or grape juice daily. About a quarter of high school students (27.5%) and middle school students (18.5%) reported drinking at least one can, bottle, or glass of soda or pop daily, while 4.6% of high school students and 2.8% of

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<sup>34</sup> This information can only be generalized to the three school districts that participated.

middle school students indicated that they drink at least one energy drink per day. The percentage of respondents consuming each of these products, and their regularity in doing so, can be found in the appropriate appendix for the middle school and high school frequency tables.

### **AIDS or HIV Education**

Students were asked if they had ever been taught about AIDS or HIV in school<sup>35</sup>. Nearly seven out of ten (67.8%) high school students and nearly two out of five (39.7%) middle school students indicated that they had received this education.

### **Asthma**

Students were also asked if they had ever been told by a doctor or a nurse that they have asthma. Nearly a quarter of high school students (21.3%) and 17.4% of middle school students have been told they have asthma. Nearly one in ten middle school students (12.9%) and high school students (10.8%) indicated that they still have asthma.

### **Oral Health**

Students were asked about the length of time since they had last visited a dental clinic. The majority of high school students (70.6%) and middle school students (76.3%) indicated that they had last visited a dentist or dental clinic less than one year ago, while 3.7% of high school students and 2.5% of middle school students indicated that it had been more than 5 years since they had last visited a dentist or dental clinic.

## **Adult Behavioral Risk Factors**

In this section of the report, the focus is on adults rather than youth or young adults. Data from multiple sources are used to describe the behavioral risk factors for adults in Darke County, including a household survey as well as hospital and public health data.

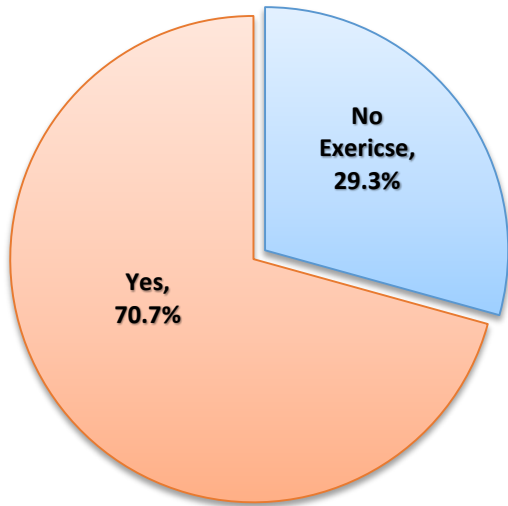
### **Physical Activity & Obesity**

Approximately 3 out of 10 Darke County adults did not participate in any physical activity in the past month (29.3%). At the same time, about the same proportion are obese—32.2%. Another 36.1% of Darke County adults are overweight. For Ohio, 30.4% of adults are obese and 34.7% are overweight (2013 data from the CDC).

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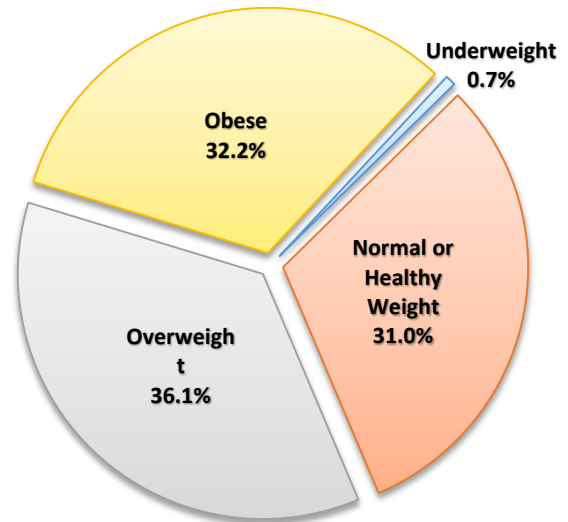
<sup>35</sup> This information can only be generalized to the three school districts that participated.

**Figure 45: Physical Activity (in the past month), Darke County, 2015**



Source: Darke County BRFSS, 2015

**Figure 46: BMI (based on weight and height), Darke County, 2015**

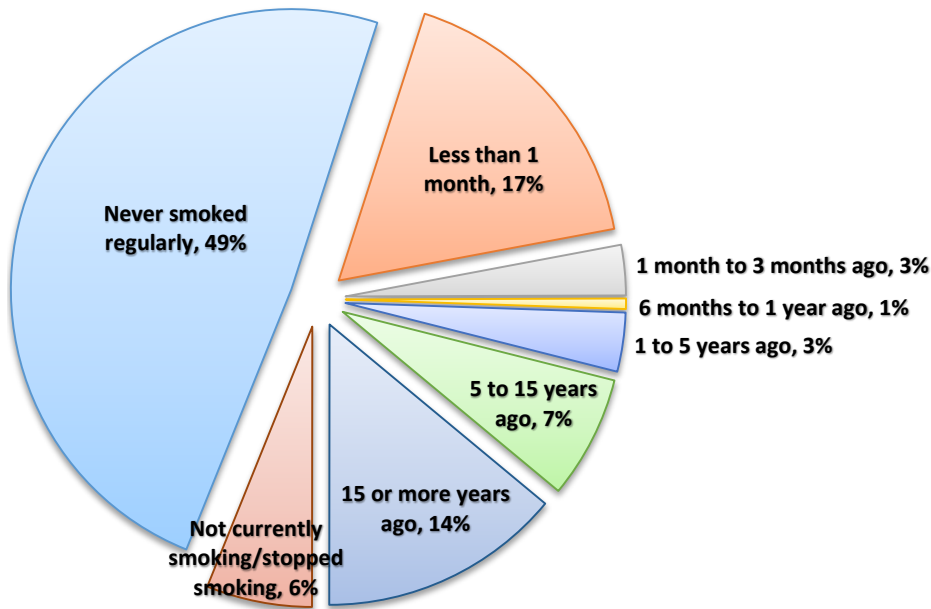


Source: Darke County BRFSS, 2015

### Adult Tobacco Use

While 49% of Darke County adults have never smoked cigarettes regularly, 51% reported that they had. The time frame for having regularly been a smoker varies, with the largest percentage (17%) being recent regular smokers.

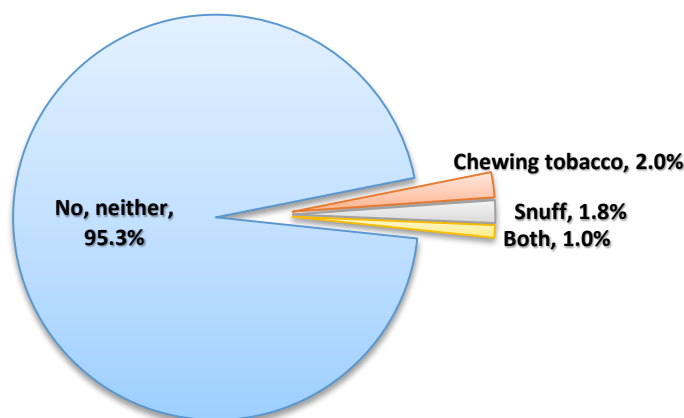
**Figure 47: Adult Tobacco Use, 2015**



Source: Darke County BRFSS, 2015

The chart below indicates that less than 5% of Darke County adults reported using smokeless tobacco (chewing tobacco, snuff, or both).

**Figure 48: Smokeless Tobacco Use, 2015**



Source: Darke County BRFSS, 2015

### Substance Abuse

The Ohio Substance Abuse Monitoring (OSAM) Network consists of eight regional epidemiologists located in the following regions of the state: Akron-Canton, Athens, Cincinnati, Cleveland, Columbus, Dayton, Toledo, and Youngstown.

Darke County is located within the “Dayton” region. According to the 2014-2015 report, the Dayton region rates “high” in availability of crack cocaine, heroin, prescription opioids, and sedative-hypnotics; and rates “moderate” in availability of Suboxone and prescription stimulants (i.e., Adderall, Vyvanse); rates “variable” for the availability of methamphetamine; and rates “low” for availability of ecstasy. These reported ratings are comparable to the other seven regions in the state.

**Figure 49: Reported Change in Availability of Substances in the Past 6 Months, 2014-2015**

	Akron-Canton	Athens	Cincinnati	Cleveland	Columbus	Dayton	Toledo	Youngstown
<i>Crack Cocaine</i>	High	High	High	High	Moderate to High	High	High	High
<i>Heroin</i>	High	High	High	High	High	High	High	High
<i>Prescription opioids</i>	High	High	Moderate	High	High	High	High	High
<i>Suboxone</i>	High	High	High	High	High	Moderate	High	Moderate to High
<i>Sedative-Hypnotics</i>	High	High	High	High	High	High	High	High
<i>Methamphetamine</i>	High	High	Variable (high in rural, low in urban)	No consensus	High	Variable	Variable (high in rural, low in urban)	Moderate to High (higher in rural areas)

	<i>Akron-Canton</i>	<i>Athens</i>	<i>Cincinnati</i>	<i>Cleveland</i>	<i>Columbus</i>	<i>Dayton</i>	<i>Toledo</i>	<i>Youngstown</i>
<i>Prescription Stimulants (i.e., Adderall, Vyvanse)</i>	High	High	No consensus	Moderate to High	Moderate to High	Moderate	Moderate	High
<i>Ecstasy</i>	Low	Moderate	Low	Low to Moderate	Moderate	Low	No consensus	No consensus

Source: Surveillance of Drug Abuse Trends in the State of Ohio, January 2014-2015, [http://mha.ohio.gov/Portals/0/assets/Research/OSAM-TRI/January-2015-Full-Report\\_Surveillance-of-Drug-Abuse-in-the-State-of-Ohio.pdf](http://mha.ohio.gov/Portals/0/assets/Research/OSAM-TRI/January-2015-Full-Report_Surveillance-of-Drug-Abuse-in-the-State-of-Ohio.pdf)

The table below summarizes the data from Ohio Department of Mental Health & Addiction Services (OMHAS) related to Ohio's opiate epidemic as of January 2015.

**Figure 50: Impact of Opiate Epidemic in Darke County and State of Ohio, 2015**

	<b>Darke County</b>	<b>Ohio</b>
<b>Total Hospital Admissions (per 10,000 persons)</b>	16.3	29.9
<b>Hospital Emergency Room Discharges (per 10,000 persons by county patient of residence)</b>	10.8	16.5
<b>Discharge Rates for Neonatal Abstinence Syndrome (per 1,000 live births)</b>	3.1	8.8
<b>Unduplicated admissions for opiate abuse and dependence</b>	13.0%	30.4%
<b>Prescription opioids as primary drug choice</b>	4.2%	12.7%
<b>Heroin as primary drug choice</b>	10.2%	15.2%
<b>Prescription opioid doses (per capita)</b>	42.9	61.2
<b>Charges for drug possession for all drugs (per 10,000 persons)</b>	25.4	N/A
<b>Charges for drug possession for all opiates (per 10,000 persons)</b>	10.3	N/A
<b>Incarceration rates for drug offenses (per 10,000 persons)</b>	3.1	6.4
<b>Property crime charges (per 10,000 persons)</b>	63.2	215.5

Source: Ohio Department of Mental Health & Addiction Services, 2014, <http://mha.ohio.gov/Default.aspx?tabid=701>

According to the five-year weighted average from 2009 to 2013 from the Ohio Hospital Association, Darke County saw a rate of 16.3 per 10,000 persons for hospital admission rates for opiate abuse, dependence or poisoning among persons admitted from emergency rooms into inpatient or observation settings, as well as those persons treated and released from emergency rooms. This is lower than the average rate (29.9) for the State of Ohio.

With a rate of 10.8 per 10,000 persons, Darke County's rate is lower than the State of Ohio's rate (16.5) in emergency room discharge rates for persons diagnosed with opiate (i.e., heroin or Rx opioid) abuse, dependence, or poisoning.

The discharge rate for neonatal abstinence syndrome (NAS) in Darke County was 3.1 per 1,000 live births; this compares favorably to the state average rate of 8.8 per 1,000 live births.<sup>36</sup>

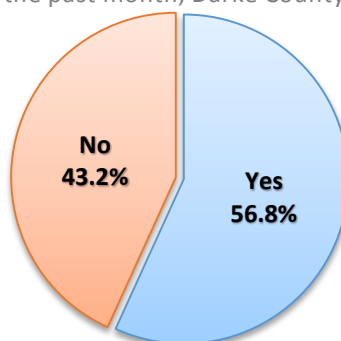
In Darke County, alcohol & drug related conditions ranked as the primary reason people were admitted to the Emergency Room and the sixth ranking reason people were admitted to the hospital. Alcohol and drug related conditions were the 11<sup>th</sup> leading cause of death in Darke County.

The community health needs assessment survey asked Darke County adults to indicate the single most important health issue affecting the community. The number one response was “drug abuse.” Adults were also asked, “Do you know anyone who uses illegal drugs or prescription drugs that are not theirs?” Approximately 13.3% of Darke County residents indicated that they knew someone who was currently abusing or misusing illegal drugs and prescription drugs.

According to the community health needs assessment survey, over half of Darke County adults (56.8%) drank alcohol at least one day in the past 30 days. According to the CDC’s 2006-2012 BRFSS (see the Network of Care website), 11% of Darke County residents reported having binged at least once in the past 30 days; this percentage is lower than the state average percentage (18%). A binge is defined as consuming at least 5 drinks on one occasion for males or at least 4 drinks on one occasion for females.

**Figure 51: Alcohol Use in the Past Month, 2015**

Respondents who've had a drink at least one day in the past month, Darke County, 2015

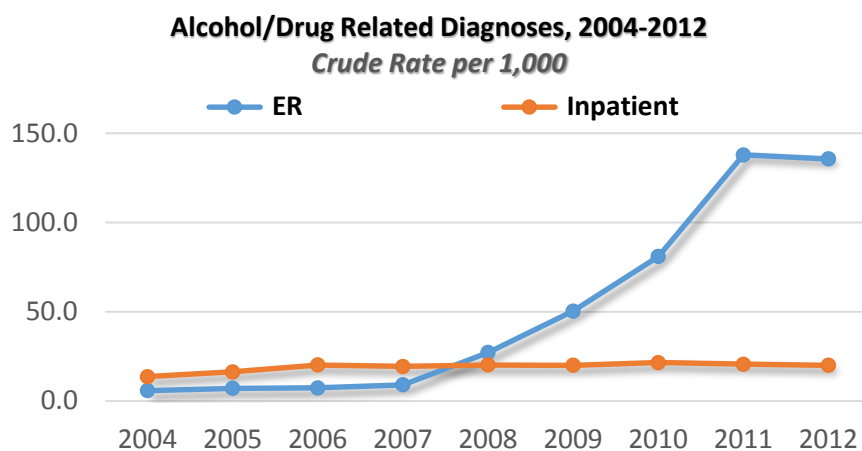


Source: Darke County BRFSS, 2015

According to Ohio Hospital Association data, the Emergency Room (ER) alcohol and drug related diagnoses since 2007 has sharply increased, with the most recent year presenting a possible leveling off of this trend.

<sup>36</sup> Source: Ohio Department of Mental Health & Addiction Services, 2015, <http://mha.ohio.gov/Default.aspx?tabid=701>

Figure 52: Alcohol/Drug Related Diagnoses, 2004-2012



Source: Ohio Hospital Association and Greater Dayton Area Hospital Association

## Mental Health and Wellness

### Access to Mental Health Care Providers

County Health Rankings reports that Darke County has a 1,940:1 population to provider ratio including child psychiatrists, psychiatrists, and psychologists active in patient care, while the State's ratio is 716:1.<sup>37</sup> This measure represents the ratio of the county population to the number of mental health providers in a given county.

### Poor Mental Health Days

Adults in Darke County reported a slightly lower number (3.0) of poor mental health days in the past 30 days versus the number of days for Ohio (3.8), but is a higher number than the finding for the United States (2.3).<sup>38</sup>

Clinical & Preventive Services

### Health Care Access

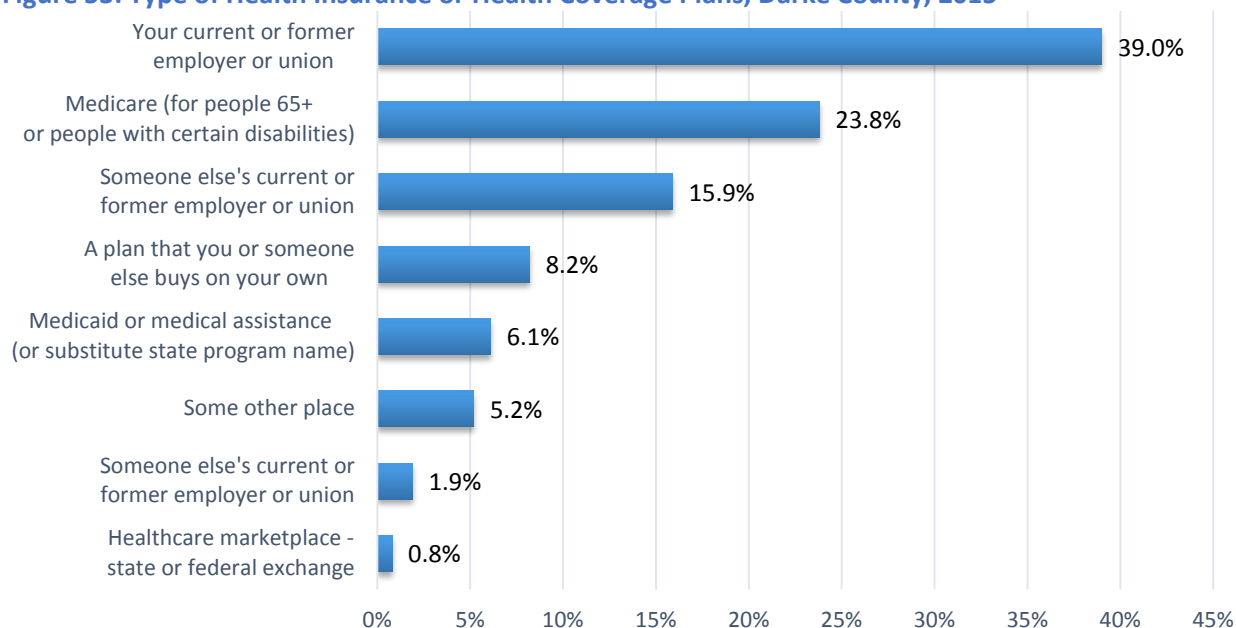
In Darke County, the percentage of residents covered by private insurance (69.2%) is nearly equal to the percentage for the entire state (69.6%); the percentage of Darke County residents with public health care coverage (33.3%) is nearly equal to that for the State (31.1%). Public coverage includes: Medicare, Medicaid, Children's Health Insurance Program (CHIP), military health care (i.e. TRICARE and CHAMPVA), and Indian Health Services.<sup>39</sup>

<sup>37</sup> University of Wisconsin Population Health Institute. *County Health Rankings 2015*.

<sup>38</sup> University of Wisconsin Population Health Institute. *County Health Rankings 2015*.

<sup>39</sup> U.S. Census Bureau, 2009-2013, 5-Year American Community Survey

**Figure 53: Type of Health Insurance or Health Coverage Plans, Darke County, 2015**



Source: Darke County BRFSS, 2015

Among respondents to the Darke County BRFSS, 4.9% of adults reported difficulty accessing medical care in the past 12 months due to prohibitive costs. Also, 3.3% of respondents indicated difficulty accessing medical care in the past 12 months due to lack of transportation.

**Figure 54: Percentage of Respondents with Difficulty Accessing Medical Care and Other Services**

Adult respondents Indicating Difficulty Accessing:	Percentage (%)	Estimated Number of Adults Affected
Medical care due to cost	4.9%	1,940.6
Medical care due to lack of transportation	3.3%	1,306.9
Employment/services	3.4%	1,346.5
Safe and adequate housing	2.2%	871.3
Adequate transportation	2.9%	1,148.5

Source: Darke County BRFSS, 2015



## Clinical Care Access

The figure below lists (from greatest to least) the percentage of Darke County survey respondents who were not able to get specific types of medical care during the past 12 months.

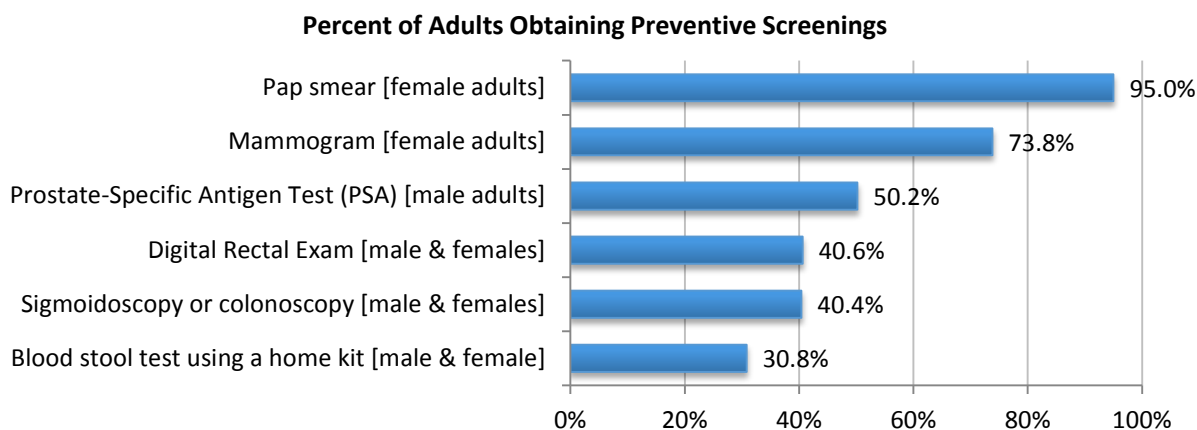
**Figure 55: Lack of Access to Specific Types of Medical Care**

What types of health services are you interested in but have a difficult time getting into?	Percent of Respondents
Comprehensive primary health care (adults, pediatrics, acute/chronic care)	4.8%
Preventive dental (tooth cleaning)	4.7%
Behavioral health (mental health, substance abuse counseling, therapy)	3.0%
Nutrition/dietician services	2.0%
Disease management programs (diabetes, heart failure, PT, cardio rehab)	0.8%
Pharmacy	0.7%
Voluntary family planning	0.6%
Diagnostic lab (blood tests, x-ray)	0.4%
Health screenings (cancer, cholesterol, lead poisoning, vision, hearing)	0.2%
Prenatal and perinatal (before, during, and after pregnancy)	0.0%

Source: Darke County BRFSS, 2015

The chart below presents the percentage of Darke County adults obtaining preventive screenings, as self-reported in the adult health survey.

**Figure 56: Percent of Adults Obtaining Preventive Screenings, 2015**



Source: Darke County BRFSS, 2015

## Chronic and Acute Disease

### Poor Health

The Darke County adult survey questions were based on the Behavioral Risk Factor Survey (BRFS) developed by the Centers for Disease Control and Prevention (CDC). The key question on the survey asked how the respondent would rate his/her health—excellent, good, fair or poor. The figure below presents the percentage in the County that reports their health as fair or

poor. The percentage for Darke County is higher than the percentage for the State and the nation. On the other hand, the number of days in the past 30 days that adults report their physical health was not good is 3.1 days for the County versus 3.6 days for the State.

**Figure 57: Poor Health Status**

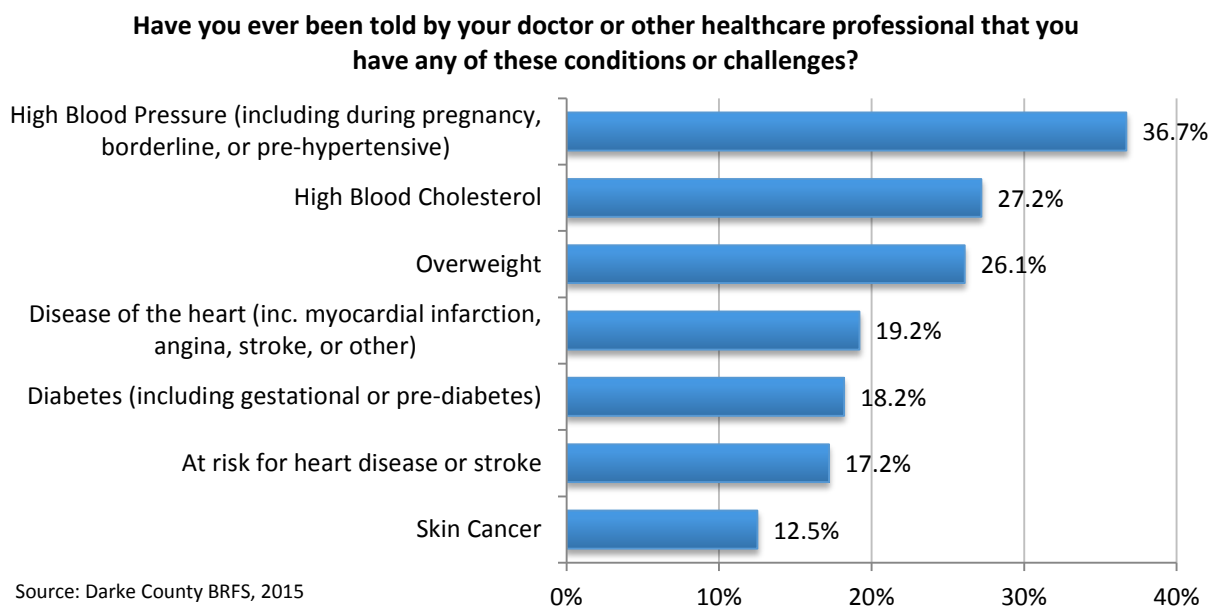
Condition	County	State	US Benchmark
Poor or fair health	19.1%	15.3%	10.0%
Poor physical health (days)	3.1	3.6	2.6

Source: Darke County BRFSS, 2015

### Self-Reported Disease Status

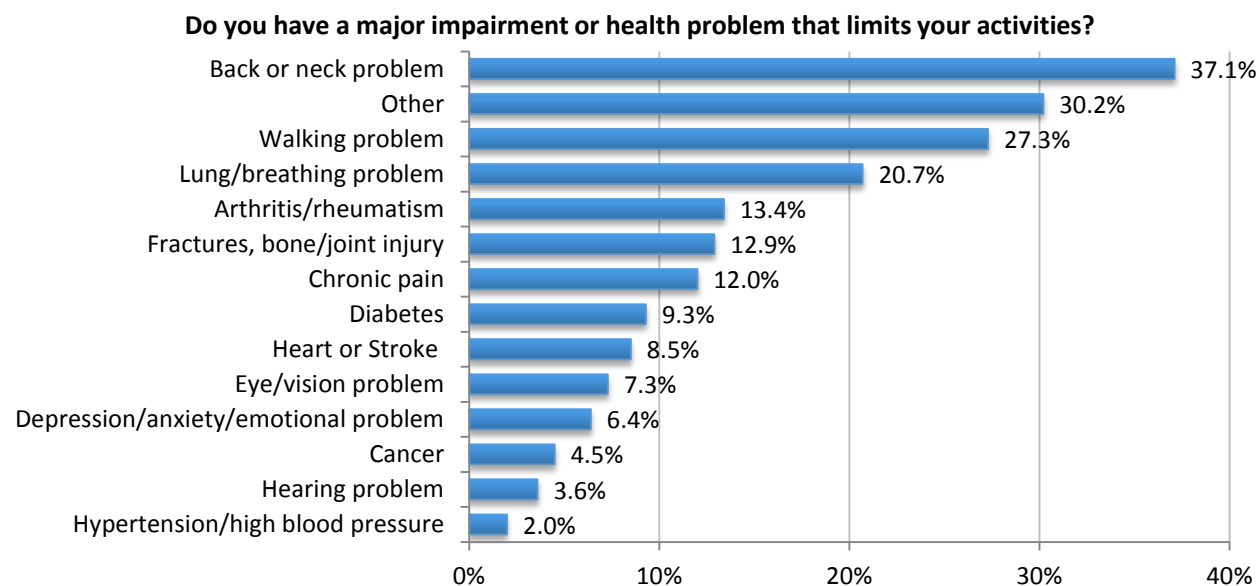
In the survey of Darke County adults, respondents were asked about their health status. The figure below presents the percentage of adults having one or more of the listed health challenges or conditions.

**Figure 58: Prevalence of Health Conditions or Challenges**



Among respondents, 19% indicated that they had a major impairment or health problem which limited their daily activities. The figure below presents the percentage of adults having one or more major impairments or health problem which limits their daily activities.

**Figure 59: Prevalence of Major Impairments or Health Problems Limiting Activity**



Source: Darke County BRFS, 2015

## Oral Health

Dental care contributes to the prevention of chronic disease, including cardiovascular disease, lung disease, stroke, low-birthweight, premature births, and diabetes. The American Heart Association published a Scientific Statement in 2012<sup>40</sup> which supported a relationship between periodontal disorders, such as tooth loss and gingivitis, and cardiovascular disease. Although there is no conclusive evidence indicating whether the treatment of gum disease – periodontitis – is able to decrease the incidence, rate, or severity of atherosclerosis, a link between oral health and overall health has been established. Cardiovascular disease and periodontitis share risk factors, including smoking, diabetes, overweight or obesity, and physical inactivity.

When Darke County adults were asked, “*What is the main reason you have not visited the dentist in the last year?*” nearly half (44.4%) indicated “No reason to go/no problems with teeth.” Other reasons are listed in the figure below:

**Figure 60: Main Reason Respondents Have Not Visited Dentist in the Last Year, 2015**

Main Reason Respondents Has Not Visited Dentist in the Last Year, 2015	
No reason to go/no problems with teeth	44.4%
Other	12.9%
Other priorities	11.2%
No insurance	9.7%
Cost	8.1%
Fear, apprehension, nervousness, pain, dislike going	6.7%

<sup>40</sup> Source: The American Heart Association. (2012). Periodontal Disease and Atherosclerotic Vascular Disease: Does the Evidence Support an Independent Association? A Scientific Statement from the American Heart Association. *Circulation*. 125(20), 2520-2544, doi:10.1161/cir.0b013e31825719f3

<b>Main Reason Respondents Has Not Visited Dentist in the Last Year, 2015</b>	
<b>Do not have/know a dentist</b>	4.1%
<b>Have not thought of it</b>	1.5%
<b>Dentist doesn't accept my insurance</b>	1.2%

Source: Darke County BRFS, 2015

Less than two-thirds (61.6%) of adults in Darke County have visited the dentist in the past year. Another 9.9% of respondents have visited the dentist in the past two years. However, 14.8% of respondents last visited the dentist 2-5 years ago, while 12.7% of respondents indicated that their last dental visit was 5 or more years ago and 1.1% of respondents have never visited the dentist. The percentage of Darke County respondents (61.6%) who have visited a dentist in the past year is slightly higher than the State\* (60.5%).

**Figure 61: Last Visit to the Dentist or Dental Clinic for Any Reason**

<b>Last Visit to the Dentist or Dental Clinic for Any Reason</b>		
	<b>Darke County</b>	<b>Ohio</b>
<b>Never</b>	1.1%	
<b>Less than 1 year ago</b>	61.6%	60.5%*
<b>1 year but less than 2 years ago</b>	9.9%	
<b>2 years but less than 5 years ago</b>	14.8%	
<b>5 or more years ago</b>	12.7%	

Source: Darke County BRFS, 2015 \*Data marked with an asterisk is from the Ohio Oral Health Surveillance System, 2012.

<http://publicapps.odh.ohio.gov/oralhealth/ReportsDisplay.aspx?Report=BOHSReport&Format=pdf&CountyName=Darke&ReportVersion=2012>

## Oral Health Care Access

In Darke County, the Family Health Services Center is designated as a Health Professional Shortage Area (HPSA) in the area of dental health. A HPSA is defined as “a geographic area, population group, or health care facility that has been designated by the Federal government as having a shortage of health professionals.” Several different criteria are used to determine HPSA designations.

Currently, the State of Ohio offers a program in partnership with the Ohio Dental Association called Ohio Partnership to Improve Oral health through access to Needed Services or “OPTIONS.” The mission of OPTIONS is “to assist Ohioans with special health care needs and/or financial barriers to obtain dental care.” This program offers services to low-income residents and elderly patients who live on a fixed income. This program is dependent on volunteer dentists who have agreed to reduce fees for dental care. As of 2012, Darke County had only one dentist working for OPTIONS, making the ratio of low-income patients per OPTIONS dentist to be 22,669:1 in the county.

According to the 2012 Ohio Oral Health Surveillance System, Darke County currently has 12 licensed dentists and nine (9) primary care dentists (general and pediatric). According to the 2014 County Health Rankings, Darke County had a 3,751:1 ratio of population to dentists while

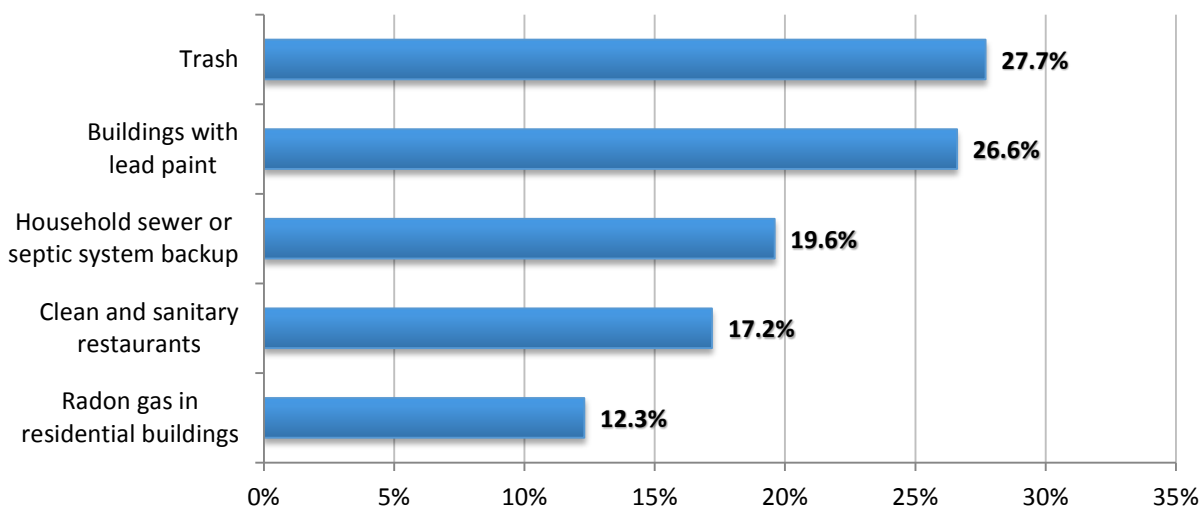
the State of Ohio had a 1,789:1 ratio of population to dentists. In Darke County, seven (7) dentists treated Medicaid patients during the study period, making the ratio of Medicaid population per dentist who treats Medicaid patients to be 1,398:1.<sup>41</sup>

## Housing-Related Health Risks

The quality of housing is a suggestive social determinant of health. Poor housing conditions are associated with a number of health conditions, including respiratory infections, asthma, lead poisoning, injuries, and mental health. The Darke County Health Department recognizes the need for information on housing quality at the community level.

Survey respondents in Darke County were asked to indicate whether several housing-related health risks were a “big problem,” “moderate problem,” or “no problem at all.” Figure 12 shows the percentage of Darke County residents who believed each problem was either a “big problem” or “moderate problem.” Approximately a quarter of Darke County residents indicated that trash (27.7%) and buildings with lead paint (26.6%) were either a “big problem” or “moderate problem” in their communities. Household sewer or septic system backup was indicated as a “big or moderate problem” by 19.6% of survey respondents. Clean and sanitary restaurants are a concern for 17.2% of survey respondents, while radon gas in residential buildings was indicated as a “big or moderate problem” by 12.3% of survey respondents.

**Figure 62: Percentage of Respondents Indicating Housing-Related Health Risk**



Source: 2015, Darke County Health Behavior Risks Telephone Survey

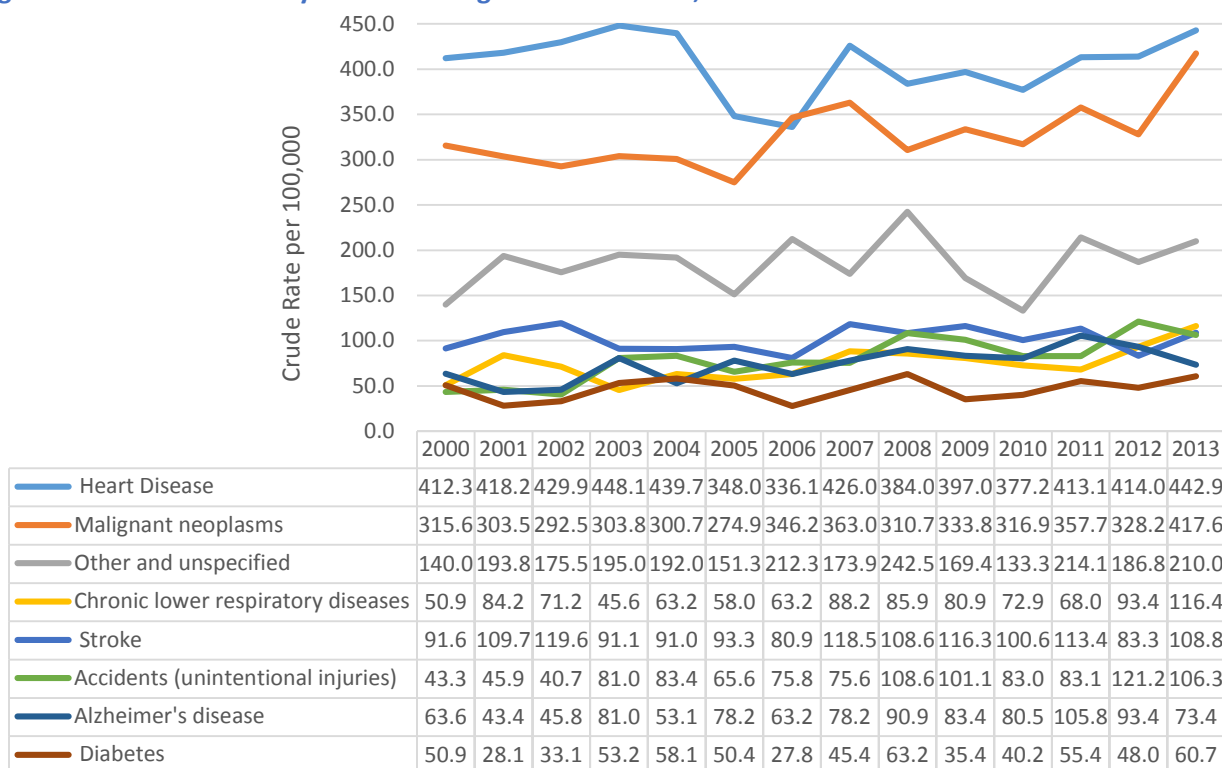
<sup>41</sup> Source: Ohio Oral Health Surveillance System, Darke County, 2012

<http://publicapps.odh.ohio.gov/oralhealth/ReportsDisplay.aspx?Report=BOHSReport&Format=pdf&CountyName=Darke&ReportVersion=2012;>  
County Health Rankings, Ohio, 2014, <http://www.countyhealthrankings.org/app/ohio/2014/measure/factors/88/data>.

### Leading Causes of Death

The top two leading causes of death – heart disease and cancer (malignant neoplasms) – have rates that are 7 times greater than deaths due to diabetes, which is ranked as the 7<sup>th</sup> leading cause of death for Darke County residents (see chart below). Death due to heart disease and cancer has been steadily increasing over the study period. This may be related to the increasing proportion of the population that is older (age 60 years or more). The rate of death due to diabetes or chronic lower respiratory disease has nearly doubled in the last five years. The rate of death due to accidents (unintentional injuries) has steadily increased over the decade. For a comparison of the top four leading causes of death in the County compared to the State, refer to Appendix A.

Figure 63: Annual Mortality Rate - Leading Causes of Death, 2000-2013



Source: 2000-2013, Ohio Department of Health Vital Statistics

Risk factors that contribute to chronic diseases are presented in the table below for the County and Ohio. In most instances, risk factors are more prevalent among the County’s adults as compared to the average for the State. Obesity and lack of exercise stand out especially as areas of concern.

Figure 64: Chronic Disease Risk Factors (Behavioral & Other)

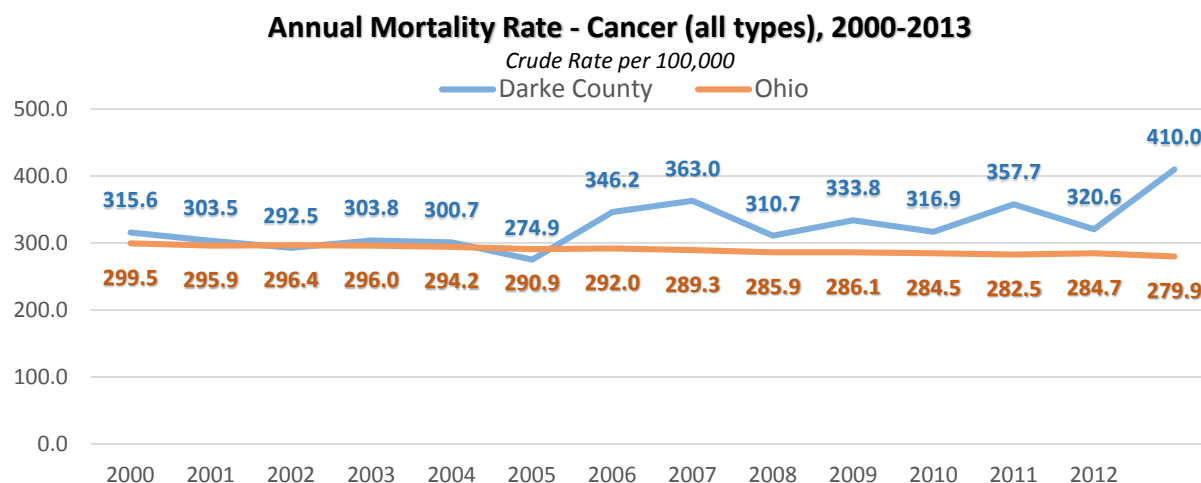
Chronic Disease Risk Factors (Behavioral & Other)	Darke County	Ohio
<b>Adult smoking</b> (% of adults that smoke ≥100 cigarettes)	23%	22%
<b>Adult obesity</b> (BMI: 25-29.9=overweight; BMI 30+=obese)	32.2%*	29.6%
<b>No exercise</b> (No leisure time physical activity)	29.3%	24.8%
<b>Excessive drinking</b> (Consuming >4 (women) or 5 (men) alcoholic beverages on a single occasion in the past 30 days, or drinking more than 1 (women) or 2 (men) drinks per day on average)	11.4%	18.4%
<b>Fewer than 5 servings of fruit/vegetables per day</b> (Adults that report fewer than 5 servings of fruit/vegetables a day)	81.4%	78.2%
<b>High blood pressure</b> (Percent of adults that report having been diagnosed with high blood pressure)	22.0%	28.8%
<b>Oral Health</b> (Percent of adults that report having been to the dentist or dental clinic for any reason less than 1 year ago)	61.6%	60.5%

Source: All data from 2006-2012 BRFS unless otherwise noted.

\*Darke County BRFS, 2015

Cancer is the second leading cause of death for adults in Darke County. The figure below presents the mortality rate due to cancer for the County versus Ohio. Not only does is the rate higher in the County for nearly all years, but since the increase in 2006, the County’s rate has been substantially higher than the State’s with a sharp increase in the final year of analysis.

Figure 65: Cancer (all types), 2000-2013



Source: 2000-2013, Ohio Department of Health Vital Statistics

### Process for Identifying and Prioritizing Community Health Needs

The data collection and analysis efforts described above expose community health priority needs. The process used to select priorities from this needs assessment depends upon shared

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decision criteria. The first set of criteria used pertain to prevalence, seriousness (e.g., hospitalization and death), and comparison to state and/or national averages. The next step is for the subject matter experts to review the results of the Community Health Needs Assessment and apply a second set of criteria as the following:

- Urgency – what are the consequences of not addressing this issue?
- Prevention – is the strategy preventative in nature?
- Economics – is the strategy financially feasible? Does it make economic sense to apply this strategy?
- Acceptability – will the stakeholders and the community accept the strategy?
- Resources – is funding likely to be available to apply this strategy? Are organizations able to offer personnel time and expertise or space needed to implement this strategy?

After the community stakeholders were presented with the community health assessment data, they selected three priority needs for Darke County:

- Chronic Disease Prevention and Education
- Coordinated Care and Case Management
- Mental Health Promotion and Substance Abuse Prevention

## Methodology

The Community Health Needs Assessment is comprised of data from both quantitative and qualitative sources. A brief summary of the components is included below:

- **Quantitative Data:**
  - **Secondary Data**
    - Population and household statistics
    - Education and economic measures
    - Morbidity and mortality rates
    - Incidence rates
    - Sources:
      - Centers for Disease Control and Prevention
      - US Department of Health and Human Services
      - US Census Bureau
      - Ohio Department of Health
      - Ohio Development Services Agency



- Health Resources and Services Administration (HRSA), Health Resources Comparison Tool: to determine if the county as a “Health Professionals Shortage Area” or HPSA.
  - Wayne HealthCare
  - Robert Wood Johnson Foundation
  - Ohio Department of Public Safety
  - Ohio Network of Care
- **Primary Data**
    - A household telephone survey was conducted with 418 randomly-selected Darke County adult residents using computer-aided telephone interviewing software. The survey was based on the Center for Disease Control & Prevention’s (CDC) Behavioral Risk Factor Survey (BRFS). This survey assessed health status, health behavior risks, health care access, and preventive health practices related to chronic diseases.
    - A youth health assessment was conducted interviewing 1,316 middle and high school students (grades 7-12) in Darke County. This assessment was distributed via paper and pen. The survey was based on the Center for Disease Control & Prevention’s (CDC) Youth Risk Behavior Survey (YRBS). The overall goal of the youth health assessment is to assess risk behaviors of Darke County youth that could be prevented through education and prevention. The survey instruments were approved by the Steering Committee, the Darke County General Health District, and three out of eight school districts prior to implementation.
  - **Qualitative Data:**
    - Five focus groups were held with community members during the month of August and September. Two focus groups were held with low-income populations at the Darke County Department of Jobs & Family Services; two focus groups were held with low-income populations at the Grace Resurrection Community Center; and one focus group was held with school nurses working at various schools within the Darke County Board of Education.

## Limitations of the Data

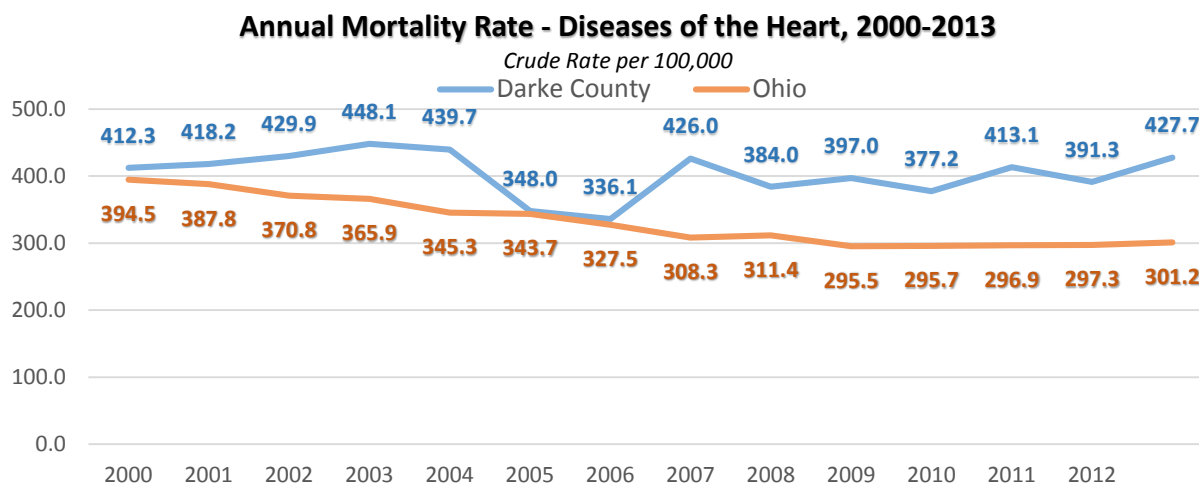
- Community Health Assessments require a complex and highly developed combination of research methods, including quantitative and qualitative data collection and analysis. There are many limitations to the data available to assess rural populations. Comparisons that would identify health disparities and inequities related to social

determinants of health and health indicators between populations are limited. Inherent limitations to the Darke County population data include: small population, out-of-date data, and insufficient data collection opportunities. A limitation of the Darke County BRFSS and the YRBS are the self-reported nature of the data and sample size limitations which may have an effect on the ability to provide valid and reliable estimates for some disparities analysis, including that of low income, minority, or otherwise marginalized sub-geographic communities.

Although there is an overall information gap regarding available information as it pertains to youth under the age of 18, the Darke County YRBS represents the most recent information available about risk behaviors among Darke County students at three schools. For information that was not covered in the BRFSS or YRBS, outside data sources were used. These data may report from a different timeframe due to the availability of data. The year and source of each item of data is included in the report's text to supplement understanding of a certain data point.

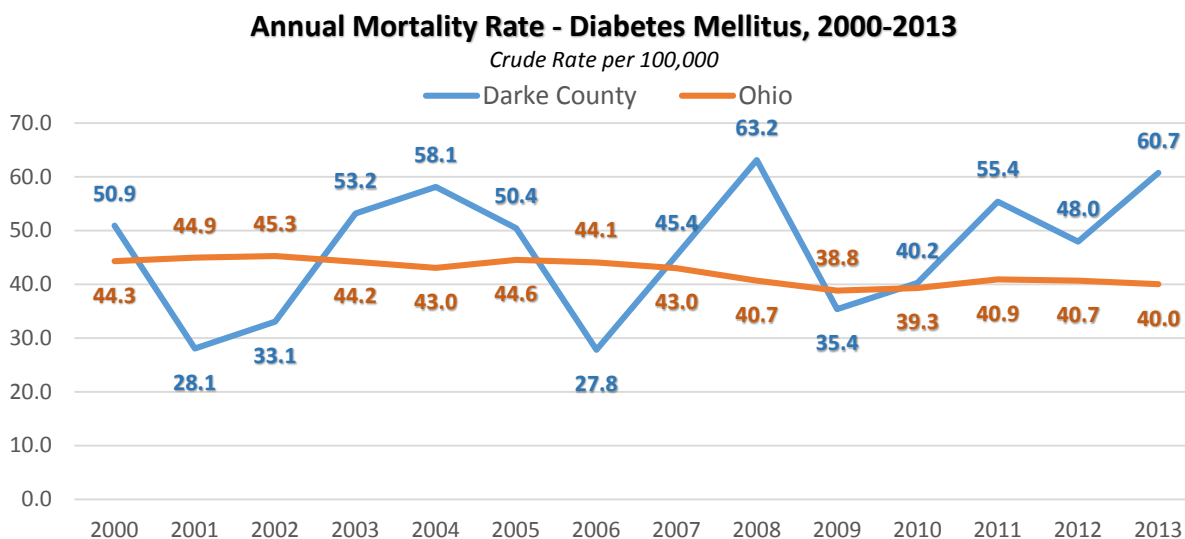
## Appendix A: Leading Causes of Death – State Comparison

Figure 66: Disease of the Heart, 2000-2013



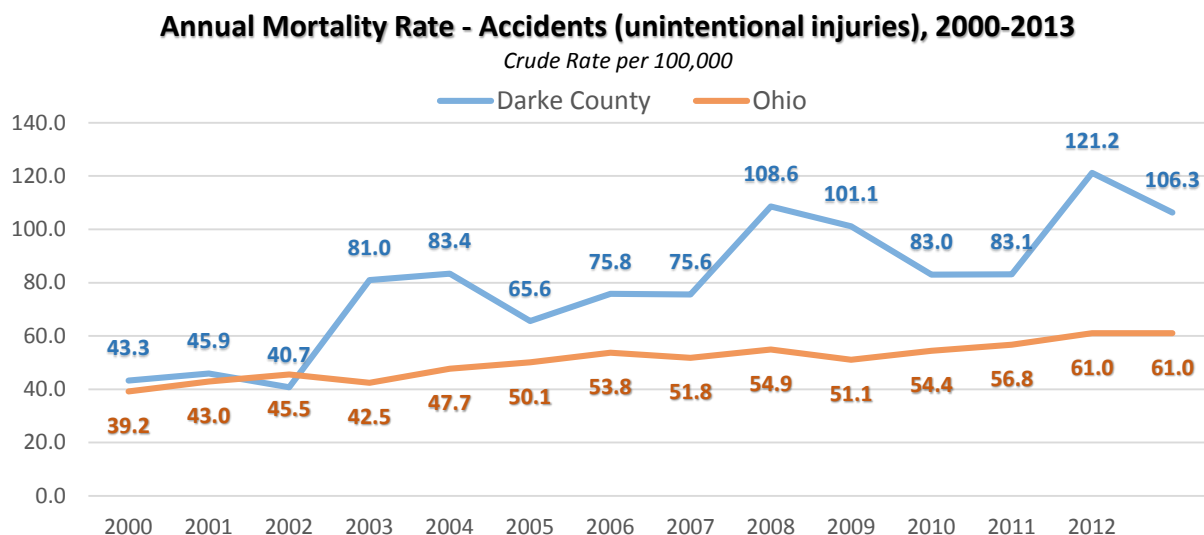
Source: 2000-2013, Ohio Department of Health Vital Statistics

Figure 67: Diabetes, Mellitus, 2000-2013



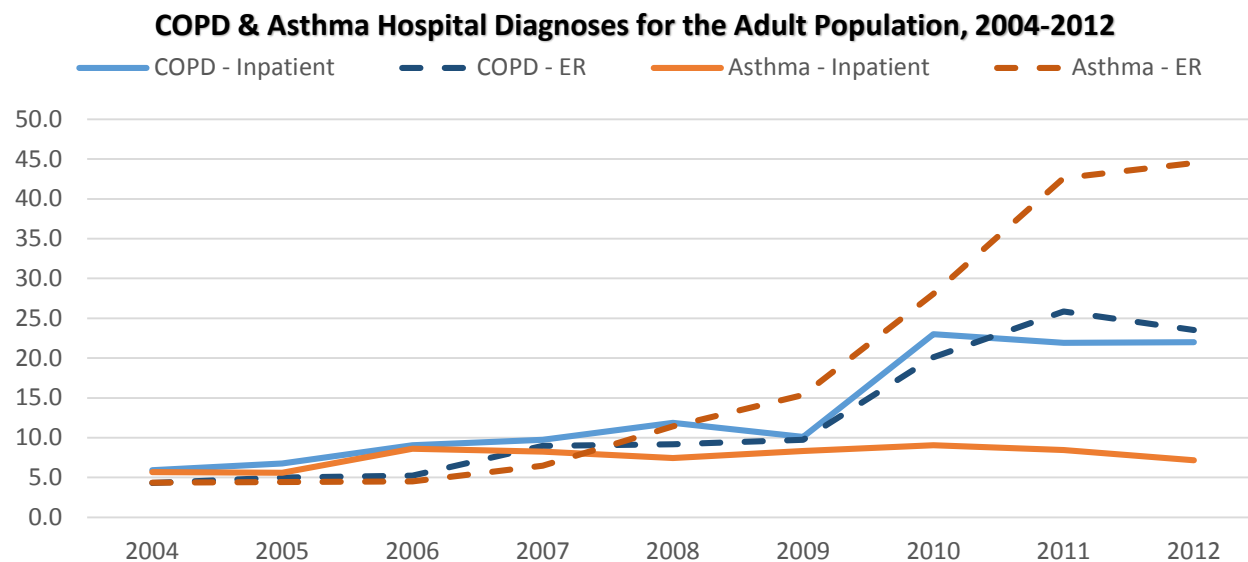
Source: 2000-2013, Ohio Department of Health Vital Statistics

Figure 68: Accidents (Unintentional Injuries), 2000-2013



Source: 2000-2013, Ohio Department of Health Vital Statistics

Figure 69: Chronic Obstructive Pulmonary Disorder and Asthma - Hospital Diagnoses for the Adult Population, 2004-2012



Source: Ohio Hospital Association and Greater Dayton Area Hospital Association

## Appendix B: Family Health Services – Behavioral Health Visits 2010-2015

Figure 70: Family Health Services - Behavioral Health Visits, 2010-2015

Family Health Services – Behavioral Health Visits, 2010-2015						
	2010	2011	2012	2013	2014	2015
<b>January</b>	225	223	398	461	491	587
<b>February</b>	231	234	386	448	568	638
<b>March</b>	305	286	381	349	590	698
<b>April</b>	277	380	351	505	645	707
<b>May</b>	256	313	370	532	625	702
<b>June</b>	292	372	368	470	582	783
<b>July</b>	305	295	323	540	679	754
<b>August</b>	314	389	428	520	577	672
<b>September</b>	300	242	370	525	610	681
<b>October</b>	298	376	401	632	663	725
<b>November</b>	292	518	393	564	575	
<b>December</b>	320	351	255	522	605	
<b>Total Visits</b>	3,415	3,979	4,424	6,068	7,210	6,947

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## Appendix C: 2015 Darke County Adult Behavioral Risk Factor Survey Instrument

INT1. Hello, my name is \_\_\_\_\_. We are conducting a survey commissioned by the Darke County Health Department to find out about health practices of people living in Darke County. We are not trying to sell you anything. The survey is strictly for research purposes to identify specific health needs correctly. The survey takes about 15 minutes. May I speak to the adult who is 18 or over?

- 0. No (*set up a time to call back*)
- 1. Yes

1. I know your time is valuable so I won't keep you long. First, are you 18 years of age or older and a resident of Darke County?

2. For our research to be valid, I need to randomly select one adult within your household to be interviewed. I would like to speak to the adult who had the most recent birthday. Are you the adult who celebrated the last birthday in your household?

- 1. Yes (continue)
- 2. No (ask for that adult)

Before we begin, I want to assure you that your participation is anonymous and your answers will be kept completely confidential. No information that identifies you will be ever be used. Also, if you do not feel comfortable answering any of the questions, just ask me not to go on.

### Section 1: Health Status

3. Would you say that in general your health is:

- 1. Excellent
- 2. Very good
- 3. Good
- 4. Fair
- 5. Poor
  
- 7. Don't know
- 9. Refused

3. Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? (Not good means...whatever it means to you).

\_\_\_\_\_ days

- 00. None
  
- 77. Don't know
- 99. Refused

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4. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (Not good means...whatever it means to you).

\_\_\_\_\_ days *(If Q.3 and Q.4 are none go to Q.6)*

00. None

77. Don't know

99. Refused

5. During the past 30 days, for how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? (Not good means...whatever it means to you).

\_\_\_\_\_ days

00. None

77. Don't know

99. Refused

## Section 2: Health Care Access

6. Are you currently covered by any of the following types of health insurance or health coverage plans?  
(Select all that apply)

1. Your employer current or former employer or union
2. Someone else's employer current or former employer or union
3. A plan that you or someone else buys on your own
4. Medicare, for people 65 and older, or people with certain disabilities
5. Medicaid or medical assistance [or substitute state program name]
6. The military - Tricare, Champus, or other military health care
7. The VA [or Champ-VA]
8. The Indian health service [or the Alaska native health service]
9. Some other source
10. "HealthCare Market Place" – state or Federal Exchange
11. None - Go to question 8
  
12. Don't know - Go to question 10
13. Refused, Go to question 10
14. Exit

*(If respondent answers q. 7, skip to q. 8)*

- 
7. Was this health insurance coverage purchased through the "Healthcare marketplace" or a state or federal exchange  
(Some people receive a government subsidy to help pay for their health plan)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

8. What is the main reason you are without health care coverage?

**\*\*\*\* Do not read \*\*\*\***

- 1. Lost or changed employer
- 2. Spouse or parent lost job or changed employers
- 3. Became divorced or separated
- 4. Spouse or parent died
- 5. Became ineligible because of age or because left school
- 6. Employer doesn't offer or stopped offering coverage
- 7. Cut back to part-time or became temporary employee
- 8. Benefits from employer or former employer ran out
- 9. Couldn't afford to pay premium
- 10. Insurance company refused coverage
- 11. Lost Medicaid or Medical Assistance eligibility
- 12. Other (*specify and record*)
  
- 13. Don't Know
- 14. Refused

9. About how long has it been since you had health care coverage?

**\*\*\*\* Read only if necessary \*\*\*\***

- 0. Never
- 1. Less than 6 months
- 2. 6 months, but less than a year ago
- 3. 1 year, but less than 2 years ago
- 4. 2 years, but less than 5 years ago
- 5. 5 or more years
  
- 7. Don't know
- 9. Refused



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**Section 3: Health Care Utilization**

10. About how long has it been since you last visited a doctor for a routine check-up?

**\*\*\*\* Read only if necessary \*\*\*\***

0. Never
1. Less than 1 year ago
2. 1 year, but less than 2 years ago
3. 2 years, but less than 5 years ago
4. 5 or more years ago
  
7. Don't know
9. Refused

11. Is there a particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

1. Yes
2. No (**Skip to Q. 13**)
  
7. Don't know (**Skip to Q.14**)
9. Refused (**Skip to Q.14**)

**Do you have a regular place you go for health care? Do you have a regular doctor/health care provider?  
Can we replace question 11 and 12 with a question like this?-**

12. What kind of place is it? Would you say:  
**(Select all that apply)**

1. A doctor's office or HMO
2. A clinic or health center
3. A hospital outpatient department
4. A hospital emergency room
5. An urgent care center
6. Some other kind of place
  
7. Don't know
9. Refused

**(If respondent answers Q. 12, skip to Q. 14)**

---

13. What is the main reason you don't have a usual source of medical care?

**\*\*\*\* Do not read – Select one\*\*\*\***

1. My doctor doesn't accept my health insurance
2. Doctor is not accepting new patients
3. Can't afford
4. Do not have a doctor
5. Do not know where to go
6. Do not like/ trust/ believe in doctor
7. Have not needed a doctor
8. Lack transportation
9. No insurance
10. No place is available/ close enough/ convenient
11. Previous doctor is not available/ moved
12. Other (*Please specify*)
  
13. Don't know
14. Refused

14. Was there a time during the last 12 months when you needed to see a doctor, or other health provider, but could not because of the cost?

1. Yes
2. No
  
7. Don't know
9. Refused

15. Was there a time in the past 12 months where you needed to see a doctor but did not have access to transportation?

1. Yes
2. No
  
7. Don't know
9. Refused

15a. Was there a time in the past 12 months when you could not understand what the nurse, doctor, or other health care professional was explaining to you about your health issues?

(100)

- 1 Yes
- 2 No
  
- 7 Don't know / Not sure
- 9 Refused

15b. What types of health services are you interested in but have a difficult time getting into?

1. Comprehensive primary health care (adults, pediatrics, acute/chronic disease)
2. Behavioral Health (mental health, substance abuse counseling, therapy)
3. Prenatal and perinatal (before, during, and after pregnancy)
4. Health Screenings (cancer, cholesterol, lead poisoning, vision, hearing)
5. Diagnostic lab (blood tests, x-ray)
6. Voluntary Family Planning
7. Preventive Dental (tooth cleaning)
8. Pharmacy
9. Disease Management Programs (diabetes, congestive heart failure, physical therapy, cardio/pulmonary rehab)
10. Nutrition/Dietitian Services
11. None
  
12. Don't know / Not sure
13. Refused

#### Section 4: Oral Health

16. How long has it been since you last visited the dentist or a dental clinic for any reason?

**\*\*\*\*Read only if necessary\*\*\*\***

0. Never
1. Less than 1 year ago (**Skip to Q. 19**)
2. 1 year, but less than 2 years ago
3. 2 years, but less than 5 years ago
4. 5 or more years ago
  
7. Don't know
9. Refused

17. What is the main reason you have not visited the dentist in the last year?

**\*\*\*\*Do not read – select one main reason\*\*\*\***

1. Dentist doesn't accept my insurance
2. Dentist doesn't accept new patients
3. Fear, apprehension, nervousness, pain, dislike going
4. Cost
5. No insurance
6. Do not have/know a dentist
7. Cannot get to the office/clinic (too far away, no transportation, no appointments available)
8. No reason to go/ no problem with teeth
9. Other priorities

- 10. Have not thought of it
- 11. Other (*Please specify*)
  
- 12. Don't know
- 13. Refused

**Section 6: Health Issues**

18. During the past 12 months, have you had to visit an emergency room or urgent care center because of asthma?

- 1. Yes
- 2. No
- 3. Did not have an asthma attack in last 12 months
  
- 7. Don't Know
- 9. Refused

19. About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?

**\*\*\*\*Read only if necessary\*\*\*\***

- 0. Never
- 1. Less than 6 months
- 2. 6 months but less than 1 year ago
- 3. 1 year, but less than 2 years ago
- 4. 2 years, but less than 5 years ago
- 5. 5 or more years ago
  
- 7. Don't know
- 9. Refused

20. Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

- 1. Yes
- 2. Yes, but female and only during pregnancy (*Skip to Q. 26*)
- 3. No (*Skip to Q. 26*)
- 4. Told borderline high or pre-hypertensive
  
- 7. Don't know (*Skip to Q. 26*)
- 9. Refused (*Skip to Q. 26*)

---

21. What, if anything, are you doing now to help control your blood pressure? Are you:

**\*\*\*\*Red list – select all that apply\*\*\*\***

1. Taking medication
2. Dieting to lose weight
3. Cutting down on salt
4. Exercising
5. Anything other than these? *(Please specify)*
6. None of these
  
7. Don't know
8. Does not apply/Currently don't have condition
9. Refused

### Section 7: Cholesterol Awareness

22. About how long has it been since you last had your blood cholesterol checked?

**\*\*\*\*Read only if necessary\*\*\*\***

1. Less than 1 year ago
2. 1 year, but less than 2 years ago
3. 2 years, but less than 5 years ago
4. 5 or more years ago
  
7. Don't know
9. Refused

23. What, if anything, are you doing now to help lower your blood cholesterol? Are you:

**\*\*\*\*Read choices – select all that apply\*\*\*\***

1. Dieting to lose weight
2. Cutting down on fat and cholesterol in your diet
3. Taking medication
4. Exercising
5. Anything other than these? *(Please specify)*
6. None of these
  
7. Don't know/not sure
8. Does not apply/don't have this condition
9. Refused

---

**Section 8: Diabetes and Other Concerns**

24. Have you ever been told by a doctor that you have diabetes /high sugar or prediabetes/borderline diabetes?

1. Yes – diabetes
2. Yes- prediabetes
2. No (***Skip to Q. 39***)
3. Yes, but female only during pregnancy (***Skip to Q. 39***)
  
7. Don't know (***Skip to Q. 39***)
9. Refused (***Skip to Q. 39***)

25. What, if anything, are you doing now to control your diabetes or high sugar? Have you:

***\*\*\*\*Read all choices – select all that apply\*\*\*\****

1. Made changes in your diet
2. Taken oral medication
3. Taken insulin
4. Increased activity
5. Anything else (***Please specify***)
6. None of these
7. Don't Know
9. Refused

26. What, if any, health related concerns have you experienced that are related to having diabetes? Have you had:

***\*\*\*\*Read list – select all that apply\*\*\*\****

1. Sores on your feet (open areas)
2. Numbness in your feet or fingers
3. Difficulty with your vision (including retinopathy)
4. Dizziness, confusion or light headedness
5. Kidney/renal disease
6. Anything else (***Please specify***)
7. None of the above
  
8. Don't know
9. Refused

---

27. Have you ever taken a course or class in how to manage your diabetes yourself?

1. Yes
2. No
  
7. Don't Know
9. Refused

28. Has a doctor ever told you that you had any of the following?

**\*\*\*\* Read List \*\*\*\***

1. Heart Attack or Myocardial Infarction **(Skip to Q.41)**
2. Angina or Coronary Heart Disease **(Skip to Q.41)**
3. Stroke **(Skip to Q.41)**
4. Other Heart Problems **(Please specify)**
5. No heart problems or strokes
  
6. Don't Know
7. Refused

29. Has a doctor ever told you that you were at risk for heart disease or stroke?

1. Yes
2. No
  
7. Don't Know
9. Refused

30. When you go outside on a sunny summer day for more than one hour, how often do you protect yourself from the sun? Protecting yourself includes such things as staying in the shade, wearing sunscreen/sun block or protective clothing such as a hat or long sleeves?

1. Always
2. Nearly Always
3. Sometimes
4. Seldom
5. Never
6. Don't stay out for more than one hour
  
7. Don't know
9. Refused

---

31. Suppose that after several months of not being in the sun, you then went out in the sun for more than one hour without protection from the sun, would you:

1. Burn severely with blisters
2. Burn severely with peeling for a few days
3. Burn mildly without peeling
4. Darken without sunburn
5. Not have anything happen
  
7. Don't Know
9. Refused

32. Did a doctor ever tell you that you were at risk for skin cancer?

1. Yes
2. No
  
7. Don't Know
9. Refused

### Section 9: Quality of Life

33. Are you limited in any way in your daily activities because of an impairment or health problem?

1. Yes
2. No **(Skip to Q.48)**
  
7. Don't Know **(Skip to Q.48)**
9. Refused **(Skip to Q.48)**

34. What is the major impairment or health problem that limits your activities? **(Select all that apply)**

1. Arthritis/rheumatism
2. Back or neck problem
3. Fractures, bone/joint injury
4. Walking problem
5. Lung/breathing problem
6. Hearing problem
7. Eye/vision problem
8. Heart problem
9. Stroke problem
10. Hypertension/high blood pressure
11. Diabetes
12. Cancer
13. Depression/anxiety/emotional problem
14. Chronic pain



- 15. Chemical dependency
- 16. Other impairment/problem (*please record*)

- 17. Don't know
- 19. Refused

35. Do you need the help of other persons with any of the following because of any impairment or health problem?

**\*\*\*\*Read list – select all that apply\*\*\*\***

- 1. Bathing
- 2. Dressing
- 3. Grooming
- 4. Toileting (toileting is requiring help with bowel or bladder control or going to the bathroom)
- 5. Eating
- 6. Walking (mobility)
- 7. Driving
- 8. None of these
  
- 9. Don't Know
- 10. Refused

36. What is the main reason, if any, you did not get enough rest or sleep during the past month?

**\*\*\*\*Do not read list – select one\*\*\*\***

- 1. Depression
- 2. Diagnosed Sleep Disorder
- 3. Family Related
- 4. Job/Work/School Related
- 5. Neighborhood Safety Issues
- 6. Medical Condition/ Pain
- 7. Stress
- 8. Something Else (*specify and record*)
  
- 9. Don't Know
- 10. I did get enough sleep/ Do not have condition
- 11. Refused

37. Do you need the assistance of any devices such as a CPAP or medication in order to sleep?

- 1. Yes
- 2. No
  
- 7. Don't Know
- 9. Refused

38. Are you currently taking any prescription medications?

1. Yes
2. No (***Skip to Q. 54***)
  
7. Don't Know (***Skip to Q. 54***)
9. Refused (***Skip to Q. 54***)

39. Do you take these medications exactly as prescribed, every time?

1. Yes (***Skip to Q. 54***)
2. No – Why?
  
7. Don't Know (***Skip to Q. 54***)
9. Refused (***Skip to Q. 54***)

#### **Section 10: Exercise**

40. How many times per week or per month did you take part in physical activity such as running, calisthenics, gardening, golf, or walking for exercise?

1. \_\_\_\_\_ times per week
2. \_\_\_\_\_ times per month
3. None
  
7. Don't know
9. Refused

41. And when you took part in this activity, on average how many minutes did you usually keep at it?

1. Less than 15 minutes
2. 15-29 minutes
3. 30-44 minutes
4. 45-59 minutes
5. 60-89 minutes (at least an hour, but less than an hour and a half)
6. 90 minutes- 2 hours (at least an hour and a half, but less than 2 hours)
7. Two hours or more
  
8. Don't know
9. Refused

---

**Section 11: Injury Control**

42. How often do you use seat belts when you drive or ride in a car? Would you say:

1. Always
2. Nearly always
3. Sometimes
4. Seldom
5. Never
6. Never ride or drive in a car
  
7. Don't know
9. Refused

43. How often do you drive a car while distracted, such as texting? Would you say—

**Please read:**

- |   |                              |
|---|------------------------------|
| 1 | Always                       |
| 2 | Nearly always                |
| 3 | Sometimes                    |
| 4 | Seldom                       |
| 5 | Never                        |
| 6 | Never drive or ride in a car |

**Do not read:**

- |   |                       |
|---|-----------------------|
| 7 | Don't know / Not sure |
| 9 | Refused               |

44. How often do you wear a helmet when you ride or drive a motorcycle?

1. Always
2. Nearly always
3. Sometimes
4. Seldom
5. Never
6. Never ride or drive a motorcycle
  
7. Don't Know
9. Refused

---

45. When was the last time you or someone else deliberately tested all the smoke detectors in your home (You test an alarm...by pressing the test button or holding a source of smoke near them).

1. Never
2. Less than 1 month ago
3. 1 month, but less than 6 months ago
4. 6 months, but less than 1 year ago
5. 1 year ago or more
6. No smoke detectors in home
  
7. Don't know
9. Refused

46. In the past 12 months, has a doctor, nurse, or other health professional told you that you need to lose weight? Changed the order of this question.

1. Yes
2. No
  
7. Don't Know
9. Refused

47. Are you eating either fewer calories, less fat or fewer carbs to control your weight? (**Select all that apply**)

1. No
2. Fewer calories
3. Less fat
4. Fewer carbs
  
5. Don't know
6. Refused

48. Are you using physical activity or exercise to control your weight?

1. Yes
2. No
  
7. Don't Know
9. Refused

---

**Section 13: Tobacco Use**

49. About how long has it been since you last smoked cigarettes regularly, that is, daily?

**\*\*\*Read only if necessary\*\*\***

1. Never smoked regularly
2. Less than 1 month
3. 1 month but less than 3 months ago
4. 3 months, but less than 6 months ago
5. 6 months, but less than 1 year ago
6. 1 year, but less than 5 years ago
7. 5 years, but less than 15 years ago
8. 15 or more years ago
9. Not currently smoking/ stopped smoking (don't read)
10. Don't know
11. Refused

**(If respondent answers Q. 70, skip to Q. 74)**

50. On the average, about how many cigarettes a day or a week do you now smoke?

1. \_\_\_\_\_ per day
2. \_\_\_\_\_ per week
  
7. Don't know
9. Refused

51. During the past 12 months, have you quit smoking for 1 day or longer?

1. Yes
2. No **(Skip to Q. 74)**
  
7. Don't Know **(Skip to Q. 74)**
9. Refused **(Skip to Q. 74)**

52. Do you currently use any smokeless tobacco products such as chewing tobacco or snuff? (Chewing tobacco is long leaf tobacco; snuff is fine cut tobacco).

1. No, neither
2. Chewing tobacco
3. Snuff
4. Both
7. Don't know/not sure
9. Refused

---

53. Have you used any medications during the past 6 months that were not prescribed for you?

1. Yes
2. No (**Skip to Q. 79**)
  
7. Don't Know
9. Refused

### Section 15: Alcohol Consumption

54. During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?

1. Yes
2. No (**Skip to Q. 84**)
  
7. Don't Know
9. Refused

55. During the past month, how many times per week or per month did you drink any alcoholic beverages (such as beer, wine, wine coolers, or liquor), on the average?

1. \_\_\_\_\_ per week
2. \_\_\_\_\_ per month
3. None
  
7. Don't know
9. Refused

56. On the days when you did, about how many drinks did you drink on average? (Note: a drink is 1 can or bottle of beer, 1 glass of wine, 1 cocktail, or 1 shot of liquor).

Number \_\_\_\_\_

77. Don't know/not sure
99. Refused

57. During the past month, how many times have you driven after consuming alcohol?

Number \_\_\_\_\_

77. Don't know/not sure
99. Refused

---

58. Is the respondent male or female?

1. Male
2. Female (***Skip to Q. 88***)

### **Section 16: Men's Health**

59. A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. How long has it been since you had your last PSA test?

1. Within the past year (anytime less than 12 months ago)
2. Within the past 2 years (1 year but less than 2 years ago)
3. Within the past 5 years (2 years but less than 5 years ago)
4. 5 or more years ago
5. Never
  
7. Don't know
9. Refused

60. A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. How long has it been since you had your last digital rectal exam?

1. Within the past year (anytime less than 12 months ago)
2. Within the past 2 years (1 year but less than 2 years ago)
3. Within the past 5 years (2 years but less than 5 years ago)
4. 5 or more years ago
5. Never
  
7. Don't know
9. Refused

61. Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?

1. Yes
2. No
  
7. Don't know
9. Refused

***(All male respondents skip to Q. 103)***

---

**Section 17: Women's Health**

62. A mammogram is an x-ray of each breast to look for breast cancer. How long has it been since you had your last mammogram?

0. Never
1. Less than 1 year ago
2. 1 year, but less than 2 years ago
3. 2 years, but less than 3 years ago
4. 3 years, but less than 5 years ago
5. 5 or more years ago (**Skip to Q. 94**)
  
7. Don't know
9. Refused

63. Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

1. Routine checkup
2. Breast problem other than cancer (including suspected breast cancer)
3. Had/have breast cancer
  
7. Don't know
9. Refused

64. A pap smear is a test for cancer of the cervix. How long has it been since you had your last Pap smear?

- Never
1. Less than 1 year ago
  2. 1 year, but less than 2 years ago
  3. 2 years, but less than 3 years ago
  4. 3 years, but less than 5 years ago
  5. 5 or more years ago
  
  7. Don't know
  9. Refused

65. Was your last pap smear done as part of a routine exam, or to check a current or previous problem?

1. Routine exam
2. Check current or previous problem
3. Other (**Please specify**)
  
7. Don't know
9. Refused



---

66. During your last pregnancy did you receive any type of formalized prenatal care or education?

1. Yes (**Skip to Q. 100**)
2. No – Why not?
3. Never been pregnant (**Skip to Q. 101**)
  
7. Don't know (**go to Q.100**)
9. Refused (**go to Q. 100**)

67. Why not? (**Open-ended Question**)

68. During your last pregnancy did you:

**\*\*\*\*Read list – select all that apply\*\*\*\***

1. Smoke cigarettes
2. Drink alcoholic beverages
3. Use any street drugs
4. None of these
5. Never been pregnant
  
6. Don't Know
7. Refused

**To be asked of females between the ages of 18 and 49 years; otherwise, go to Q. 102.**

69. A vaccine to prevent the human papilloma virus or HPV infection is available and is called cervical cancer vaccine, HPV shot, or GARDASIL®. Have you EVER had the HPV vaccination?

1. Yes
2. No
  
7. Don't Know
9. Refused

70. Have you ever received a DEXA Scan to test for bone density?

1. Yes
2. No
  
7. Don't Know
9. Refused

---

**Section 18: Colorectal Cancer Screening**

71. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. How long has it been since you had your last blood stool test using a home kit?

Never

1. Less than 1 year ago
2. 1 year, but less than 2 years ago
3. 2 years, but less than 3 years ago
4. 3 years, but less than 5 years ago
5. 5 or more years ago
  
7. Don't know
9. Refused

72. A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. How long has it been since you had your last sigmoidoscopy or colonoscopy?

Never

1. Less than 1 year ago
2. 1 year, but less than 2 years ago
3. 2 years, but less than 3 years ago
4. 3 years, but less than 5 years ago
5. 5 or more years ago
  
7. Don't know
9. Refused

**Section 19: Children's Health**

73. How many children live in your household who are under 18 years of age?

Number \_\_\_\_\_

00. None (**Skip to Q. 128**)
77. Don't know/not sure
99. Refused

74. Is this child (children) up-to-date in their immunizations?

1. Yes (**Skip to Q. 111**)
2. No - Why have you not immunized your child (children)?
3. Some are/some are not
  
7. Don't know
9. Refused

75. Why have you not immunized your child (children)? (*Open-ended Question*)

76. Where did you go the last time you or someone in your household took your child or children to be immunized?

1. Private Doctor
2. Immunization/Hospital/Public Clinic
3. Health Department
4. Health Fair
5. Other (*Please specify*)
  
7. Don't Know
9. Refused

77. Has your child (have any of your children) ever been diagnosed with a mental health disorder, including anxiety disorders, ADHD, mood disorders, behavior issues, or schizophrenia?

1. Yes
2. No (*Skip to Q. 124*)
  
7. Don't Know (*Skip to Q. 124*)
9. Refused (*Skip to Q. 124*)

78. Where, if anywhere, is your child receiving treatment for this mental health disorder?

1. Primary care physician
2. Mental health agency
3. Child is not receiving treatment
4. Other (*Please specify*)
  
7. Don't Know
9. Refused

## **Section 20: Immunization**

79. In the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

1. Yes
2. No
  
7. Don't know
9. Refused

80. Have you ever had a pneumonia vaccination? (This shot is usually given once in a person's lifetime).

1. Yes
2. No
  
7. Don't know
9. Refused

81. Have you had a tetanus booster shot in the past ten years?

1. Yes
2. No
  
7. Don't know
9. Refused

## Section 22: Mental Health

82. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

1. Yes
2. No
  
7. Don't know
9. Refused

83. During the past 12 months, did you ever seriously consider attempting suicide?

1. Yes
2. No (**Skip to Q. 140**)
  
7. Don't Know (**Skip to Q. 140**)
9. Refused (**Skip to Q. 140**)

84. If you felt depressed or suicidal, would you know where to go or who would to talk to?

1. Yes
2. No (**Skip to Q. 142**)
  
7. Don't know
9. Refused

---

**Section 23: STD Knowledge and Awareness**

The next few questions are about sexually transmitted diseases. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

85. During the past twelve months, with how many people have you had sexual intercourse?

1. Number of people \_\_\_\_\_
00. None- **(Skip to Q. 145)**

77. Don't know
99. Refused

86. Was a condom used the last time you had sexual intercourse?

1. Yes
2. No
3. N/A

7. Don't know
9. Refused

**Section 24: Community Issues**

87. Finally, we would like to ask you about a few issues which affect you and your community. Overall, what is the most important health problem facing your community? **(Open-ended Question)**

148. Do you feel any of these are a problem in your neighborhood?

**\*\*\*\* Read list – select all that apply\*\*\*\***

1. Teen pregnancy
2. Drug sales and/or use
3. Crime, excluding drug sales and/or use
4. Guns or firearms
5. Homelessness
6. Domestic violence
7. Child abuse
8. Hunger
9. Unemployment
10. Poverty
11. Other
12. None
13. Don't know
14. Refused

88. Have you had a problem finding: ***(Select all that apply)***

1. Adequate transportation?
2. Safe and adequate housing?
3. Employment / services
4. None of these
  
5. Don't Know
6. Refused

**Finally, I am going to read you a list of topics. For each one, please tell me if you believe that topic is a big problem, a moderate problem, or no problem at all in Darke County.**

89. Clean and sanitary restaurants.

1. Big problem
2. Moderate problem
3. No problem at all
  
7. Don't Know
9. Refused

90. Buildings with lead paint.

1. Big problem
2. Moderate problem
3. No problem at all
  
7. Don't Know
9. Refused

91. Radon gas in residential buildings.

1. Big problem
2. Moderate problem
3. No problem at all
  
7. Don't Know
9. Refused

92. Household sewer or septic system backup.

1. Big problem
2. Moderate problem
3. No problem at all
  
7. Don't Know
9. Refused

93. Trash

1. Big problem
2. Moderate problem
3. No problem at all
  
7. Don't Know
9. Refused

### Section 25: Demographics

94. What is your zip code? (*Open-ended Question*)

95. What is your age?

\_\_\_\_\_ years old

777. Don't know/not sure  
999. Refused

96. What is your race or ethnicity? (*Select all that apply*)

1. White
2. African American
3. Asian, Pacific Islander
4. Hispanic / Latino
5. American Indian, Alaska Native or
6. Another race (*Please specify*)
  
7. Don't know
9. Refused

97. Are you currently:

1. Married
2. Divorced
3. Widowed
4. Separated
5. Never been married, or
6. A member of an unmarried couple
  
7. Don't know
9. Refused

98. What is the highest grade or year of school you completed?

0. Never attended school or kindergarten only
1. Grades 1 through 8 (Elementary)
2. Grades 9 through 11 (Some high school)
3. Grade 12 or GED (High school graduate)
4. College 1 year to 3 years (Some college or technical school)
5. College 4 years or more (College graduate)
  
7. Don't know
9. Refused

99. Are you currently:

1. Employed for wages
2. Self-employed
3. Out of work for 1 year or longer
4. Out of work for less than 1 year
5. A Homemaker
6. Active military
7. A Student
8. Retired, or
9. Unable to work, or
10. Something else (***Please specify***)
  
11. Don't Know
12. Refused



100. Are any members of your household disabled?

1. Yes
2. No
  
7. Don't Know
9. Refused

101. Is your total annual household income from all sources before taxes:

1. Less than 10,000
2. 10,000 – 14,999
3. 15,000 – 19, 999
4. 20,000 – 24,999
5. 25,000 – 34, 999
6. 35,000 – 49, 999
7. 50,000 – 74,999
8. Over 75,000
  
9. Don't Know
10. Refused

102. How many members of your household, including yourself, are 18 years of age or older?

Number \_\_\_\_\_

77. Don't know
99. Refused

103. About how tall are you without shoes (In feet)?

- 3 Three
- 4 Four
- 5 Five
- 6 Six
- 7 Seven
  
- 8 Don't know
- 9 Refused

104. About how tall are you without shoes (In inches)?

0. Zero
1. One
2. Two
3. Three
4. Four

- 5. Five
- 6. Six
- 7. Seven
- 8. Eight
- 9. Nine
- 10. Ten
- 11. Eleven

- 77. Don't know
- 99. Refused

105. About how much do you weigh without shoes?

\_\_\_\_\_Pounds

- 777. Don't know
- 999. Refused

People may provide regular care or assistance to a friend or family member who has a health problem or disability.

106. During the past 30 days, did you provide regular care or assistance to a friend or family member who has a health problem or disability?

- 1. Yes
- 2. No
  
- 7. Don't know
- 9. Refused

107. For how long have you provided care for that person? Would you say:

- 1. Less than 30 days
- 2. 1 month to less than 6 months
- 3. 6 months to less than 2 years
- 4. 2 years to less than 5 years
- 5. More than 5 years
- 7. Don't know
- 9. Refused

The next questions are about emotional support and your satisfaction with life.

108. How often do you get the social and emotional support you need? (Clubs, activities, church, etc.)

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
  
- 7 Don't know / Not sure
- 9 Refuse

109. Do you know anyone who uses illegal drugs or prescription drugs that are not theirs?

- 1 Yes
- 2 No
  
- 7 Don't know / Not sure
- 9 Refused

110. In your opinion, how big of a problem are drugs in your neighborhood?

- 1 Major problem
- 2 Moderate problem
- 3 Minor problem
- 4 Not a problem
  
- 7 Don't know / Not sure
- 9 Refused

111. Thank you very much for taking the time to speak with me today. Do you have any additional questions or comments?

**Appendix D: Adult Survey Frequency Tables**

**Would you say that in general, your health is:**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Excellent	95	22.9	23.1	23.1
	Good	227	55.0	55.3	78.3
	Fair	72	17.5	17.5	95.9
	Poor	17	4.1	4.1	100.0
	Total	411	99.5	100.0	
Missing	Don't know	2	.5		
Total		413	100.0		

**For how many days during the past 30 days was your physical health not good?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	None	291	70.4	71.7	71.7
	1	19	4.5	4.6	76.3
	2	15	3.7	3.8	80.1
	3	11	2.5	2.6	82.7
	4	2	.4	.4	83.1
	5	6	1.4	1.5	84.6
	6	1	.1	.1	84.7
	7	2	.4	.4	85.2
	8	0	.1	.1	85.3
	9	1	.3	.3	85.5
	10	7	1.7	1.7	87.3
	11	0	.1	.1	87.4
	14	3	.6	.6	88.0
	15	11	2.7	2.7	90.7
	20	12	2.8	2.9	93.6
	25	1	.2	.2	93.8
	28	0	.1	.1	93.9
	30	25	6.0	6.1	100.0
	Total		405	98.1	100.0
Missing	Don't know	6	1.5		
	Refused	2	.4		
	Total	8	1.9		
Total		413	100.0		

**For how many days during the past 30 days was your mental health not good?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	None	317	76.8	77.3	77.3
	1	12	2.8	2.8	80.2
	2	29	7.0	7.0	87.2
	3	5	1.3	1.3	88.5
	4	2	.6	.6	89.1
	5	9	2.3	2.3	91.4
	6	0	.1	.1	91.5
	7	0	.1	.1	91.5
	10	7	1.7	1.7	93.2
	11	1	.1	.1	93.4
	14	0	.1	.1	93.5
	15	4	1.1	1.1	94.5
	20	5	1.1	1.1	95.7
	25	1	.4	.4	96.0
	30	16	3.9	4.0	100.0
	Total	410	99.3	100.0	
Missing	Don't know	2	.6		
	Refused	0	.1		
	Total	3	.7		
Total		413	100.0		

**During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities such as self-care, work, or recreation?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	None	107	25.9	63.7	63.7
	1	3	.8	1.9	65.6
	2	3	.7	1.7	67.2
	3	3	.7	1.7	68.9
	4	4	.9	2.3	71.2
	5	5	1.1	2.8	74.0
	7	2	.4	1.1	75.1
	8	0	.1	.2	75.3
	10	4	1.0	2.5	77.9
	14	1	.3	.8	78.7
	15	19	4.6	11.2	89.9
	20	1	.3	.7	90.7
	25	1	.4	.9	91.5
	30	14	3.5	8.5	100.0
		Total	168	40.7	100.0
Missing	Don't know	1	.3		
	System	244	59.0		
	Total	245	59.3		
Total		413	100.0		

**Are you currently covered by any of the following types of health insurance or health coverage plans? Your current or former employer or union**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	252	61.0	61.0	61.0
	Selected	161	39.0	39.0	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? Someone else's current or former employer or union**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	347	84.1	84.1	84.1
	Selected	66	15.9	15.9	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? A plan that you or someone else buys on your own**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	379	91.8	91.8	91.8
	Selected	34	8.2	8.2	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? Medicare (for people 65+ or people with certain disabilities)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	315	76.2	76.2	76.2
	Selected	98	23.8	23.8	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? Medicaid or medical assistance (or substitute state program name)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	388	93.9	93.9	93.9
	Selected	25	6.1	6.1	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? The military- Tricare, Champus, or other military healthcare**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	409	99.1	99.1	99.1
	Selected	4	.9	.9	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? The VA (or Champ-VA)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	409	99.0	99.0	99.0
	Selected	4	1.0	1.0	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? The Indian Health Service (or Alaska Native Health Service)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	413	100.0	100.0	100.0

**Are you currently covered by any of the following types of health insurance or health coverage plans? Healthcare market Place- state or federal exchange**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	410	99.2	99.2	99.2
	Selected	3	.8	.8	100.0
	Total	413	100.0	100.0	

**Are you currently covered by any of the following types of health insurance or health coverage plans? Some other place**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	392	94.8	94.8	94.8
	Selected	21	5.2	5.2	100.0
	Total	413	100.0	100.0	

**None**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	385	93.1	93.1	93.1
	Selected	28	6.9	6.9	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	412	99.6	99.6	99.6
	Selected	1	.4	.4	100.0
	Total	413	100.0	100.0	

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	412	99.8	99.8	99.8
	Selected	1	.2	.2	100.0
	Total	413	100.0	100.0	

**About how long has it been since you last visited a doctor for a routine checkup?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	20	4.8	4.9	4.9
	Less than 1 year ago	263	63.6	64.2	69.1
	1 year but less than 2 years ago	62	15.0	15.2	84.3
	2 years but less than 5 years ago	36	8.7	8.8	93.1
	5 or more years ago	28	6.9	6.9	100.0
	Total	409	99.0	100.0	
Missing	Don't know	4	1.0		
Total		413	100.0		

**Is there a particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	374	90.5	90.6	90.6
	No	39	9.4	9.4	100.0
	Total	412	99.9	100.0	
Missing	Don't know	1	.1		
Total		413	100.0		

**What kind of place is it?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	A doctor's office or HMO	283	68.4	75.7	75.7
	A clinic or health center	65	15.6	17.3	93.0
	A hospital outpatient department	7	1.6	1.7	94.7
	A hospital emergency room	7	1.7	1.9	96.7
	An urgent care center	7	1.7	1.9	98.5
	Some other kind of place	5	1.3	1.5	100.0
	Total	373	90.4	100.0	
	Missing	Don't know	0	.1	
	System	39	9.5		
	Total	40	9.6		
Total		413	100.0		



**What is the main reason you don't have a usual source of medical care?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	My doctor doesn't accept my health insurance	0	.1	2.0	2.0
	Doctor is not accepting new patients	1	.1	3.2	5.2
	Can't afford	1	.2	4.2	9.4
	Do not have a doctor	1	.1	3.2	12.5
	Do not know where to go	1	.1	3.2	15.7
	Do not like/trust/believe in doctor	1	.2	4.2	19.8
	Have not needed a doctor	4	1.0	24.2	44.0
	No insurance	1	.3	6.6	50.5
	Previous doctor is not available/moved	1	.3	6.6	57.1
	Other	7	1.7	42.9	100.0
	Total	17	4.0	100.0	
Missing	Don't know	14	3.5		
	Refused	8	1.9		
	System	374	90.6		
Total	396	96.0			
Total	413	100.0			

**Was there a time in the past 12 months when you needed to see a doctor or other health care provider but could not because of the cost?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	20	4.9	4.9	4.9
	No	392	94.9	95.1	100.0
	Total	412	99.8	100.0	
Missing	Don't know	1	.2		
Total		413	100.0		

**Was there a time in the past 12 months when you needed to see a doctor but did not have access to transportation?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	13	3.3	3.3	3.3
	No	400	96.7	96.7	100.0
	Total	413	100.0	100.0	

**Was there a time in the past 12 months when you could not understand what the nurse, doctor, or other health care professional was explaining to you about your health issues?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	13	3.1	3.1	3.1
	No	399	96.7	96.9	100.0
	Total	412	99.8	100.0	
Missing	Don't know	1	.2		
Total		413	100.0		

**What types of health services are you interested in but have a difficult time getting into?  
Comprehensive primary health care (adults, pediatrics, acute/chronic disease)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	393	95.2	95.2	95.2
	Selected	20	4.8	4.8	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Behavioral health (mental health, substance abuse counseling, therapy)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	401	97.0	97.0	97.0
	Selected	12	3.0	3.0	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Prenatal and perinatal (before, during, and after pregnancy)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	413	100.0	100.0	100.0

**What types of health services are you interested in but have a difficult time getting into?  
Health screenings (cancer, cholesterol, lead poisoning, vision, hearing)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	412	99.8	99.8	99.8
	Selected	1	.2	.2	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Diagnostic lab (blood tests, x-ray)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	411	99.6	99.6	99.6
	Selected	2	.4	.4	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Voluntary family planning**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	411	99.4	99.4	99.4
	Selected	2	.6	.6	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Preventive dental (tooth cleaning)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	393	95.3	95.3	95.3
	Selected	20	4.7	4.7	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Pharmacy**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	410	99.3	99.3	99.3
	Selected	3	.7	.7	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Disease management programs (diabetes, heart failure, PT, cardio rehab)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	410	99.2	99.2	99.2
	Selected	3	.8	.8	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
Nutrition/dietician services**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	405	98.0	98.0	98.0
	Selected	8	2.0	2.0	100.0
	Total	413	100.0	100.0	

**What types of health services are you interested in but have a difficult time getting into?  
None**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	60	14.4	14.4	14.4
	Selected	353	85.6	85.6	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	401	97.2	97.2	97.2
	Selected	12	2.8	2.8	100.0
	Total	413	100.0	100.0	

**Refused**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Not selected	413	100.0	100.0	100.0

**How long has it been since you last visited the dentist or a dental clinic for any reason?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Never	4	1.1	1.1	1.1
Less than 1 year ago	252	60.9	61.6	62.7
1 year but less than 2 years ago	40	9.8	9.9	72.6
2 years but less than 5 years ago	60	14.6	14.8	87.3
5 or more years ago	52	12.5	12.7	100.0
Total	409	98.9	100.0	
Missing Don't know	4	.9		
Refused	1	.2		
Total	4	1.1		
Total	413	100.0		

**What is the main reason you have not visited the dentist in the last year?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Dentist doesn't accept my insurance	2	.4	1.2	1.2
Fear, apprehension, nervousness, pain, dislike going	10	2.4	6.7	7.9
Cost	12	2.9	8.1	16.0
No insurance	14	3.5	9.7	25.8
Do not have/know a dentist	6	1.5	4.1	29.9
No reason to go/no problems with teeth	66	16.0	44.4	74.3
Other priorities	17	4.0	11.2	85.6
Have not thought of it	2	.6	1.5	87.1
Other	19	4.6	12.9	100.0
Total	148	35.9	100.0	
Missing Don't know	12	2.9		
Refused	1	.3		
System	252	60.9		
Total	265	64.1		
Total	413	100.0		

**During the past 12 months, have you had to visit an emergency room or urgent care center because of asthma?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Yes	28	6.9	6.9	6.9
No	381	92.3	92.3	99.1
Did not have an asthma attack in the last 12 months	4	.9	.9	100.0
Total	413	100.0	100.0	

**About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	13	3.2	3.2	3.2
	Less than 6 months	290	70.2	71.1	74.3
	6 months, but less than a year ago	53	12.8	12.9	87.3
	1 year, but less than 2 years ago	33	7.9	8.0	95.3
	2 years, but less than 5 years ago	8	2.0	2.1	97.3
	5 or more years ago	11	2.6	2.7	100.0
	Total	408	98.7	100.0	
Missing	Don't know	5	1.3		
Total		413	100.0		

**Have you ever been told by a doctor, nurse, or other health professional, that you have high blood pressure?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	125	30.2	30.2	30.2
	Yes, but female and only during pregnancy	24	5.8	5.8	36.0
	No	261	63.2	63.3	99.3
	Told borderline or pre-hypertensive	3	.7	.7	100.0
	Total	412	99.9	100.0	
Missing	Don't know	1	.1		
Total		413	100.0		

**What, if anything, are you doing now to help control your blood pressure? Taking medication**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	21	5.0	16.4	16.4
	Selected	107	25.8	83.6	100.0
	Total	127	30.9	100.0	
Missing	System	286	69.1		
Total		413	100.0		

**What, if anything, are you doing now to help control your blood pressure? Dieting to lose weight**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	90	21.7	70.4	70.4
	Selected	38	9.1	29.6	100.0
	Total	127	30.9	100.0	
Missing	System	286	69.1		
Total		413	100.0		

**What, if anything, are you doing now to help control your blood pressure? Cutting down on salt**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	82	19.7	64.0	64.0
	Selected	46	11.1	36.0	100.0
	Total	127	30.9	100.0	
Missing	System	286	69.1		
Total		413	100.0		

**What, if anything, are you doing now to help control your blood pressure? Exercising**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	77	18.5	60.0	60.0
	Selected	51	12.3	40.0	100.0
	Total	127	30.9	100.0	
Missing	System	286	69.1		
Total		413	100.0		

**What, if anything, are you doing now to help control your blood pressure? Anything other than these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	124	30.0	97.2	97.2
	Selected	4	.9	2.8	100.0
	Total	127	30.9	100.0	
Missing	System	286	69.1		
Total		413	100.0		

**What, if anything, are you doing now to help control your blood pressure? None of these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	121	29.4	95.1	95.1
	Selected	6	1.5	4.9	100.0
	Total	127	30.9	100.0	
Missing	System	286	69.1		
Total		413	100.0		

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	127	30.9	100.0	100.0
Missing	System	286	69.1		
Total		413	100.0		

**Does not apply/Currently don't have condition**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	127	30.7	99.3	99.3
	Selected	1	.2	.7	100.0
	Total	127	30.9	100.0	
Missing	System	286	69.1		
Total		413	100.0		

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	127	30.9	100.0	100.0
Missing	System	286	69.1		
Total		413	100.0		

**Have you ever been told by a doctor or other health professional that your blood cholesterol is high?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	110	26.7	27.2	27.2
	No	294	71.2	72.6	99.8
	Never had cholesterol checked	1	.2	.2	100.0
	Total	405	98.1	100.0	
Missing	Don't know	8	1.9		
Total		413	100.0		

**About how long has it been since you last had your blood cholesterol checked?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Less than 1 year ago	247	59.9	66.5	66.5
	1 year but less than 2 years ago	49	11.9	13.2	79.6
	2 years but less than 5 years ago	40	9.6	10.6	90.3
	5 or more years ago	20	4.8	5.3	95.6
	Never	16	4.0	4.4	100.0
	Total	372	90.1	100.0	
Missing	Don't know	32	7.8		
	System	8	2.0		
	Total	41	9.9		
Total		413	100.0		

**What, if anything, are you doing now to help lower your blood cholesterol? Dieting to lose weight**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	281	68.0	79.0	79.0
	Selected	75	18.1	21.0	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		

**What, if anything, are you doing now to help lower your blood cholesterol? Cutting down on fat and cholesterol in your diet**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	269	65.2	75.6	75.6
	Selected	87	21.0	24.4	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		

**What, if anything, are you doing now to help lower your blood cholesterol? Taking medication**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	275	66.6	77.3	77.3
	Selected	81	19.5	22.7	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		

**What, if anything, are you doing now to help lower your blood cholesterol? Exercising**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	264	63.8	74.1	74.1
	Selected	92	22.3	25.9	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		

**What, if anything, are you doing now to help lower your blood cholesterol? Anything other than these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	347	84.0	97.5	97.5
	Selected	9	2.2	2.5	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		

**What, if anything, are you doing now to help lower your blood cholesterol? None of these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	241	58.3	67.6	67.6
	Selected	115	27.9	32.4	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		



**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	345	83.5	96.9	96.9
	Selected	11	2.6	3.1	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		

**Does not apply/Currently don't have condition**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	320	77.5	90.0	90.0
	Selected	36	8.6	10.0	100.0
	Total	356	86.2	100.0	
Missing	System	57	13.8		
Total		413	100.0		

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	356	86.2	100.0	100.0
Missing	System	57	13.8		
Total		413	100.0		

**Have you ever been told by a doctor that you have diabetes or high sugar or prediabetes/borderline diabetes?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	52	12.6	12.6	12.6
	Yes - Prediabetes	9	2.2	2.2	14.8
	No	338	81.7	81.7	96.6
	Yes, but female only during pregnancy	14	3.4	3.4	100.0
	Total	413	100.0	100.0	

**What, if anything, are you now doing to help control your diabetes or high sugar? Made changes in diet**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	19	4.6	31.3	31.3
	Selected	42	10.2	68.7	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if anything, are you now doing to help control your diabetes or high sugar? Taken oral medication**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	29	7.0	47.2	47.2
	Selected	32	7.8	52.8	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if anything, are you now doing to help control your diabetes or high sugar? Taken insulin**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	41	10.0	67.4	67.4
	Selected	20	4.8	32.6	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if anything, are you now doing to help control your diabetes or high sugar? Increased activity/exercise**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	41	10.0	67.8	67.8
	Selected	20	4.8	32.2	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if anything, are you now doing to help control your diabetes or high sugar? Anything other than these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	59	14.4	97.1	97.1
	Selected	2	.4	2.9	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if anything, are you now doing to help control your diabetes or high sugar? None of these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	55	13.3	89.4	89.4
	Selected	6	1.6	10.6	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	61	14.7	99.1	99.1
	Selected	1	.1	.9	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	61	14.8	100.0	100.0
Missing	System	352	85.2		
Total		413	100.0		

**What, if any, health related concerns have you experienced that are related to having diabetes? Sores on your feet**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	58	14.1	94.9	94.9
	Selected	3	.8	5.1	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if any, health related concerns have you experienced that are related to having diabetes? Numbness in your feet or fingers**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	44	10.7	72.4	72.4
	Selected	17	4.1	27.6	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if any, health related concerns have you experienced that are related to having diabetes? Difficulty with your vision (including retinopathy)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	52	12.5	84.6	84.6
	Selected	9	2.3	15.4	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if any, health related concerns have you experienced that are related to having diabetes? Dizziness, confusion, or light headedness**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	49	11.9	80.4	80.4
	Selected	12	2.9	19.6	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if any, health related concerns have you experienced that are related to having diabetes? Kidney/renal disease**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	60	14.5	97.7	97.7
	Selected	1	.3	2.3	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if any, health related concerns have you experienced that are related to having diabetes? Anything else**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	60	14.5	97.6	97.6
	Selected	1	.4	2.4	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**What, if any, health related concerns have you experienced that are related to having diabetes? None of these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	25	6.0	40.3	40.3
	Selected	37	8.9	59.7	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	61	14.7	99.5	99.5
	Selected	0	.1	.5	100.0
	Total	61	14.8	100.0	
Missing	System	352	85.2		
Total		413	100.0		

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	61	14.8	100.0	100.0
Missing	System	352	85.2		
Total		413	100.0		

**Have you ever taken a course or class in how to manage your diabetes yourself?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	39	9.5	64.6	64.6
	No	21	5.2	35.4	100.0
	Total	61	14.7	100.0	
Missing	Don't know	1	.1		
	System	352	85.2		
	Total	352	85.3		
Total		413	100.0		

**Has a doctor ever told you that you had: Heart attack or myocardial infarction**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	394	95.4	95.4	95.4
	Selected	19	4.6	4.6	100.0
	Total	413	100.0	100.0	

**Has a doctor ever told you that you had: Angina or coronary heart disease**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	402	97.4	97.4	97.4
	Selected	11	2.6	2.6	100.0
	Total	413	100.0	100.0	

**Has a doctor ever told you that you had: Stroke**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	402	97.3	97.3	97.3
	Selected	11	2.7	2.7	100.0
	Total	413	100.0	100.0	

**Has a doctor ever told you that you had: Other heart problems**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	374	90.7	90.7	90.7
	Selected	39	9.3	9.3	100.0
	Total	413	100.0	100.0	

**Has a doctor ever told you that you had: No heart problems/strokes**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	73	17.6	17.6	17.6
	Selected	340	82.4	82.4	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	408	98.9	98.9	98.9
	Selected	5	1.1	1.1	100.0
	Total	413	100.0	100.0	

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	413	99.9	99.9	99.9
	Selected	0	.1	.1	100.0
	Total	413	100.0	100.0	

**Has a doctor ever told you that you were at risk for heart disease or stroke?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	65	15.6	17.2	17.2
	No	311	75.2	82.8	100.0
	Total	375	90.8	100.0	
Missing	Don't know	4	.9		
	System	34	8.2		
	Total	38	9.2		
Total		413	100.0		

**When you go outside on a sunny summer day for more than one hour, how often do you protect yourself from the sun?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Always	122	29.6	29.6	29.6
	Nearly always	82	19.9	20.0	49.6
	Sometimes	64	15.4	15.5	65.1
	Seldom	43	10.3	10.3	75.5
	Never	70	17.0	17.1	92.5
	Don't stay out for more than one hour	31	7.4	7.5	100.0
Total		412	99.7	100.0	
Missing	Don't know	1	.2		
	Refused	0	.1		
	Total	1	.3		
Total		413	100.0		

**Did a doctor ever tell you that you were at risk for skin cancer?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	51	12.5	12.5	12.5
	No	360	87.3	87.5	100.0
	Total	412	99.7	100.0	
Missing	Don't know	1	.3		
Total		413	100.0		

**Are you limited in any way in your daily activities because of an impairment or health problem?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	78	18.9	19.0	19.0
	No	333	80.6	81.0	100.0
	Total	411	99.5	100.0	
Missing	Don't know	2	.5		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities?****Arthritis/rheumatism**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	68	16.4	86.6	86.6
	Selected	10	2.5	13.4	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Back or neck problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	49	11.9	62.9	62.9
	Selected	29	7.0	37.1	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Fractures, bone/joint injury**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	68	16.5	87.1	87.1
	Selected	10	2.4	12.9	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Walking problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	57	13.7	72.7	72.7
	Selected	21	5.2	27.3	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Lung/breathing problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	62	15.0	79.3	79.3
	Selected	16	3.9	20.7	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Hearing problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	75	18.2	96.4	96.4
	Selected	3	.7	3.6	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Eye/vision problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	72	17.5	92.7	92.7
	Selected	6	1.4	7.3	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Heart problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	73	17.7	93.5	93.5
	Selected	5	1.2	6.5	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		



**What is the major impairment or health problem that limits your activities? Stroke problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	77	18.5	98.0	98.0
	Selected	2	.4	2.0	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Hypertension/high blood pressure**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	77	18.5	98.0	98.0
	Selected	2	.4	2.0	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Diabetes**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	71	17.2	90.7	90.7
	Selected	7	1.8	9.3	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Cancer**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	75	18.1	95.5	95.5
	Selected	3	.8	4.5	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities?  
Depression/anxiety/emotional problem**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	73	17.7	93.6	93.6
	Selected	5	1.2	6.4	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Chronic pain**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	69	16.6	88.0	88.0
	Selected	9	2.3	12.0	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Chemical dependency**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	78	18.9	100.0	100.0
Missing	System	335	81.1		
Total		413	100.0		

**What is the major impairment or health problem that limits your activities? Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	55	13.2	69.8	69.8
	Selected	24	5.7	30.2	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	72	17.4	92.1	92.1
	Selected	6	1.5	7.9	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	78	18.8	99.3	99.3
	Selected	1	.1	.7	100.0
	Total	78	18.9	100.0	
Missing	System	335	81.1		
Total		413	100.0		

**Do you need the help of other persons with any of the following because of an impairment or health problem? Bathing**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	405	98.0	98.0	98.0
	Selected	8	2.0	2.0	100.0
	Total	413	100.0	100.0	

**Do you need the help of other persons with any of the following because of an impairment or health problem? Dressing**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	406	98.2	98.2	98.2
	Selected	7	1.8	1.8	100.0
	Total	413	100.0	100.0	

**Do you need the help of other persons with any of the following because of an impairment or health problem? Grooming**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	405	98.2	98.2	98.2
	Selected	8	1.8	1.8	100.0
	Total	413	100.0	100.0	

**Do you need the help of other persons with any of the following because of an impairment or health problem? Toileting**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	406	98.2	98.2	98.2
	Selected	7	1.8	1.8	100.0
	Total	413	100.0	100.0	

**Do you need the help of other persons with any of the following because of an impairment or health problem? Eating**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	406	98.3	98.3	98.3
	Selected	7	1.7	1.7	100.0
	Total	413	100.0	100.0	

**Do you need the help of other persons with any of the following because of an impairment or health problem? Walking**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	394	95.5	95.5	95.5
	Selected	19	4.5	4.5	100.0
	Total	413	100.0	100.0	

**Do you need the help of other persons with any of the following because of an impairment or health problem? Driving**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	395	95.5	95.5	95.5
	Selected	18	4.5	4.5	100.0
	Total	413	100.0	100.0	

**Do you need the help of other persons with any of the following because of an impairment or health problem? None of these**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	38	9.3	9.3	9.3
	Selected	375	90.7	90.7	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	413	100.0	100.0	100.0

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	406	98.2	98.2	98.2
	Selected	7	1.8	1.8	100.0
	Total	413	100.0	100.0	

**What is the main reason, if any, you did not get enough rest or sleep during the past month?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Depression	1	.1	.2	.2
	Diagnosed sleep disorder	8	2.0	3.7	3.9
	Family related	36	8.6	15.8	19.7
	Job/work/school related	46	11.1	20.3	40.1
	Medical condition/pain	16	3.8	7.0	47.1
	Stress	31	7.6	13.9	61.0
	Something else	88	21.3	39.0	100.0
	Total	225	54.6	100.0	
Missing	Don't know	24	5.9		
	I did get enough sleep/Do not have condition	163	39.4		
	Refused	1	.1		
	Total	188	45.4		
Total		413	100.0		

**Do you need the assistance of any devices such as CPAP or medication in order to sleep?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	54	13.0	13.1	13.1
	No	358	86.8	86.9	100.0
	Total	412	99.8	100.0	
Missing	Don't know	1	.2		
Total		413	100.0		

**Are you currently taking any prescription medications?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	239	57.9	57.9	57.9
	No	174	42.1	42.1	100.0
	Total	413	100.0	100.0	

**Do you take these medications exactly as prescribed, every time?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	230	55.8	96.3	96.3
	No	9	2.1	3.7	100.0
	Total	239	57.9	100.0	
Missing	System	174	42.1		
Total		413	100.0		

**How many times per week or per month did you take part in physical activity such as running, calisthenics, gardening, golf, or walking for exercise?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Times per week	308	74.7	78.5	78.5
	Times per month	41	9.8	10.3	88.8
	None	44	10.7	11.2	100.0
	Total	393	95.2	100.0	
Missing	Don't know	20	4.8		
Total		413	100.0		

**And when you took part in this activity, on average how many minutes did you usually keep at it?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Less than 15 minutes	26	6.3	7.1	7.1
	15 to 29 minutes	34	8.3	9.3	16.4
	30 to 44 minutes	122	29.4	33.2	49.6
	45 to 59 minutes	40	9.8	11.0	60.6
	60 to 89 minutes (at least an hour but less than an hour and a half)	58	14.1	15.9	76.5
	90 minutes to 2 hours (at least an hour and a half, but less than 2 hours)	22	5.3	5.9	82.5
	Two hours or more	64	15.6	17.5	100.0
	Total	366	88.7	100.0	
Missing	Don't know	12	2.9		
	System	35	8.5		
	Total	47	11.3		
Total		413	100.0		

**How often do you use a seatbelt when you drive or ride in a car?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Always	320	77.4	77.5	77.5
	Nearly always	36	8.7	8.7	86.3
	Sometimes	27	6.6	6.7	92.9
	Seldom	13	3.2	3.2	96.1
	Never	16	3.8	3.8	99.9
	Never ride or drive in a car	0	.1	.1	100.0
	Total	412	99.9	100.0	
Missing	Don't know	1	.1		
Total		413	100.0		

**How often do you drive a car while distracted, such as texting?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Always	3	.7	.7	.7
	Nearly always	3	.6	.6	1.3
	Sometimes	20	4.9	4.9	6.2
	Seldom	65	15.8	15.8	22.0
	Never	304	73.5	73.6	95.7
	Never ride or drive in a car	18	4.3	4.3	100.0
	Total	412	99.9	100.0	
Missing	Don't know	1	.1		
Total		413	100.0		

**How often do you wear a helmet when you ride or drive a motorcycle?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Always	34	8.3	8.3	8.3
	Nearly always	1	.3	.3	8.6
	Sometimes	15	3.7	3.7	12.3
	Seldom	1	.3	.3	12.6
	Never	41	9.9	10.0	22.6
	Never ride or drive a motorcycle	318	77.0	77.4	100.0
	Total	411	99.4	100.0	
Missing	Don't know	2	.6		
Total		413	100.0		

**When was the last time you or someone else deliberately tested all the smoke detectors in your home?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	22	5.3	5.3	5.3
	Less than 1 month ago	48	11.7	11.7	17.0
	1 month, but less than 6 months ago	119	28.8	28.8	45.8
	6 months, but less than 1 year ago	142	34.3	34.3	80.1
	1 year ago or more	51	12.4	12.4	92.5
	No smoke detectors in home	8	1.8	1.8	94.4
	Don't know	23	5.6	5.6	100.0
	Total	413	100.0	100.0	

**In the past 12 months, has a doctor, nurse, or other health professional told you that you need to lose weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	108	26.1	26.1	26.1
	No	305	73.9	73.9	100.0
	Total	413	100.0	100.0	

**Are you eating fewer calories, less fat, or fewer carbs to control your weight? No**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	219	53.0	53.0	53.0
	Selected	194	47.0	47.0	100.0
	Total	413	100.0	100.0	

**Are you eating fewer calories, less fat, or fewer carbs to control your weight? Fewer calories**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	289	70.0	70.0	70.0
	Selected	124	30.0	30.0	100.0
	Total	413	100.0	100.0	

**Are you eating fewer calories, less fat, or fewer carbs to control your weight? Less fat**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	317	76.7	76.7	76.7
	Selected	96	23.3	23.3	100.0
	Total	413	100.0	100.0	

**Are you eating fewer calories, less fat, or fewer carbs to control your weight? Fewer carbs**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	304	73.5	73.5	73.5
	Selected	109	26.5	26.5	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	382	92.6	92.6	92.6
	Selected	31	7.4	7.4	100.0
	Total	413	100.0	100.0	

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	412	99.7	99.7	99.7
	Selected	1	.3	.3	100.0
	Total	413	100.0	100.0	

**Are you using physical activity or exercise to control your weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	214	51.9	52.1	52.1
	No	197	47.6	47.9	100.0
	Total	411	99.5	100.0	
Missing	Don't know	1	.2		
	Refused	1	.2		
	Total	2	.5		
Total		413	100.0		



**About how long has it been since you last smoked cigarettes regularly, that is, daily?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never smoked regularly	196	47.4	48.9	48.9
	Less than 1 month	69	16.6	17.1	66.0
	1 month, but less than 3 months ago	12	2.8	2.9	68.9
	6 months but less than 1 year ago	2	.6	.6	69.5
	1 year, but less than 5 years ago	14	3.3	3.4	72.9
	5 years, but less than 15 years ago	28	6.8	7.1	80.0
	15 or more years ago	56	13.6	14.0	93.9
	Not currently smoking/stopped smoking	24	5.9	6.1	100.0
	Total	400	96.9	100.0	
Missing	Don't know	9	2.3		
	Refused	3	.8		
	Total	13	3.1		
Total		413	100.0		

**Do you currently use any smokeless tobacco products such as chewing tobacco or snuff?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No, neither	392	95.0	95.3	95.3
	Chewing tobacco	8	2.0	2.0	97.3
	Snuff	7	1.8	1.8	99.0
	Both	4	1.0	1.0	100.0
	Total	412	99.7	100.0	
Missing	Refused	1	.3		
Total		413	100.0		

**Have you used any medications during the past 6 months that were not prescribed for you?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	16	3.8	3.8	3.8
	No	397	96.2	96.2	100.0
	Total	413	100.0	100.0	

**During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	234	56.7	56.8	56.8
	No	178	43.1	43.2	100.0
	Total	412	99.8	100.0	
Missing	Don't know	1	.2		
Total		413	100.0		

**During the past month, how many times per week or per month did you drink any alcoholic beverages on the average?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Times per week	140	33.9	63.4	63.4
	Times per month	79	19.2	35.9	99.3
	None	2	.4	.7	100.0
	Total	221	53.5	100.0	
Missing	Don't know	13	3.2		
	Refused	1	.3		
	System	178	43.1		
	Total	192	46.5		
Total		413	100.0		

**On the days when you drank, about how many drinks did you drink on average?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	97	23.5	41.9	41.9
	2	73	17.7	31.6	73.5
	3	12	2.8	5.0	78.5
	4	23	5.5	9.9	88.4
	5	17	4.2	7.5	95.9
	10	1	.3	.5	96.4
	12	8	2.0	3.6	100.0
	Total	231	56.0	100.0	
Missing	Don't know	2	.6		
	Refused	1	.3		
	System	178	43.1		
	Total	182	44.0		
Total		413	100.0		

**During the past month, how many times have you driven after consuming alcohol?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Zero	213	51.7	91.3	91.3
	1	4	.9	1.6	92.9
	2	7	1.8	3.1	96.0
	4	6	1.5	2.6	98.6
	6	3	.8	1.4	100.0
	Total	234	56.6	100.0	
	Missing	Don't know	1	.3	
System		178	43.1		
Total		179	43.4		
Total		413	100.0		

**Gender**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	200	48.5	48.5	48.5
	Female	213	51.5	51.5	100.0
	Total	413	100.0	100.0	

**How long has it been since you had your last PSA test?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Within the past year (anytime less than 12 months ago)	63	15.1	32.6	32.6
	Within the past 2 years (1 year but less than 2 years ago)	11	2.6	5.5	38.1
	Within the past 5 years (2 years but less than 5 years ago)	13	3.2	6.8	44.9
	5 or more years ago	10	2.5	5.3	50.2
	Never	95	23.1	49.8	100.0
	Total	192	46.5	100.0	
Missing	Don't know	8	2.0		
	System	213	51.5		
	Total	221	53.5		
Total		413	100.0		

**How long has it been since you had your last digital rectal exam?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Within the past year (anytime less than 12 months ago)	40	9.8	20.5	20.5
	Within the past 2 years (1 year but less than 2 years ago)	11	2.8	5.8	26.3
	Within the past 5 years (2 years but less than 5 years ago)	11	2.6	5.4	31.6
	5 or more years ago	18	4.3	8.9	40.5
	Never	118	28.5	59.5	100.0
	Total	198	47.9	100.0	
Missing	Don't know	3	.6		
	System	213	51.5		
	Total	215	52.1		
Total		413	100.0		

**Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	6	1.5	3.1	3.1
	No	194	47.0	96.9	100.0
	Total	200	48.5	100.0	
Missing	System	213	51.5		
Total		413	100.0		

**How long has it been since your last mammogram?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	55	13.4	26.3	26.3
	Less than 1 year ago	72	17.5	34.3	60.5
	1 year but less than 2 years	27	6.5	12.7	73.2
	2 years but less than 3 years	23	5.5	10.7	84.0
	3 years but less than 5 years	16	3.8	7.5	91.4
	5 years ago or more	18	4.4	8.6	100.0
	Total	211	51.1	100.0	
Missing	Don't know	1	.3		
	Refused	0	.1		
	System	200	48.5		
	Total	202	48.9		
Total	413	100.0			

**Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've had breast cancer?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Routine checkup	140	33.9	91.5	91.5
	Breast problem other than cancer (including suspected cancer)	9	2.2	5.9	97.4
	Have/had breast cancer	4	1.0	2.6	100.0
	Total	153	37.1	100.0	
Missing	Don't know	2	.6		
	System	257	62.3		
	Total	260	62.9		
Total	413	100.0			

**How long has it been since you had your last pap smear?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	10	2.5	5.0	5.0
	Less than 1 year ago	78	18.9	38.0	43.0
	1 year but less than 2 years	24	5.8	11.8	54.8
	2 years but less than 3 years	29	7.1	14.3	69.1
	3 years but less than 5 years	14	3.4	6.9	76.0
	5 years ago or more	49	11.9	24.0	100.0
	Total	205	49.7	100.0	
Missing	Don't know	7	1.7		
	Refused	1	.2		
	System	200	48.5		
	Total	208	50.3		
Total	413	100.0			

**Was your last pap smear done as part of a routine checkup, or to check a current or previous problem?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Routine checkup	172	41.7	89.7	89.7
	Check current or previous problem	11	2.5	5.5	95.2
	Other	9	2.2	4.8	100.0
	Total	192	46.4	100.0	
Missing	Don't know	3	.8		
	System	218	52.8		
	Total	221	53.6		
Total		413	100.0		

**During your last pregnancy, did you receive any type of formalized prenatal care?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	149	36.1	80.5	80.5
	No	36	8.8	19.5	100.0
	Total	185	44.9	100.0	
Missing	Never been pregnant	22	5.3		
	Don't know	5	1.3		
	System	200	48.5		
	Total	228	55.1		
Total		413	100.0		

**During your last pregnancy, did you receive any type of formalized prenatal care? Why not?**

- No desire (2)
  - Did not want to go through it.
  - I didn't ask for it.
- I did not need it
- I was not offered formalized prenatal care (2)
- Did not need formalized prenatal care because she had previous pregnancies (4)
  - Didn't need it because she had kids previously
  - I already had two other children.
  - second child
  - you received prenatal info during 1st pregnancy
- Physician was the prenatal care received (4)
  - Just saw her regular doctor.
  - Just went to the doctor.
  - never offered by doctor
  - went to family doctor, went to doctor three times before delivering
- Reason for no formalized prenatal care is related to the age of the respondent or length of time since last delivery (42)
  - 8 or 10 kids and her mother had 11 kids and always had self-knowledge.
  - Age (4)
    - I am 60 years old.
    - I'm too old.

- It was too long ago, I'm 92 years old.
- Too long ago (7)
- Did not exist back then (30)
  - That was 1967 and we didn't do that.
  - Was a long time ago, they had nothing.
  - Didn't have prenatal care , 45 years ago
  - Age of oldest child is 56
  - Because her oldest child is 48
  - Been 38 years since she had her last child.
  - Didn't need to it was a long time ago
  - It was a long time ago and they didn't do it then.
  - It was over 50 years ago and they didn't do that.
  - It was years ago, about 50 or 60 years and back then they didn't do as much.
  - It's been a long time.
  - Just didn't do that back then
  - My last pregnancy, my child is now 45 years old.
  - Over 60 years ago'
  - She's old no access
  - That was so many years ago I don't remember having it
  - Was 40 years ago and they did not have much prenatal resources

**During your last pregnancy did you: Smoke cigarettes**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	151	36.5	79.0	79.0
	Selected	40	9.7	21.0	100.0
	Total	191	46.2	100.0	
Missing	System	222	53.8		
Total		413	100.0		

**During your last pregnancy did you: Drink alcoholic beverages**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	187	45.2	97.8	97.8
	Selected	4	1.0	2.2	100.0
	Total	191	46.2	100.0	
Missing	System	222	53.8		
Total		413	100.0		

**During your last pregnancy did you: Use any street drugs**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	191	46.2	100.0	100.0
Missing	System	222	53.8		
Total		413	100.0		

**During your last pregnancy did you: None**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	45	10.9	23.5	23.5
	Selected	146	35.4	76.5	100.0
	Total	191	46.2	100.0	
Missing	System	222	53.8		
Total		413	100.0		

**Never been pregnant**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	191	46.2	100.0	100.0
Missing	System	222	53.8		
Total		413	100.0		

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	187	45.4	98.3	98.3
	Selected	3	.8	1.7	100.0
	Total	191	46.2	100.0	
Missing	System	222	53.8		
Total		413	100.0		

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	191	46.1	99.8	99.8
	Selected	0	.1	.2	100.0
	Total	191	46.2	100.0	
Missing	System	222	53.8		
Total		413	100.0		

**Have you ever had the HPV vaccination?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	3	.7	1.4	1.4
	No	194	46.9	98.6	100.0
	Total	197	47.6	100.0	
Missing	Don't know	16	3.9		
	System	200	48.5		
	Total	216	52.4		
Total		413	100.0		

**Have you ever received a DEXA scan to test for bone density?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	106	25.6	26.3	26.3
	No	296	71.8	73.7	100.0
	Total	402	97.3	100.0	
Missing	Don't know	11	2.7		
Total		413	100.0		

**How long has it been since you had your last blood stool test using a home kit?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	272	65.8	69.2	69.2
	Less than 1 year ago	34	8.2	8.7	77.9
	1 year but less than 2 years	12	3.0	3.1	81.0
	2 years but less than 3 years	14	3.3	3.5	84.5
	3 years but less than 5 years	13	3.2	3.4	87.9
	5 years ago or more	48	11.5	12.1	100.0
	Total	393	95.1	100.0	
Missing	Don't know	20	4.9		
Total		413	100.0		

**How long has it been since you had your last sigmoidoscopy or colonoscopy?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	241	58.4	59.7	59.7
	Less than 1 year ago	33	8.1	8.3	67.9
	1 year but less than 2 years	22	5.4	5.5	73.4
	2 years but less than 3 years	16	3.8	3.9	77.4
	3 years but less than 5 years	30	7.3	7.5	84.8
	5 years ago or more	61	14.8	15.2	100.0
	Total	404	97.8	100.0	
Missing	Don't know	9	2.2		
Total		413	100.0		

**How many children live in your household who are under 18 years of age?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	None	237	57.3	57.3	57.3
	1	68	16.6	16.6	73.9
	2	46	11.0	11.0	84.9
	3	44	10.7	10.7	95.6
	4	6	1.4	1.4	96.9
	5	8	1.9	1.9	98.9
	6	2	.6	.6	99.4
	7	2	.6	.6	100.0
	Total	413	100.0	100.0	



**Is this child/children up to date on their immunizations?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	157	38.0	89.1	89.1
	No	6	1.4	3.3	92.4
	Some are/some are not	13	3.2	7.6	100.0
	Total	176	42.7	100.0	
Missing	System	237	57.3		
Total		413	100.0		

**Why have you not immunized your child (children)?**

- Basic philosophy
- Because she is not always able to make it to the health department.
- Didn't feel the need to
- Don't trust immunizations
- Due to a medical condition

**Where did you go the last time you or someone in your household took your child/children to be immunized?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Private doctor	128	31.1	73.8	73.8
	Immunization/hospital/public clinic	21	5.1	12.0	85.8
	Health department	24	5.7	13.5	99.4
	Health fair	1	.3	.6	100.0
	Total	174	42.1	100.0	
Missing	Don't know	2	.6		
	System	237	57.3		
Total		239	57.9		
Total		413	100.0		

**Has your child/children ever been diagnosed with a mental health disorder, including anxiety disorders, ADHD, mood disorders, behavior issues, or schizophrenia?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	19	4.5	10.6	10.6
	No	158	38.2	89.4	100.0
	Total	176	42.7	100.0	
Missing	System	237	57.3		
Total		413	100.0		

**Where if anywhere, is your child receiving treatment for this mental health disorder?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Primary care physician	18	4.3	100.0	100.0
Missing	Don't know	1	.2		
	System	394	95.5		
Total		395	95.7		
Total		413	100.0		

**During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	124	30.1	30.3	30.3
	No	285	69.1	69.7	100.0
	Total	410	99.2	100.0	
Missing	Don't know	3	.8		
Total		413	100.0		

**Have you ever had a pneumonia vaccination?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	108	26.2	27.8	27.8
	No	281	68.0	72.2	100.0
	Total	389	94.1	100.0	
Missing	Don't know	24	5.9		
Total		413	100.0		

**Have you had a tetanus booster shot in the past 10 years?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	286	69.3	71.9	71.9
	No	112	27.1	28.1	100.0
	Total	398	96.4	100.0	
Missing	Don't know	15	3.6		
Total		413	100.0		

**During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	25	6.1	6.1	6.1
	No	387	93.7	93.9	100.0
	Total	412	99.8	100.0	
Missing	Don't know	1	.2		
Total		413	100.0		

**During the past 12 months, did you ever seriously consider attempting suicide?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	10	2.5	2.5	2.5
	No	402	97.4	97.5	100.0
	Total	413	99.9	100.0	
Missing	Don't know	0	.1		
Total		413	100.0		

**If you felt depressed or suicidal, would you know where to go or who to talk to?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	326	79.0	80.3	80.3
	No	80	19.4	19.7	100.0
	Total	406	98.4	100.0	
Missing	Don't know	6	1.5		
	Refused	1	.1		
	Total	7	1.6		
Total		413	100.0		

**THE NEXT FEW QUESTIONS ARE ABOUT SEXUALLY TRANSMITTED DISEASES.  
PLEASE REMEMBER THAT YOUR ANSWERS ARE STRICTLY CONFIDENT**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	3	.8	63.7	63.7
	2	2	.4	29.8	93.5
	3	0	.1	6.5	100.0
	Total	5	1.3	100.0	
Missing	System	408	98.7		
Total		413	100.0		

**During the past 12 months, with how many people have you had sexual intercourse?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	None	108	26.0	27.8	27.8
	1	260	62.8	67.2	95.0
	2	8	1.9	2.1	97.1
	5	11	2.7	2.9	100.0
	Total	386	93.5	100.0	
Missing	Refused	27	6.5		
Total		413	100.0		

**Was a condom used the last time you had sexual intercourse?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	43	10.3	15.3	15.3
	No	236	57.2	84.6	99.9
	N/A	0	.1	.1	100.0
	Total	279	67.6	100.0	
Missing	Refused	26	6.3		
	System	108	26.0		
	Total	134	32.4		
Total		413	100.0		

**FINALLY, WE WOULD LIKE TO ASK YOU ABOUT A FEW ISSUES WHICH AFFECT YOU AND YOUR COMMUNITY. OVERALL, WHAT IS THE MOST IMPO**

- Drugs (108)
- Don't Know (76)
- Cancer (34)
- Obesity (17)
- Aging Population (9)
- Not enough rural healthcare providers (7)
- No visible problem in community (7)
- High Cost of Healthcare Services (7)
- Communicable Disease (Cold and flu) (6)
- Heart disease (5)
- Affordable Health Care/Insurance (5)
- Lack of Health Literacy (5)
- Poverty (4)
- Excessive Alcohol (3)
- Pediatric Care (ear problems, vaccinations, lack of dental or vision care) (3)
- Environmental (Allergies, pollution, pollen & dirt) (3)
- Alzheimer's (3)
- Lack of Exercise/Physical Inactivity (3)
- STD's and Teen Pregnancy (2)
- Lack of Mental Health Services (2)
- Diet (2)
- Quality of Care (2)
- Hunger (1)
- Employment (1)
- Diabetes (1)
- Abortion Education (1)
- Lack of Education (1)
- Lack of resources to go to doctor (1)
- Homelessness (1)
- Unemployment (1)
- Lack of Specialists (1)
- Gun Violence (1)
- Lack of Urgent Care Center (1)

**Do you feel any of these are a problem in your neighborhood: Teen pregnancy**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	341	82.6	82.6	82.6
	Selected	72	17.4	17.4	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Drug sales and/or use**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	207	50.2	50.2	50.2
	Selected	206	49.8	49.8	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Crime, excluding drug sales and/or use**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	317	76.8	76.8	76.8
	Selected	96	23.2	23.2	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Guns or firearms**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	378	91.4	91.4	91.4
	Selected	35	8.6	8.6	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Homelessness**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	367	88.9	88.9	88.9
	Selected	46	11.1	11.1	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Domestic violence**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	343	83.1	83.1	83.1
	Selected	70	16.9	16.9	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Child abuse**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	359	86.9	86.9	86.9
	Selected	54	13.1	13.1	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Hunger**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	356	86.2	86.2	86.2
	Selected	57	13.8	13.8	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Unemployment**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	313	75.9	75.9	75.9
	Selected	100	24.1	24.1	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Poverty**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	339	82.0	82.0	82.0
	Selected	74	18.0	18.0	100.0
	Total	413	100.0	100.0	

**Do you feel any of these are a problem in your neighborhood: Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	401	97.1	97.1	97.1
	Selected	12	2.9	2.9	100.0
	Total	413	100.0	100.0	

**None**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	263	63.8	63.8	63.8
	Selected	150	36.2	36.2	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	400	96.7	96.7	96.7
	Selected	13	3.3	3.3	100.0
	Total	413	100.0	100.0	

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	413	100.0	100.0	100.0

**Have you had a problem finding: Adequate transportation**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	401	97.1	97.1	97.1
	Selected	12	2.9	2.9	100.0
	Total	413	100.0	100.0	

**Have you had a problem finding: Safe and adequate housing**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	404	97.8	97.8	97.8
	Selected	9	2.2	2.2	100.0
	Total	413	100.0	100.0	

**Have you had a problem finding: Employment/services**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	399	96.6	96.6	96.6
	Selected	14	3.4	3.4	100.0
	Total	413	100.0	100.0	

**Have you had a problem finding: None**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	23	5.5	5.5	5.5
	Selected	390	94.5	94.5	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	408	98.9	98.9	98.9
	Selected	5	1.1	1.1	100.0
	Total	413	100.0	100.0	

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	413	100.0	100.0	100.0

**Clean and sanitary restaurants**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Big problem	2	.5	.5	.5
	Moderate problems	65	15.6	16.7	17.3
	No problem at all	319	77.2	82.7	100.0
	Total	385	93.3	100.0	
Missing	Don't know	28	6.7		
Total		413	100.0		

**Buildings with lead paint**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Big problem	3	.8	1.4	1.4
	Moderate problems	61	14.8	25.5	26.9
	No problem at all	174	42.3	73.1	100.0
	Total	239	57.8	100.0	
Missing	Don't know	174	42.2		
Total		413	100.0		

**Radon gas in residential buildings**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Big problem	10	2.5	4.4	4.4
	Moderate problems	18	4.4	7.9	12.2
	No problem at all	204	49.4	87.8	100.0
	Total	233	56.3	100.0	
Missing	Don't know	180	43.7		
Total		413	100.0		

**Household sewer or septic system backup**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Big problem	7	1.8	2.3	2.3
	Moderate problems	57	13.8	17.3	19.5
	No problem at all	265	64.3	80.5	100.0
	Total	330	79.9	100.0	
Missing	Don't know	83	20.1		
Total		413	100.0		

**Trash**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Big problem	15	3.5	3.7	3.7
	Moderate problems	96	23.2	24.0	27.6
	No problem at all	289	70.0	72.4	100.0
	Total	400	96.8	100.0	
Missing	Don't know	13	3.2		
Total		413	100.0		



**Zip code**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	45040	1	.3	.3	.3
	45222	1	.1	.1	.4
	45303	23	5.7	5.7	6.1
	45304	46	11.1	11.2	17.3
	45308	18	4.4	4.4	21.7
	45328	1	.3	.3	22.0
	45331	138	33.3	33.6	55.6
	45332	3	.7	.7	56.3
	45337	1	.3	.3	56.6
	45346	34	8.3	8.4	65.0
	45347	1	.1	.1	65.1
	45348	3	.7	.7	65.8
	45350	3	.8	.8	66.6
	45351	11	2.7	2.7	69.4
	45352	1	.2	.2	69.6
	45358	1	.3	.3	69.9
	45362	8	2.0	2.0	71.9
	45380	52	12.7	12.8	84.7
	45388	19	4.5	4.5	89.2
	45390	36	8.8	8.9	98.1
45846	4	1.1	1.1	99.2	
45863	3	.8	.8	100.0	
	Total	410	99.3	100.0	
Missing	Don't know	2	.5		
	Refused	1	.2		
	Total	3	.7		
Total		413	100.0		

**Is the respondent male or female? 1. Male 2. Female**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	200	48.5	48.5	48.5
	Female	213	51.5	51.5	100.0
	Total	413	100.0	100.0	

**Age Cohort**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	18-34 years of age	100	24.2	24.2	24.2
	35-44 years of age	66	15.9	15.9	40.1
	45-54 years of age	80	19.4	19.4	59.5
	55-64 years of age	72	17.4	17.4	76.9
	64 years of age or older	95	23.1	23.1	100.0
	Total	413	100.0	100.0	

**Race or ethnicity: White**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	10	2.5	2.5	2.5
	Selected	403	97.5	97.5	100.0
	Total	413	100.0	100.0	

**Race or ethnicity: African American**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	413	100.0	100.0	100.0

**Race or ethnicity: Asian, Pacific Islander**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	412	99.9	99.9	99.9
	Selected	1	.1	.1	100.0
	Total	413	100.0	100.0	

**Race or ethnicity: Hispanic/Latino**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	412	99.7	99.7	99.7
	Selected	1	.3	.3	100.0
	Total	413	100.0	100.0	

**Race or ethnicity: American Indian/Alaska Native**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	411	99.5	99.5	99.5
	Selected	2	.5	.5	100.0
	Total	413	100.0	100.0	

**Race or ethnicity: Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	410	99.3	99.3	99.3
	Selected	3	.7	.7	100.0
	Total	413	100.0	100.0	

**Don't know**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	411	99.5	99.5	99.5
	Selected	2	.5	.5	100.0
	Total	413	100.0	100.0	

**Refused**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	409	99.0	99.0	99.0
	Selected	4	1.0	1.0	100.0
	Total	413	100.0	100.0	

**Marital status**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Married	284	68.7	69.4	69.4
	Divorced	22	5.4	5.4	74.8
	Widowed	34	8.2	8.3	83.1
	Separated	1	.3	.3	83.4
	Never been married	58	14.1	14.2	97.6
	A member of an unmarried couple	10	2.4	2.4	100.0
	Total	409	99.0	100.0	
Missing	Refused	4	1.0		
Total		413	100.0		

**What is the highest grade or year of school you completed?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Grades 1 through 8 (Elementary)	2	.5	.5	.5
	Grades 9 through 11 (Some high school)	14	3.3	3.3	3.9
	Grade 12 or GED (High school graduate)	180	43.6	44.0	47.9
	College 1 to 3 years (Some college or technical school)	125	30.3	30.6	78.5
	College 4 years or more (college graduate)	88	21.3	21.5	100.0
Total		409	99.1	100.0	
Missing	Refused	4	.9		
Total		413	100.0		

**Employment status:**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Employed for wages	217	52.6	53.0	53.0
	Self employed	29	7.0	7.1	60.1
	Out of work for 1 year or longer	7	1.8	1.8	61.9
	Out of work for less than 1 year	12	2.8	2.8	64.7
	A homemaker	23	5.5	5.5	70.2
	Active military	1	.2	.2	70.4
	A student	8	2.0	2.0	72.5
	Retired	100	24.2	24.4	96.8
	Unable to work	12	2.8	2.8	99.7
	Something else	1	.3	.3	100.0
	Total	410	99.2	100.0	
Missing	Refused	3	.8		
Total		413	100.0		

**Are any members of your household disabled?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	63	15.3	15.3	15.3
	No	350	84.6	84.7	100.0
	Total	413	99.9	100.0	
Missing	Don't know	0	.1		
Total		413	100.0		

**Total annual household income:**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Less than \$10000	16	3.8	5.0	5.0
	\$10,000 TO \$14,999	6	1.6	2.1	7.1
	\$15,000 TO \$19,999	19	4.6	6.0	13.1
	\$20,000 TO \$24,999	19	4.6	6.1	19.2
	\$25,000 TO \$34,999	38	9.1	11.9	31.1
	\$35,000 TO \$49,999	57	13.7	18.0	49.1
	\$50,000 TO \$74,999	60	14.5	19.1	68.2
	OVER \$75,000	100	24.1	31.8	100.0
	Total	314	76.0	100.0	
Missing	Don't know	43	10.3		
	Refused	56	13.6		
	Total	99	24.0		
Total		413	100.0		

**How many members of your household including yourself are 18 years of age or older?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	75	18.2	18.5	18.5
	2	258	62.5	63.4	81.9
	3	54	13.1	13.3	95.2
	4	19	4.5	4.6	99.7
	5	1	.3	.3	100.0
	Total	407	98.6	100.0	
Missing	Don't know	2	.5		
	Refused	4	.9		
	Total	6	1.4		
Total		413	100.0		

**Weight Status**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Underweight	3	.6	.7	.7
	Normal or Healthy Weight	120	29.1	31.0	31.7
	Overweight	140	33.9	36.1	67.8
	Obese	125	30.3	32.2	100.0
	Total	388	93.8	100.0	
Missing	System	25	6.2		
Total		413	100.0		

**During the past 30 days, did you provide regular care or assistance to a friend or family member who has a health problem or disability?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	98	23.8	23.9	23.9
	No	313	75.8	76.1	100.0
	Total	411	99.6	100.0	
Missing	Don't know	1	.1		
	Refused	1	.3		
	Total	2	.4		
Total		413	100.0		

**For how long have you provided care for that person?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Less than 30 days	24	5.9	25.0	25.0
	1 month but less than 6 months	2	.5	1.9	27.0
	6 months, but less than 2 years ago	12	2.9	12.2	39.2
	2 years, but less than 5 years ago	13	3.1	13.4	52.5
	5 or more years ago	46	11.1	47.5	100.0
	Total	97	23.4	100.0	
Missing	Don't know	1	.3		
	System	315	76.2		
	Total	316	76.6		
Total		413	100.0		

**How often do you get the social and emotional support you need?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Always	239	57.9	60.7	60.7
	Usually	89	21.5	22.5	83.1
	Sometimes	20	4.8	5.0	88.2
	Rarely	16	3.8	3.9	92.1
	never	31	7.5	7.9	100.0
	Total	395	95.5	100.0	
Missing	Don't know	10	2.4		
	Refused	9	2.1		
	Total	18	4.5		
Total		413	100.0		

**Do you know anyone who uses illegal drugs or prescription drugs that are not theirs?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	55	13.3	13.9	13.9
	No	340	82.4	86.1	100.0
	Total	395	95.7	100.0	
Missing	Don't know	14	3.4		
	Refused	4	.9		
	Total	18	4.3		
Total		413	100.0		

**In your opinion, how big of a problem are drugs in your neighborhood?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Major problem	86	20.8	22.4	22.4
	Moderate problem	77	18.7	20.1	42.5
	Minor problem	87	21.0	22.6	65.1
	Not a problem	134	32.5	34.9	100.0
	Total	384	93.1	100.0	
Missing	Don't know	27	6.6		
	Refused	2	.4		
	Total	29	6.9		
Total		413	100.0		

**THOSE ARE ALL OF THE QUESTIONS I HAVE FOR YOU TODAY I REALLY APPRECIATE YOU TAKING THE TIME TO TALK WITH ME. DO YOU HAVE ANY ADDITIONAL COMMENTS OR QUESTIONS?**

- A way for transportation to get around without driving maybe a taxi cab or something
- America has changed so much for the worst since she's been here. But it's the only county she would like to live in.
- Are they using these questions to apply for some kind of funds?
- Darke County does have enough doctors.
- Darke County needs a better mental health institution and a better drug addiction clinic
- Do not have enough doctors, they are retiring and no replacements are being done. Get the drugs out of Darke County
- Everything is good to go.
- Felt that survey was important
- Good luck, honey.
- Has a malignant melanoma. She died and came back to life 4 times.
- He said the only comment he had was about the good job i did and to keep it up.
- I hope you don't get hung up on!
- I really happy i could help since i saw it in the paper.
- I think this is a wonderful thing you are doing.
- I wish they would do something for us senior citizens. We can't afford much of anything.
- It was an awful long survey.

- Just wanted to know when the information comes out
- Medical costs is getting too high.
- Mentioned the heroin problem is major and he doesn't think they should give the shot that brings people back from overdose multiple times due to the cost to the taxpayer.
- Monica, you are very good at what you are doing. Good luck!
- My husband has had c-diff for three months and his employer required him to come in. The company makes baby products and we are concerned with the c-diff possibly being an issue.
- When i saw the article, she knew the health assessment was being done. She was also on the administrative end of the hospital. Good luck on collecting the data.
- Satisfied with Darke County
- Sewage system out in the country need major attention
- She has shingles shots.
- Stiffen up the laws and get the drugs off the streets!
- Stop using fertilizers in our foods and grow everything fresh, people will be healthier. Guns are not the problem people using the guns are.
- Thank you very much for making me remember things. I need a shake up every now and then.
- The retiree said there should be more economical exercise places that are affordable for the elderly, such as the YMCA. She cannot afford to pay the fee each month.
- Wanted more information on transportation
- Wants to emphasize how large of a problem drugs are in Darke County
- We should look more into those who receive social security benefits to ensure the correct people receive those benefits and do not abuse them.
- Why did the survey have such dumb questions??? Really!!!
- Why is this survey being done? [answered]
- Woman said i was very polite. I thanked her and said i try to be.

## Appendix E: Passive Consent Form for Middle and High School Surveys



MONTH #, 2015

Dear Parent or Guardian,

The Darke County Health Department, Wayne HealthCare, and The Center for Urban and Public Affairs (CUPA) at Wright State University are conducting a research study to examine the health practices of students in grades 7-12 in Darke County. The survey of high school students will take about 20-25 minutes to complete, and will allow us to get a better understanding of the health needs of youth living in the County.

Your child's participation in this research study is voluntary, but may be helpful in order to get a valid and reliable sample of all Darke County youth. All surveys will remain completely anonymous (your child will not be asked to provide their name on the survey) and will be collected by Wright State University researchers. Furthermore, all students are free to terminate their participation in the research at anytime without prejudice. There are no known risks associated with this research, and while there are no direct benefits to individual students, data collected with help present a clearer picture of health needs in Darke County.

This letter serves as a passive consent form, meaning that if you would like your child to participate in this research study, no further action is required from you. If you do not want your child to participate, please sign this form and have your child return it to the teacher who distributed the form to them. Any student presenting a signed form will not be asked to participate in the survey. Additionally, all students will be asked to sign a form assenting or declining to participate in this study. Again, students are free to decline participation without prejudice.

If you have any questions about this project, or would like to receive the results of the study upon completion (approximately November 2015), please contact \_\_\_\_ at (###) ###-####. For your convenience, a copy of the survey instrument has been provided to the school and is available to you upon request. Thank you for your assistance in this important research project.

Sincerely,

-----

I, (\_\_\_\_\_) do not want my child (\_\_\_\_\_) to participate in the Darke County  
Parent/Guardian Name Student Name

Youth Survey.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Return to your child's teacher only if you do not want your child to participate in this study.



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## Appendix F: High School Survey Instrument

1. How old are you:

- 12 years old or younger
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old or older

2. What is your sex?

- Male
- Female

3. In what grade are you?

- 9<sup>th</sup> grade
- 10<sup>th</sup> grade
- 11<sup>th</sup> grade
- 12<sup>th</sup> grade

4. What is your race/ethnicity? (*Select all that apply*)

- American Indian / Alaskan Native
- Asian
- Black / African-American
- Hispanic / Latino
- Native Hawaiian or Other Pacific Islander
- White / Caucasian
- Other (*Please specify*) \_\_\_\_\_

5. How tall are you without shoes on?

Feet: \_\_\_\_\_

Inches: \_\_\_\_\_

6. How much do you weigh without shoes on?

Weight: \_\_\_\_\_

---

**The next four questions ask about safety.**

7. When you rode a bicycle, rollerblades, skateboard or four-wheeler (ATV) during the past 12 months, how often did you wear a helmet?

- I did not ride a bicycle, rollerblades, skateboard or four wheeler
- Never wore a helmet
- Rarely wore a helmet
- Sometimes wore a helmet
- Most of the time wore a helmet
- Always wore a helmet

8. How often do you wear a seatbelt when driving or riding in a car?

- Never
- Rarely
- Sometimes
- Most of the time
- Always

9. How often per week do you use your cell phone while driving?

- I do not have my driver's license
- Never
- Once or twice a week
- 3-5 times a week
- 6-10 times a week
- More than 10 times a week

10. How often per week do you text while driving?

- I do not have my driver's license
- Never
- Once or twice a week
- 3-5 times a week
- 6-10 times a week
- More than 10 times a week

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who has been drinking alcohol?

- 0 times
- 1 time
- 2-3 times
- 4-5 times
- 6 or more times

12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

- 0 times
- 1 time
- 2-3 times
- 4-5 times
- 6 or more times

---

**The next questions ask about violence-related behaviors.**

13. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

- 0 days
- 1 day
- 2-3 days
- 4-5 days
- 6 or more days

**The next 3 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.**

14. During the past 12 months, have you ever been bullied?

- Yes
- No

15. Do you use any social networking sites, like Facebook, MySpace or Twitter?

- Yes
- No

16. How many times in the past 6 months have you been the victim of cyber-bullying (bullying through text message, Facebook, MySpace, or other websites)?

- Never
- Once
- 2-3 times
- 4-6 times
- 7-10 times
- More than 10 times

17. During the past 12 months, how many times were you in a physical fight?

- 0 times
- 1 times
- 2-3 times
- 4-5 times
- 6-7 times
- 8-9 times
- 10-11 times
- 12 or more times

18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

- 0 times
- 1 time
- 2-3 times
- 4-5 times
- 6 or more times

---

19. During the past 12 months, did your boyfriend or girlfriend ever hit, slap or physically hurt you on purpose?

- Yes
- No

20. Have you ever been physically forced to have sexual intercourse when you did not want to?

- Yes
- No

**The next questions will ask about tobacco use.**

21. Have you ever tried cigarette smoking, even one or two puffs?

- Yes
- No

22. Does anyone in your household smoke cigarettes?

- Yes
- No

23. How old were you when you smoked a whole cigarette for the first time?

- I have never smoked a whole cigarette
- 8 years old or younger
- 9-10 years old
- 11-12 years old
- 13-14 years old
- 15-16 years old
- 17 years of age or older

24. During the past 30 days, on how many days did you smoke cigarettes?

- 0 days
- 1-2 days
- 3-5 days
- 6-9 days
- 10-19 days
- 20-29 days
- All 30 days

25. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- I did not smoke cigarettes during the past 30 days
- Less than 1 cigarette per day
- 1 cigarette per day
- 2-5 cigarettes per day
- 6-10 cigarettes per day
- 11-20 cigarettes per day
- More than 20 cigarettes per day

- 
26. During the past 30 days, how did you usually get your own cigarettes? (*Select only one response*)
- I did not smoke cigarettes during the past 30 days
  - I bought them in a store, such as a convenience store, supermarket, discount store or gas station
  - I bought them from a vending machine
  - I gave someone else money to buy them for me
  - I borrowed (or bummed) them from someone else
  - My parents bought them for me
  - Another person 18 years old or older gave them to me
  - I took them from a store or family member
  - I got them some other way (*Please specify* \_\_\_\_\_)
27. Have you smoked cigarettes daily, that is, at least one cigarette every day for 30 days?
- Yes
  - No
28. During the past 12 months, did you ever try to quit smoking cigarettes?
- I did not smoke during the past 12 months
  - Yes
  - No
29. During the past 30 days, on how many days did you use chewing tobacco, snuff or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
- 0 days
  - 1-2 days
  - 3-5 days
  - 6-9 days
  - 10-19 days
  - 20-29 days
  - All 30 days
30. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
- 0 days
  - 1-2 days
  - 3-5 days
  - 6-9 days
  - 10-19 days
  - 20-29 days
  - All 30 days

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**The next 10 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.**

31. During your life, on how many days have you had at least one drink of alcohol?

- 0 days
- 1-2 days
- 3-9 days
- 10-19 days
- 20-39 days
- 40-99 days
- 100 or more days

32. How old were you when you had your first drink of alcohol other than a few sips?

- I have never had a drink of alcohol other than a few sips
- 8 years old or younger
- 9-10 years old
- 11-12 years old
- 13-14 years old
- 15-16 years old
- 17 years old or older

33. During the past 30 days, on how many days did you have at least one drink of alcohol?

- 0 days
- 1-2 days
- 3-5 days
- 6-9 days
- 10-19 days
- 20-29 days
- All 30 days

34. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

- 0 days
- 1-2 days
- 3-5 days
- 6-9 days
- 10-19 days
- 20-29 days
- All 30 days

- 
35. During the past 30 days, how did you usually get the alcohol you drank?
- I did not drink alcohol during the past 30 days
  - I bought it in a store, such as a liquor store, convenience store, supermarket, discount store, or gas station
  - I bought it at a restaurant, bar or club
  - I bought it at a public event, such as a concert or sporting event
  - I gave someone else money to buy it for me
  - A parent bought it for me
  - Someone gave it to me
  - I took it from a store or family member
  - I got it some other way (*Please specify* \_\_\_\_\_)

**The next questions ask about drug use.**

36. Has anyone ever tried to sell or give you an illegal drug?
- Yes
  - No
37. During your life, how many times have you used marijuana? (Also called grass or pot)
- 0 times
  - 1-2 times
  - 3-9 times
  - 10-19 times
  - 20-39 times
  - 40-99 times
  - 100 or more times
38. How old were you when you tried marijuana for the first time?
- I have never tried marijuana
  - 8 years old or younger
  - 9-10 years old
  - 11-12 years old
  - 13-14 years old
  - 15-16 years old
  - 17 years of age or older
39. During the past 30 days, how many times did you use marijuana?
- 0 times
  - 1-2 times
  - 3-9 times
  - 10-19 times
  - 20-39 times
  - 40 or more times

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40. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times

41. During the past 30 days, how many times did you use any form of cocaine, including powder, crack or free base?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times

42. During your life, how many times have you sniffed glue, breathed the content of aerosol spray cans, or inhaled any paints or sprays to get high?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times

43. During your life, how many times have you used heroin (also called smack, junk, or China White)?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times

44. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times



45. During your life, how many times have you used ecstasy (also called MDMA)?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times

46. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times

47. During your life, how many times have you used a needle to inject any illegal drug into your body?

- 0 times
- 1 time
- 2 or more times

48. During your life, how many times have you taken prescription drugs that were not prescribed to you in order to get high?

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 or more times

49. How did you get the prescription pills that you took in order to get high?

- I have never used prescription pills in order to get high
- I took them from my medicine cabinet without my parent's knowledge
- My parents gave them to me
- A friend gave them to me
- I stole them from a store, such as a pharmacy, convenient store, or grocery store
- I got it some other way (*Please specify* \_\_\_\_\_)

**The next questions will ask about perceptions of drug and alcohol use.**

50. How much do you think people risk harming themselves (physically or in other ways) if they smoke cigarettes?

- No risk
- Slight risk
- Moderate risk
- Great risk

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51. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana?

- No risk
- Slight risk
- Moderate risk
- Great risk

52. How much do you think people risk harming themselves (physically or in other ways) if they drink alcohol? (Like beer, wine, or hard liquors such as vodka, whiskey, or gin)

- No risk
- Slight risk
- Moderate risk
- Great risk

53. How do you think your parents or guardians would feel about you smoking cigarettes?

- Would approve
- Would not care
- Disapprove some
- Strongly disapprove

54. How do you think your parents or guardians would feel about you smoking marijuana?

- Would approve
- Would not care
- Disapprove some
- Strongly disapprove

55. How do you think your parents or guardians would feel about you drink alcohol? (Like beer, wine, or hard liquors such as vodka, whiskey, or gin)

- Would approve
- Would not care
- Disapprove some
- Strongly disapprove

**The next questions will ask about sexual behavior.**

56. Do you plan to abstain from sexual activity until marriage?

- Yes
- No

57. Have you ever sent or received sexually explicit pictures or video on your cell phone of yourself or another person (also known as sexting)?

- Yes
- No

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**The next questions will ask about body weight.**

58. How do you describe your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

59. Which of the following are you trying to do about your weight?

- Lose weight
- Gain weight
- Stay the same weight
- I am not trying to do anything about my weight

60. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

- Yes
- No

61. During the past 30 days, did you eat less food, fewer calories, fewer carbs, or foods low in fat to lose weight or to keep from gaining weight?

- Yes
- No

62. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

- Yes
- No

63. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

- Yes
- No

64. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

- Yes
- No

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**The next questions will ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.**

65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks)

- I did not drink 100% fruit juice during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice)

- I did not eat fruit during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

67. During the past 7 days, how many times did you eat vegetables? (Such as salads, carrots, or other vegetables)

- I did not eat vegetables during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

- I did not eat potatoes during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

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69. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

- I did not drink soda or pop during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

70. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

- I did not drink milk during the past 7 days
- 1-3 glasses during the past 7 days
- 4-6 glasses during the past 7 days
- 1 glass per day
- 2 glasses per day
- 3 glasses per day
- 4 or more glasses per day

71. During the past 7 days, how many times did you drink an energy drink, such as Red Bull, Monster, or Five Hour Energy?

- I did not drink an energy drink during the past 7 days
- 1-3 glasses during the past 7 days
- 4-6 glasses during the past 7 days
- 1 glass per day
- 2 glasses per day
- 3 glasses per day
- 4 or more glasses per day

**The next questions will ask about physical activity.**

72. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

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73. On an average school day, how many hours do you watch TV?

- I do not watch TV on an average school day
- Less than 1 hour per day
- 1 hour per day
- 2 hours per day
- 3 hours per day
- 4 hours per day
- 5 or more hours per day

74. On an average school day, how many hours do you play video or computers games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet)

- I do not play video or computer games or use a computer for something that is not school work
- Less than 1 hour per day
- 1 hour per day
- 2 hours per day
- 3 hours per day
- 4 hours per day
- 5 or more hours per day

75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

76. During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups)

- 0 teams
- 1 team
- 2 teams
- 3 or more teams

**The next questions will ask about mental health.**

77. During the past 12 months, have you ever had a hard time concentrating on completing a task?

- Yes
- No

78. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

- Yes
- No

79. During the past 12 months, did you ever seriously consider attempting suicide?

- Yes
- No

80. During the past 12 months, how many times did you actually attempt suicide?

- 0 times
- 1 time
- 2-3 times
- 4-5 times
- 6 or more times

81. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

- Yes
- No
- Did not attempt suicide during the past 12 months

82. When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? (*Select all that apply*)

- No one
- Best friend
- My girlfriend/boyfriend
- Pastor/priest
- Brother/sister
- Parents
- Youth minister
- Scout master
- Teacher
- School counselor
- Professional counselor
- Other (*Please Specify* \_\_\_\_\_)

83. During your life, how many times have you purposely hurt yourself? (For example, cutting, burning, scratching, hitting, biting, etc.)

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 times or more

**The next questions will ask about other health-related topics.**

84. Have you ever been taught about AIDS or HIV infection in school?

- Yes
- No
- Not sure

85. Has a doctor or nurse ever told you that you have asthma?

- Yes
- No
- Not sure

86. Do you still have asthma?

- I have never had asthma
- Yes
- No
- Not sure

87. How long has it been since you last visited the dentist for any reason?

- Never
- Less than 1 year ago
- 1 year, but less than 2 years ago
- 2 years, but less than 5 years ago
- 5 or more years ago

88. Outside of school, what kinds of things do you do for fun in Darke County? (*Open-ended Question*)



## Appendix G: High School Frequencies

### How old are you:

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	13 years old	5	.6	.6	.6
	14 years old	167	21.6	21.7	22.3
	15 years old	250	32.4	32.4	54.7
	16 years old	242	31.3	31.4	86.1
	17 years old	99	12.8	12.8	99.0
	18 years old or older	8	1.0	1.0	100.0
	Total	771	99.9	100.0	
Missing	Refused	1	.1		
Total		772	100.0		

### What is your sex?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	396	51.3	51.5	51.5
	Female	373	48.3	48.5	100.0
	Total	769	99.6	100.0	
Missing	Refused	3	.4		
Total		772	100.0		

### In what grade are you?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	9th	260	33.7	33.9	33.9
	10th	283	36.7	36.8	70.7
	11th	205	26.6	26.7	97.4
	12th	20	2.6	2.6	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**What is your race/ethnicity? American Indian/ Alaskan Native**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	739	95.7	96.0	96.0
	Selected	31	4.0	4.0	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**What is your race/ethnicity? Asian**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	753	97.5	97.8	97.8
	Selected	17	2.2	2.2	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**What is your race/ethnicity? Black/ African America**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	747	96.8	97.0	97.0
	Selected	23	3.0	3.0	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**What is your race/ethnicity? Hispanic/ Latino**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	753	97.5	97.8	97.8
	Selected	17	2.2	2.2	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**What is your race/ethnicity? Native Hawaiian or Other Pacific Islander**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	766	99.2	99.5	99.5
	Selected	4	.5	.5	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**What is your race/ethnicity? White/Caucasian**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	73	9.5	9.5	9.5
	Selected	697	90.3	90.5	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**What is your race/ethnicity? Other (Specify)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Refused	3	.4	.4	.4
	Not selected	767	99.4	99.4	99.7
	Selected	2	.3	.3	100.0
	Total	772	100.0	100.0	

**When you rode a bicycle, roller blades, skateboard or four-wheeler (ATV) during the past 12 months, how often did you wear a helmet?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not ride a bicycle, roller blades, skateboard or four wheeler	125	16.2	16.3	16.3
	Never wore a helmet	400	51.8	52.3	68.6
	Rarely wore a helmet	109	14.1	14.2	82.9
	Sometimes wore a helmet	54	7.0	7.1	89.9
	Most of the time wore a helmet	33	4.3	4.3	94.2
	Always wore a helmet	44	5.7	5.8	100.0
	Total	765	99.1	100.0	
Missing	Refused	7	.9		
Total		772	100.0		

**How often do you wear a seatbelt when driving or riding in a car?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	21	2.7	2.7	2.7
	Rarely	50	6.5	6.5	9.2
	Sometimes	76	9.8	9.9	19.1
	Most of the time	196	25.4	25.5	44.7
	Always	425	55.1	55.3	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**How often per week do you use your cell phone while driving?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not have my driver's license	453	58.7	59.3	59.3
	Never	233	30.2	30.5	89.8
	Once or twice a week	42	5.4	5.5	95.3
	3-5 times per week	13	1.7	1.7	97.0
	6-10 times per week	6	.8	.8	97.8
	More than 10 times per week	17	2.2	2.2	100.0
	Total	764	99.0	100.0	
Missing	Refused	8	1.0		
Total		772	100.0		

**How often per week do you text while driving?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not have my driver's license	461	59.7	60.3	60.3
	Never	253	32.8	33.1	93.3
	Once or twice a week	23	3.0	3.0	96.3
	3-5 times per week	7	.9	.9	97.3
	6-10 times per week	3	.4	.4	97.6
	More than 10 times per week	18	2.3	2.4	100.0
	Total	765	99.1	100.0	
Missing	Refused	7	.9		
Total		772	100.0		

**During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who has been drinking alcohol?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 Times	698	90.4	90.9	90.9
	1 Time	29	3.8	3.8	94.7
	2-3 Times	20	2.6	2.6	97.3
	4-5 Times	5	.6	.7	97.9
	6 or more times	16	2.1	2.1	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 Times	739	95.7	96.3	96.3
	1 Time	10	1.3	1.3	97.7
	2-3 Times	7	.9	.9	98.6
	4-5 Times	4	.5	.5	99.1
	6 or more times	7	.9	.9	100.0
	Total	767	99.4	100.0	
Missing	Refused	5	.6		
Total		772	100.0		

**During the past 30 days, how many days did you carry a weapon such as a gun, knife, or club?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	622	80.6	81.2	81.2
	1 day	32	4.1	4.2	85.4
	2-3 days	22	2.8	2.9	88.3
	4-5 days	13	1.7	1.7	89.9
	6 or more days	77	10.0	10.1	100.0
	Total	766	99.2	100.0	
Missing	Refused	6	.8		
Total		772	100.0		

**During the past 12 months, have you ever been bullied?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	267	34.6	34.9	34.9
	No	498	64.5	65.1	100.0
	Total	765	99.1	100.0	
Missing	Refused	7	.9		
Total		772	100.0		

**Do you use any social networking sites, like Facebook, MySpace, or Twitter?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	673	87.2	88.0	88.0
	No	92	11.9	12.0	100.0
	Total	765	99.1	100.0	
Missing	Refused	7	.9		
Total		772	100.0		

**How many times in the past 6 months have you been the victim of cyber-bullying (bullying through text message, Facebook, MySpace, or other websites)?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	605	78.4	78.8	78.8
	Once	55	7.1	7.2	85.9
	2-3 times	63	8.2	8.2	94.1
	4-6 times	13	1.7	1.7	95.8
	7-10 times	5	.6	.7	96.5
	More than 10 times	27	3.5	3.5	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**During the past 12 months, how many times were you in a physical fight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	620	80.3	80.5	80.5
	1	68	8.8	8.8	89.4
	2-3	44	5.7	5.7	95.1
	4-5	16	2.1	2.1	97.1
	6-7	4	.5	.5	97.7
	8Refused	2	.3	.3	97.9
	10-11	2	.3	.3	98.2
	12 or more	14	1.8	1.8	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 Times	740	95.9	96.2	96.2
	1 Time	18	2.3	2.3	98.6
	2-3 Times	7	.9	.9	99.5
	4-5 Times	2	.3	.3	99.7
	6 or more Times	2	.3	.3	100.0
	Total	769	99.6	100.0	
Missing	Refused	3	.4		
Total		772	100.0		

**During the past 12 months, did your boyfriend or girlfriend ever hit, slap or physically hurt you on purpose?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	41	5.3	5.4	5.4
	No	725	93.9	94.6	100.0
	Total	766	99.2	100.0	
Missing	Refused	6	.8		
Total		772	100.0		

**Have you ever been physically forced to have sexual intercourse when you did not want to?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	45	5.8	5.9	5.9
	No	720	93.3	94.1	100.0
	Total	765	99.1	100.0	
Missing	Refused	7	.9		
Total		772	100.0		

**Have you ever tried cigarette smoking, even one or two puffs?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	205	26.6	26.7	26.7
	No	564	73.1	73.3	100.0
	Total	769	99.6	100.0	
Missing	Refused	3	.4		
Total		772	100.0		

**Does anyone in your household smoke cigarettes?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	336	43.5	43.8	43.8
	No	432	56.0	56.3	100.0
	Total	768	99.5	100.0	
Missing	Refused	3	.4		
	System	1	.1		
	Total	4	.5		
Total		772	100.0		



**How old were you when you smoked a whole cigarette for the first time?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid I have never smoked a whole cigarette	616	79.8	80.5	80.5
8 years or younger	18	2.3	2.4	82.9
9-10 years old	15	1.9	2.0	84.8
11-12 years old	26	3.4	3.4	88.2
13-14 years old	42	5.4	5.5	93.7
15-16 years old	42	5.4	5.5	99.2
17 years of age or older	6	.8	.8	100.0
Total	765	99.1	100.0	
MissingRefused	7	.9		
Total	772	100.0		

**During the past 30 days, on how many days did you smoke cigarettes?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 0 days	680	88.1	88.3	88.3
1-2 days	26	3.4	3.4	91.7
3-5 days	13	1.7	1.7	93.4
6-9 days	3	.4	.4	93.8
10-19 days	19	2.5	2.5	96.2
20-29 days	12	1.6	1.6	97.8
All 30 days	17	2.2	2.2	100.0
Total	770	99.7	100.0	
MissingRefused	2	.3		
Total	772	100.0		

**During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid I did not smoke cigarettes during the past 30 days	677	87.7	87.9	87.9
Less than 1 cigarette per day	21	2.7	2.7	90.6
1 cigarette per day	25	3.2	3.2	93.9
2-5 cigarettes per day	29	3.8	3.8	97.7
6-10 cigarettes per day	11	1.4	1.4	99.1
11-20 cigarettes per day	4	.5	.5	99.6
More than 20 cigarettes per day	3	.4	.4	100.0
Total	770	99.7	100.0	
MissingRefused	2	.3		
Total	772	100.0		

**During the past 30 days how did you usually get your own cigarettes?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid I did not smoke cigarettes during the last 30 days	677	87.7	88.4	88.4
I bought them in a store, such as a convenience store, supermarket, discount store or gas station	10	1.3	1.3	89.7
I bought them from a vending machine	1	.1	.1	89.8
I gave someone else money to buy them for me	22	2.8	2.9	92.7
I borrowed (or bummed) them from someone else	27	3.5	3.5	96.2
My parents bought them for me	9	1.2	1.2	97.4
Another person 18 years of age or older gave them to me	13	1.7	1.7	99.1
I took them from a store or family member	2	.3	.3	99.3
I got them some other way, please specify	5	.6	.7	100.0
Total	766	99.2	100.0	
MissingRefused	6	.8		
Total	772	100.0		

**Have you smoked cigarettes daily, that is, at least one cigarette every 30 days?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Yes	53	6.9	6.9	6.9
No	716	92.7	93.1	100.0
Total	769	99.6	100.0	
Missing Refused	3	.4		
Total	772	100.0		

**During the past 12 months, did you ever try to quit smoking cigarettes?**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid I did not smoke in the last 30 days	632	81.9	82.6	82.6
Yes	79	10.2	10.3	92.9
No	54	7.0	7.1	100.0
Total	765	99.1	100.0	
MissingRefused	7	.9		
Total	772	100.0		

**During the past 30 days, on how many days did you use chewing tobacco, snuff or dip, such as Redman, Levi Garret, Beechnut, Skoal Bandits, or Copenhagen?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	724	93.8	93.9	93.9
	1-2 days	13	1.7	1.7	95.6
	3-5 days	8	1.0	1.0	96.6
	6-9 days	5	.6	.6	97.3
	10-19 days	7	.9	.9	98.2
	20-29 days	2	.3	.3	98.4
	All 30 days	12	1.6	1.6	100.0
	Total	771	99.9	100.0	
Missing	Refused	1	.1		
Total		772	100.0		

**During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	722	93.5	93.8	93.8
	1-2 days	23	3.0	3.0	96.8
	3-5 days	10	1.3	1.3	98.1
	6-9 days	5	.6	.6	98.7
	10-19 days	1	.1	.1	98.8
	20-29 days	4	.5	.5	99.4
	All 30 days	5	.6	.6	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**During your life, on how many days have you had at least one drink of alcohol?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	420	54.4	54.7	54.7
	1-2 days	114	14.8	14.8	69.5
	3-9 days	93	12.0	12.1	81.6
	10-19 days	49	6.3	6.4	88.0
	20-39 days	40	5.2	5.2	93.2
	40-99 days	24	3.1	3.1	96.4
	100 or more days	28	3.6	3.6	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**How old were you when you had your first drink of alcohol other than a few sips?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never had a drink of alcohol other than a few sips	422	54.7	55.2	55.2
	8 years or younger	43	5.6	5.6	60.8
	9-10 years old	26	3.4	3.4	64.2
	11-12 years old	57	7.4	7.5	71.6
	13-14 years old	109	14.1	14.2	85.9
	15-16 years old	102	13.2	13.3	99.2
	17 years old or older	6	.8	.8	100.0
	Total	765	99.1	100.0	
Missing	Refused	7	.9		
Total		772	100.0		

**During the past 30 days, on how many days did you have at least one drink of alcohol?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	615	79.7	80.1	80.1
	1-2 days	86	11.1	11.2	91.3
	3-5 days	38	4.9	4.9	96.2
	6-9 days	9	1.2	1.2	97.4
	10-19 days	11	1.4	1.4	98.8
	20-29 days	5	.6	.7	99.5
	All 30 days	4	.5	.5	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	689	89.2	89.8	89.8
	1-2 days	40	5.2	5.2	95.0
	3-5 days	20	2.6	2.6	97.7
	6-9 days	6	.8	.8	98.4
	10-19 days	4	.5	.5	99.0
	20-29 days	3	.4	.4	99.3
	All 30 days	5	.6	.7	100.0
	Total	767	99.4	100.0	
Missing	Refused	5	.6		
Total		772	100.0		

**During the past 30 days, how did you usually get the alcohol you drank?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink alcohol during the past 30 days	592	76.7	78.3	78.3
	I bought it in a store, such as a liquor store, convenience store, supermarket, discount store, or gas station	5	.6	.7	79.0
	I bought it at a restaurant, bar or club	2	.3	.3	79.2
	I gave someone else money to buy it for me	27	3.5	3.6	82.8
	A parent bought it for me	16	2.1	2.1	84.9
	Someone gave it to me	78	10.1	10.3	95.2
	I took them from a store or family member	12	1.6	1.6	96.8
	I got it some other way, please specify	24	3.1	3.2	100.0
	Total	756	97.9	100.0	
Missing	Refused	16	2.1		
Total		772	100.0		

**During the past 30 days, how did you usually get the alcohol you drank? I got it some other way- Specify**

- Asked if could try
- Bonfire
- Family get together
- Friend hit it in drink
- I ain't no snitch
- I was offered
- I was with my parents
- Mom said i could
- My dad gave me a sip of his whiskey to get rid of a cough
- My grandma let me try wine
- My house
- My parents gave me a glass of wine
- Out of my fridge
- Parents let me take a drink
- Party (2)
- Took a sip from a friend
- Underage party
- Was getting my dad some, and i opened it
- Wedding

**Has anyone ever tried to sell or give you an illegal drug?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	205	26.6	26.7	26.7
	No	564	73.1	73.3	100.0
	Total	769	99.6	100.0	
Missing	Refused	3	.4		
Total		772	100.0		

**During your life, how many times have you used marijuana? (Also called grass or pot)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	616	79.8	80.4	80.4
	1-2 days	51	6.6	6.7	87.1
	3-9 days	27	3.5	3.5	90.6
	10-19 days	14	1.8	1.8	92.4
	20-39 days	12	1.6	1.6	94.0
	40Refused9 days	17	2.2	2.2	96.2
	100 or more days	29	3.8	3.8	100.0
	Total	766	99.2	100.0	
Missing	Refused	6	.8		
Total		772	100.0		

**How old were you when you tried marijuana for the first time?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never smoked a whole cigarette	622	80.6	81.0	81.0
	8 years or younger	6	.8	.8	81.8
	3	13	1.7	1.7	83.5
	4	17	2.2	2.2	85.7
	5	49	6.3	6.4	92.1
	6	56	7.3	7.3	99.3
	7	5	.6	.7	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**During the past 30 days, how many times did you use marijuana?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	700	90.7	91.3	91.3
	1-2 days	23	3.0	3.0	94.3
	3-9 days	13	1.7	1.7	96.0
	10-19 days	9	1.2	1.2	97.1
	20-39 days	12	1.6	1.6	98.7
	40 or more	10	1.3	1.3	100.0
	Total	767	99.4	100.0	
Missing	Refused	5	.6		
Total		772	100.0		

**During your life, how many times have you used any form of cocaine, including powder, crack, or free base?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	749	97.0	97.7	97.7
	1-2 days	5	.6	.7	98.3
	3-9 days	7	.9	.9	99.2
	10-19 days	3	.4	.4	99.6
	40 or more	3	.4	.4	100.0
	Total	767	99.4	100.0	
Missing	Refused	5	.6		
Total		772	100.0		

**During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or free base?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	756	97.9	98.6	98.6
	1-2 days	4	.5	.5	99.1
	3-9 days	1	.1	.1	99.2
	10-19 days	2	.3	.3	99.5
	20-39 days	2	.3	.3	99.7
	40 or more	2	.3	.3	100.0
	Total	767	99.4	100.0	
Missing	Refused	5	.6		
Total		772	100.0		

**During your life, how many times have you sniffed glue, breathed the content of aerosol spray cans, or inhaled any paints or sprays to get high?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	732	94.8	95.3	95.3
	1-2 days	19	2.5	2.5	97.8
	3-9 days	10	1.3	1.3	99.1
	10-19 days	3	.4	.4	99.5
	40 or more	4	.5	.5	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**During your life, how many times have you used heroin (also called smack, junk, or China White)?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	759	98.3	98.8	98.8
	1-2 days	4	.5	.5	99.3
	3-9 days	1	.1	.1	99.5
	10-19 days	1	.1	.1	99.6
	20-39 days	1	.1	.1	99.7
	40 or more	2	.3	.3	100.0
	Total	768	99.5	100.0	
Missing	Refused	4	.5		
Total		772	100.0		

**During your life, how many times have your used methamphetamines (also called speed, crystal, crank, or ice)?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	756	97.9	98.3	98.3
	1-2 days	3	.4	.4	98.7
	3-9 days	3	.4	.4	99.1
	10-19 days	2	.3	.3	99.3
	20-39 days	1	.1	.1	99.5
	40 or more	4	.5	.5	100.0
	Total	769	99.6	100.0	
Missing	Refused	3	.4		
Total		772	100.0		



**During your life, how many times have you used ecstasy (also called MDMA)?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	748	96.9	97.1	97.1
	1-2 days	12	1.6	1.6	98.7
	3-9 days	3	.4	.4	99.1
	10-19 days	1	.1	.1	99.2
	20-39 days	2	.3	.3	99.5
	40 or more	4	.5	.5	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**During your life, how many times have you taken steroid pills or shots without a doctor's prescription?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	749	97.0	97.3	97.3
	1-2 days	15	1.9	1.9	99.2
	3-9 days	2	.3	.3	99.5
	20-39 days	2	.3	.3	99.7
	40 or more	2	.3	.3	100.0
	Total	770	99.7	100.0	
Missing	Refused	2	.3		
Total		772	100.0		

**During your life, how many times have you used a needle to inject any illegal drug into your body?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 times	762	98.7	99.1	99.1
	1 times	4	.5	.5	99.6
	2 or more times	3	.4	.4	100.0
	Total	769	99.6	100.0	
Missing	Refused	3	.4		
Total		772	100.0		

**During your life, how many times have you taken prescription drugs that were not prescribed to you in order to get high?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	732	94.8	95.7	95.7
	1-2 days	12	1.6	1.6	97.3
	3-9 days	8	1.0	1.0	98.3
	10-19 days	4	.5	.5	98.8
	20-39 days	2	.3	.3	99.1
	40 or more	7	.9	.9	100.0
	Total	765	99.1	100.0	
Missing	Refused	7	.9		
Total		772	100.0		

**How did you get the prescription pills that you took in order to get high?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never used prescription pills in order to get high	737	95.5	96.2	96.2
	I took them from my medicine cabinet without my parent's knowledge	10	1.3	1.3	97.5
	A friend gave them to me	12	1.6	1.6	99.1
	I stole them from a store, such as a pharmacy, convenient store, or grocery store	1	.1	.1	99.2
	I got it some other way, please specify	6	.8	.8	100.0
	Total	766	99.2	100.0	
Missing	Refused	6	.8		
Total		772	100.0		

**How did you get the prescription pills that you took in order to get high? (I got it some other way- Specify)**

- Bought them

**How much do you think people risk harming themselves (physically or in other ways) if they smoke cigarettes?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No risk	63	8.2	8.2	8.2
	Slight Risk	98	12.7	12.8	21.1
	Moderate Risk	188	24.4	24.6	45.7
	Great Risk	415	53.8	54.3	100.0
	Total	764	99.0	100.0	
Missing	Refused	8	1.0		
Total		772	100.0		

**How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No risk	173	22.4	22.6	22.6
	Slight Risk	182	23.6	23.7	46.3
	Moderate Risk	142	18.4	18.5	64.8
	Great Risk	270	35.0	35.2	100.0
	Total	767	99.4	100.0	
Missing	Refused	5	.6		
Total		772	100.0		

**How much do you think people risk harming themselves (physically or in other ways) if they drink alcohol? (Like beer, wine, or hard liquors such as vodka, whiskey, or gin)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No risk	57	7.4	7.5	7.5
	Slight Risk	170	22.0	22.2	29.7
	Moderate Risk	284	36.8	37.1	66.8
	Great Risk	254	32.9	33.2	100.0
	Total	765	99.1	100.0	
Missing	-9	7	.9		
Total		772	100.0		

**How do you think your parents would feel about you smoking marijuana?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Would approve	26	3.4	3.4	3.4
	Would not care	43	5.6	5.7	9.2
	Disapprove some	80	10.4	10.6	19.8
	Strongly disapprove	605	78.4	80.2	100.0
	Total	754	97.7	100.0	
Missing	Refused	18	2.3		
Total		772	100.0		

**How do you think your parents would feel about you drinking alcohol? (Like beer, wine, or hard liquors such as vodka, whiskey, or gin)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Would approve	34	4.4	4.5	4.5
	Would not care	104	13.5	13.7	18.2
	Disapprove some	201	26.0	26.5	44.7
	Strongly disapprove	419	54.3	55.3	100.0
	Total	758	98.2	100.0	
Missing	Refused	14	1.8		
Total		772	100.0		

**Do you plan to abstain from sexual activity until marriage?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	383	49.6	51.2	51.2
	No	365	47.3	48.8	100.0
	Total	748	96.9	100.0	
Missing	Refused	24	3.1		
Total		772	100.0		

**Have you ever sent or received sexually explicit pictures or video on your cell phone of yourself or another person (also known as sexting)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	222	28.8	29.2	29.2
	No	537	69.6	70.8	100.0
	Total	759	98.3	100.0	
Missing	Refused	13	1.7		
Total		772	100.0		

**How would you describe your weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very underweight	24	3.1	3.2	3.2
	Slightly underweight	72	9.3	9.6	12.7
	About the right weight	418	54.1	55.5	68.3
	Slightly overweight	181	23.4	24.0	92.3
	Very overweight	58	7.5	7.7	100.0
	Total	753	97.5	100.0	
Missing	Refused	19	2.5		
Total		772	100.0		

**Which of the following are you trying to do about your weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Lose weight	323	41.8	43.0	43.0
	Gain weight	110	14.2	14.6	57.6
	Stay the same weight	154	19.9	20.5	78.1
	I am not trying to do anything about my weight	165	21.4	21.9	100.0
	Total	752	97.4	100.0	
Missing	Refused	20	2.6		
Total		772	100.0		

**During the past 30 days, did you exercise to lose weight or to keep from gaining weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	441	57.1	58.6	58.6
	No	312	40.4	41.4	100.0
	Total	753	97.5	100.0	
Missing	Refused	19	2.5		
Total		772	100.0		

**During the past 30 days, did you eat less food, fewer calories, fewer carbs, or foods low in fat to lose weight or to keep from gaining weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	252	32.6	33.5	33.5
	No	500	64.8	66.5	100.0
	Total	752	97.4	100.0	
Missing	Refused	20	2.6		
Total		772	100.0		

**During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	107	13.9	14.2	14.2
	No	645	83.5	85.8	100.0
	Total	752	97.4	100.0	
Missing	Refused	20	2.6		
Total		772	100.0		

**During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	27	3.5	3.6	3.6
	No	726	94.0	96.4	100.0
	Total	753	97.5	100.0	
Missing	Refused	19	2.5		
Total		772	100.0		

**During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	41	5.3	5.4	5.4
	No	712	92.2	94.6	100.0
	Total	753	97.5	100.0	
Missing	Refused	19	2.5		
Total		772	100.0		

**During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink 100% fruit juice during the past 7 days	238	30.8	32.0	32.0
	1-3 times during the past 7 days	281	36.4	37.8	69.8
	4-6 times during the past 7 days	98	12.7	13.2	82.9
	1 time per day	45	5.8	6.0	89.0
	2 times per day	48	6.2	6.5	95.4
	3 times per day	8	1.0	1.1	96.5
	4 or more times per day	26	3.4	3.5	100.0
	Total	744	96.4	100.0	
Missing	Refused	28	3.6		
Total		772	100.0		

**During the past 7 days, how many times did you eat fruit? (Do not count fruit juice)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not eat fruit during the past 7 days	87	11.3	11.6	11.6
	1-3 times during the past 7 days	238	30.8	31.9	43.5
	4-6 times during the past 7 days	177	22.9	23.7	67.2
	1 time per day	99	12.8	13.3	80.5
	2 times per day	75	9.7	10.0	90.5
	3 times per day	33	4.3	4.4	94.9
	4 or more times per day	38	4.9	5.1	100.0
	Total	747	96.8	100.0	
Missing	Refused	25	3.2		
Total		772	100.0		

**During the past 7 days, how many times did you eat vegetables? (Such as salads, carrots, or other vegetables)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not eat vegetables during the past 7 days	103	13.3	13.8	13.8
	1-3 times during the past 7 days	207	26.8	27.8	41.6
	4-6 times during the past 7 days	185	24.0	24.8	66.4
	1 time per day	119	15.4	16.0	82.4
	2 times per day	81	10.5	10.9	93.3
	3 times per day	23	3.0	3.1	96.4
	4 or more times per day	27	3.5	3.6	100.0
	Total	745	96.5	100.0	
Missing	Refused	27	3.5		
Total		772	100.0		

**During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not eat potatoes during the past 7 days	203	26.3	27.2	27.2
	1-3 times during the past 7 days	338	43.8	45.2	72.4
	4-6 times during the past 7 days	110	14.2	14.7	87.1
	1 time per day	58	7.5	7.8	94.9
	2 times per day	14	1.8	1.9	96.8
	3 times per day	4	.5	.5	97.3
	4 or more times per day	20	2.6	2.7	100.0
	Total	747	96.8	100.0	
Missing	Refused	25	3.2		
Total		772	100.0		

**During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink soda or pop during the past 7 days	186	24.1	24.8	24.8
	1-3 times during the past 7 days	240	31.1	32.0	56.9
	4-6 times during the past 7 days	117	15.2	15.6	72.5
	1 time per day	68	8.8	9.1	81.6
	2 times per day	61	7.9	8.1	89.7
	3 times per day	28	3.6	3.7	93.5
	4 or more times per day	49	6.3	6.5	100.0
	Total	749	97.0	100.0	
Missing	Refused	23	3.0		
Total		772	100.0		



During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink milk during the past 7 days	141	18.3	19.0	19.0
	1-3 times during the past 7 days	160	20.7	21.5	40.5
	4-6 times during the past 7 days	123	15.9	16.6	57.1
	1 time per day	114	14.8	15.3	72.4
	2 times per day	93	12.0	12.5	84.9
	3 times per day	47	6.1	6.3	91.3
	4 or more times per day	65	8.4	8.7	100.0
	Total	743	96.2	100.0	
Missing	Refused	29	3.8		
Total		772	100.0		

During the past 7 days, how many times did you drink an energy drink, such as Red Bull, Monster, or Five Hour Energy?'

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink an energy drink in the past 7 days	592	76.7	80.0	80.0
	1-3 times during the past 7 days	91	11.8	12.3	92.3
	4-6 times during the past 7 days	23	3.0	3.1	95.4
	1 time per day	11	1.4	1.5	96.9
	2 times per day	3	.4	.4	97.3
	3 times per day	2	.3	.3	97.6
	4 or more times per day	18	2.3	2.4	100.0
	Total	740	95.9	100.0	
Missing	Refused	32	4.1		
Total		772	100.0		

**During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all of the times you spent in any kind of physical activity that increased your heart and made you breathe hard some of the time)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	102	13.2	13.8	13.8
	1 days	55	7.1	7.4	21.2
	2 days	65	8.4	8.8	30.0
	3 days	72	9.3	9.7	39.8
	4 days	64	8.3	8.7	48.4
	5 days	77	10.0	10.4	58.9
	6 days	86	11.1	11.6	70.5
	7 days	218	28.2	29.5	100.0
	Total	739	95.7	100.0	
Missing	Refused	33	4.3		
Total		772	100.0		

**On an average school day, how many hours do you watch TV?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not watch TV on an average school day	131	17.0	17.7	17.7
	less than 1 hour per day	169	21.9	22.8	40.5
	1 hour per day	121	15.7	16.4	56.9
	2 hours per day	156	20.2	21.1	78.0
	3 hours per day	84	10.9	11.4	89.3
	4 hours per day	37	4.8	5.0	94.3
	5 or more hours per day	42	5.4	5.7	100.0
	Total	740	95.9	100.0	
Missing	Refused	32	4.1		
Total		772	100.0		

**On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStations, Xbox, computer games, and the internet)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not play video or computer games or use a computer for something that is not school work	224	29.0	30.4	30.4
	less than 1 hour per day	142	18.4	19.2	49.6
	1 hour per day	72	9.3	9.8	59.3
	2 hours per day	84	10.9	11.4	70.7
	3 hours per day	78	10.1	10.6	81.3
	4 hours per day	41	5.3	5.6	86.9
	5 or more hours per day	97	12.6	13.1	100.0
	Total	738	95.6	100.0	
Missing	Refused	34	4.4		
Total		772	100.0		

**In an average week when you are in school, how many days do you go to physical education (PE) classes?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	561	72.7	76.2	76.2
	1 day	31	4.0	4.2	80.4
	2 days	10	1.3	1.4	81.8
	3 days	10	1.3	1.4	83.2
	4 days	3	.4	.4	83.6
	5 days	121	15.7	16.4	100.0
	Total	736	95.3	100.0	
Missing	Refused	36	4.7		
Total		772	100.0		

**During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 teams	282	36.5	38.6	38.6
	1 team	186	24.1	25.4	64.0
	2 teams	141	18.3	19.3	83.3
	3 teams	122	15.8	16.7	100.0
	Total	731	94.7	100.0	
Missing	Refused	41	5.3		
Total		772	100.0		

**During the past 12 months, have you ever had a hard time concentrating on completing a task?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	410	53.1	55.8	55.8
	No	325	42.1	44.2	100.0
	Total	735	95.2	100.0	
Missing	Refused	37	4.8		
Total		772	100.0		

**During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	243	31.5	33.1	33.1
	No	492	63.7	66.9	100.0
	Total	735	95.2	100.0	
Missing	Refused	37	4.8		
Total		772	100.0		

**During the past 12 months, did you ever seriously consider attempting suicide?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	157	20.3	21.5	21.5
	No	574	74.4	78.5	100.0
	Total	731	94.7	100.0	
Missing	Refused	41	5.3		
Total		772	100.0		

**During the past 12 months, how many times did you actually attempt suicide?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 times	652	84.5	89.1	89.1
	1 time	37	4.8	5.1	94.1
	2-3 times	26	3.4	3.6	97.7
	4-5 times	5	.6	.7	98.4
	6 or more times	12	1.6	1.6	100.0
	Total	732	94.8	100.0	
Missing	Refused	40	5.2		
Total		772	100.0		

**If you attempted suicide during the past 12 months, did any attempt result in injury, poisoning, or overdose that had to be treated by a doctor or nurse?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	19	2.5	2.6	2.6
	No	111	14.4	15.1	17.7
	Did not attempt suicide during the past 12 months	605	78.4	82.3	100.0
	Total	735	95.2	100.0	
Missing	Refused	37	4.8		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? -No one**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	520	67.4	68.7	68.7
	Selected	237	30.7	31.3	100.0
	Total	757	98.1	100.0	
Missing	Refused	15	1.9		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Best friend**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	412	53.4	54.4	54.4
	Selected	345	44.7	45.6	100.0
	Total	757	98.1	100.0	
Missing	Refused	15	1.9		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - My girlfriend/ boyfriend**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	557	72.2	73.6	73.6
	Selected	200	25.9	26.4	100.0
	Total	757	98.1	100.0	
Missing	Refused	15	1.9		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Pastor/priest**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	733	94.9	96.8	96.8
	Selected	24	3.1	3.2	100.0
	Total	757	98.1	100.0	
Missing	Refused	15	1.9		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Brother/sister**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	617	79.9	81.6	81.6
	Selected	139	18.0	18.4	100.0
	Total	756	97.9	100.0	
Missing	Refused	15	1.9		
	System	1	.1		
	Total	16	2.1		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Parents**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	510	66.1	67.4	67.4
	Selected	247	32.0	32.6	100.0
	Total	757	98.1	100.0	
Missing	Refused	15	1.9		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Youth minister**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	740	95.9	97.8	97.8
	Selected	17	2.2	2.2	100.0
	Total	757	98.1	100.0	
Missing	Refused	15	1.9		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Scout master**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	753	97.5	99.5	99.5
	Selected	4	.5	.5	100.0
	Total	757	98.1	100.0	
Missing	Refused	15	1.9		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Teacher**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	724	93.8	95.8	95.8
	Selected	32	4.1	4.2	100.0
	Total	756	97.9	100.0	
Missing	Refused	15	1.9		
	System	1	.1		
	Total	16	2.1		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - School counselor**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	738	95.6	97.7	97.7
	Selected	17	2.2	2.3	100.0
	Total	755	97.8	100.0	
Missing	Refused	15	1.9		
	System	2	.3		
	Total	17	2.2		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Professional counselor**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	727	94.2	96.2	96.2
	Selected	29	3.8	3.8	100.0
	Total	756	97.9	100.0	
Missing	Refused	15	1.9		
	System	1	.1		
	Total	16	2.1		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not selected	709	91.8	93.8	93.8
	Selected	47	6.1	6.2	100.0
	Total	756	97.9	100.0	
Missing	Refused	15	1.9		
	System	1	.1		
	Total	16	2.1		
Total		772	100.0		

**When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? – Other (Specify)**

- Aunt (3)
- Aunt and Uncle
- Boyfriend's mom and dad
- Coaches (2)
- Cousin (4)
- Family
- Family Friend
- Friends (5)
- God (3)
- Grandparents (5)
- Guy friend that has been through the same
- I play video games till I forget
- Internet people
- Lady at my church
- My razor
- Myself
- Pets/animals (8)
- Right hand
- Someone on Omegle
- The wall (2)



**During your life how many times have you purposely hurt yourself? (For example, cutting, burning, scratching, hitting, biting, etc.)**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 times	518	67.1	70.8	70.8
	1-2 Times	73	9.5	10.0	80.7
	3-9 times	42	5.4	5.7	86.5
	10-19 times	30	3.9	4.1	90.6
	20-39 times	21	2.7	2.9	93.4
	40 times or more	48	6.2	6.6	100.0
	Total	732	94.8	100.0	
Missing	Refused	40	5.2		
Total		772	100.0		

**Have you ever been taught about AIDS or HIV infection in school?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	495	64.1	67.8	67.8
	No	127	16.5	17.4	85.2
	Not sure	108	14.0	14.8	100.0
	Total	730	94.6	100.0	
Missing	Refused	42	5.4		
Total		772	100.0		

**Has a doctor or nurse ever told you that you have asthma?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	156	20.2	21.3	21.3
	No	528	68.4	72.2	93.6
	Not sure	47	6.1	6.4	100.0
	Total	731	94.7	100.0	
Missing	Refused	41	5.3		
Total		772	100.0		

**Do you still have asthma?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never had asthma	388	50.3	53.7	53.7
	Yes	78	10.1	10.8	64.5
	No	193	25.0	26.7	91.3
	Not sure	63	8.2	8.7	100.0
	Total	722	93.5	100.0	
Missing	Refused	50	6.5		
Total		772	100.0		

**How long has it been since you last visited the dentist for any reason?**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	35	4.5	4.8	4.8
	Less than 1 year ago	513	66.5	70.6	75.4
	1 year, but less than 2 years ago	106	13.7	14.6	90.0
	2 years, but less than 5 years ago	46	6.0	6.3	96.3
	5 or more years ago	27	3.5	3.7	100.0
	Total	727	94.2	100.0	
Missing	Refused	45	5.8		
Total		772	100.0		

**Weight Status**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Underweight	23	3.0	3.3	3.3
	Normal Weight	434	56.2	62.4	65.7
	Overweight	129	16.7	18.5	84.2
	Obese	110	14.2	15.8	100.0
	Total	696	90.2	100.0	
Missing	System	76	9.8		
Total		772	100.0		

**Outside of school, what kinds of things do you do for fun in Darke County? (Open-ended question)**

4-H (3)

- I am in 4-H, show horses at the Darke County Fair. Also, I am president of my 4-h Club. My club is called "silver hooves"
- 4-H & FFA

Alcohol/Drugs

- I like to drink beer

- I smoke weed and hang with Hanging out with friends, and drink alcohol, and smoke cigarettes all time.
- Smoke
- Smoke up a joint #4/20blazin
- Smoke weed and do drugs. Have sex.
- turn up
- Get turnt

## Arts

- Art, music
- Darke County Civic Theater
- Go to band competitions
- I play bass guitar in a hard rock band.
- Paint, read, play instruments
- Theater
- Theater programs

## Significant Other

- hang out with my boyfriend
- Hang out with my boyfriend at work

## Cars

- I like to work on cars because it is my thing because I can take it apart and put it back together t
- I touch cars

## Youth Group (1)

- Events with my youth group

## I don't live here (1)

## Drive (1)

- drive around
- driving

## Electronics

- have video game contests with my gamer Hanging out with friends and play a lot of video games
- I play Xbox, watch Netflix, and YouTube, eat food, and yea that's it. (Darke county is boring)
- Netflix and chill
- Not much: I can't drive and I have no money. I stay home and play games.
- Play Xbox(2)
- Video games (5)
- Watch anime(2)
- work on my computer

## Fair (1)

- county fair
- Darke County Fair
- I go to the Darke County fair
- I only work at the Darke County Fair
- Show a dog at the fair

## Hang out with my family (1)

## Farm (1)

- Farm (sic)
- Plow in fields

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Hang out with friends (24)

- Get on my computer and talk to my Hanging out with friends
- Get on the internet and talk to people
- Go out to eat with Hanging out with friends
- Go to a coffee shop with my Hanging out with friends
- Go to coffeepot, Hang out with friends
- hang out at a friend's house
- Hang out with friends or stay home.
- Hanging out with friends by driving around.
- Home with Hanging out with friends
- I barely get out. If I do, it's with my boyfriend.
- I hang out with friends. I don't really do anything else.
- I usually hang out with my friends, we walk and hangout at the coffee pot or the library
- Just stay at home and hang with family
- Spend time with parents

Fit into multiple categories

- Hang out with friends and boyfriend.
- Hang out with my Hanging out with friends and party
- 4-H, academic team, dance, drama, track, softball, etc.
- 4-H, awanna, run, community services in Arcanum, youth group, church
- 4-H, Church, Youth group, hang out with friends, go outside
- 4-H, running, helping at church, helping with the Healthy Kids running series
- 4-H, volunteer, family get-togethers, shopping
- All sorts
- Band and Gymnastics
- Band, eating, and hanging with my pals
- Band, eating, homework, hanging with Hanging out with friends
- baseball, fair, video games
- Basketball, baseball, farming, Hanging out with friends, and family
- Basketball, workout, play softball, and Netflix and chill.
- Basketball, Youth for Christ Volunteering
- Bdubs, Hanging out with friends house
- Be outside, Hang out with friends, go fishing, listen to music, write, hang out with my mom and sister
- Be with Hanging out with friends and read books
- Bike, shoot, play video games
- Bowl, Eat, Go to parks, Fish
- Bowl, Spend time with family, walk/Run, other activities
- Chat with Hanging out with friends on phone, I draw in free time and listen to music or watch T.V.
- Cheer, take walks, run, draw, listen to music.
- Church volleyball, church theater, corner shack reading, eat chocolate, hangout with Bekah-Boo, fish
- Competitively dance, ride horses (competitively), go to the movies
- cook/bake, sports
- Cross country, track, basketball, hangout with Hanging out with friends, Netflix

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- Cross country, track, hang out w/Hanging out with friends, watch Netflix, sleep
  - CrossFit in the park (exercise gym), read.
  - Cut, sing, draw, run
  - Dance, church, family, friend
  - Dance, shoot guns, soccer, walk , walk, watch movies, Hanging out with friends
  - Draw, run, read, hike, 4-wheeling, farm, visit family
  - Drugs & Gaming
  - Eat or Netflix and video games.
  - Eat, play video games, sleep watch Netflix
  - Eat, sleep, game & watch T.V.
  - Eat, sleep, Netflix and chill
  - Fair, old fashion days
  - Fair, old fashion days, pool
  - Fair, sports, hangout with Hanging out with friends
  - Family time, run, Netflix
  - Farm, do community service for 4-H or FFA, mudding, driving trucks, and making stuff fast and loud.
  - Farm, football, and derby
  - Farm, help around the house, and go to the work
  - Farming, sports and volunteer work
  - Fish, play basketball, play baseball, watch YouTube videos, watch T.V. occasionally
  - Fish, race cars, go to Eldora, Buffalo Wild Wings!
  - football games, basketball games, walk around, go to fair
  - Football, toilet papering, vandalizing
  - Football, toilet paper, ding dong ditch
  - Football, Track and Field, Go to baseball games, Hang out with friends
  - Football, X-Box, hanging with bae
  - Games, biking
  - Gaming martial arts, T.V., reading,
  - Gaming, watching T.V.
  - Girlfriend and working.
  - Go mudding, hang out with my Hanging out with friends and family.
  - Go on a walk, Hang out with friends
  - Go out for walks, go out to eat/movies
  - go out to eat, work, hang out with my boyfriend
  - Go out with my parents, shopping, eating at restaurants, or just visiting or helping with a relative.
  - Go outside and play, Hang out with friends, play video games when I have no school work, etc.
  - Go outside and video games
  - Go outside, talk to people
  - Go swimming at the local pools, spend time with family, Darke Co fair
  - Go to football games or Hanging out with friends' houses
  - Go to football games or other sports. Go to Walmart, Hang out with friends, work.
  - Go to the coffee pot and study NJROTC Stuff
  - Go to the coffeepot, Be with my best friend

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- go to the fair, coffee pot, skating rink, bowling alley
  - Go to the home football games, play softball just for fun and in some leagues. Visit my grandparents
  - Go to the library, go to Dairy Barn, and walk around Broadway with Hanging out with friends.
  - Go to the store, ride bike, got to the mall
  - Go to the Y, Hang out with friends, watch T.V., play basketball
  - Go to Walmart, hang with Hanging out with friends
  - Going to gaming stores and the fairgrounds with family. Being at home riding my skateboard
  - Go-kart race, teach nieces and nephews
  - go-kart, shoot, drive around, bet with family and Hanging out with friends
  - Golf, drive around, and go watch other sporting events.
  - Hang out with boyfriend, work, and Netflix
  - Hang out with friends and family, go places with family, visit my brother
  - Hang out with friends and go hunting.
  - hang out with friends and go shopping or stay home
  - Hang out with friends and play games on the computer.
  - Hang out with friends and play sports
  - hang out with friends and ride bikes
  - Hang out with friends and walk around.
  - Hang out with friends or girlfriend, and football.
  - Hang out with friends or listen to/play music
  - Hang out with friends, baby sit my nephew, riding four-wheelers, swing, swimming, reading, fishing,
  - Hang out with friends, drive around
  - Hang out with friends, drive around with Hanging out with friends, go fishing with Hanging out with friends
  - Hang out with friends, girlfriend, and family. Play sports with them. Relax and talk.
  - Hang out with friends, go for walks, ride bikes
  - Hang out with friends, go out to eat.
  - Hang out with friends, go to the fair during the summer, do sports, go to sporting events
  - Hang out with friends, go to work, and play sports.
  - hang out with friends, listen to music, go to the park, go to the woods, and go to the fair when it'
  - Hang out with friends, nature walks.
  - Hang out with friends, play video games, play sports
  - Hang out with friends, practice my sport, camping and boating
  - Hang out with friends, skating, Talk to my best friend
  - Hang out with friends, sports, family
  - Hang out with friends, wrestle, and free run/parkour.
  - Hang out with friends. Help my mom. Go see movies. Sometimes go skating (all depends on my mood). Ba
  - Hang out with my Hanging out with friends or family, play with my puppy. Go to football games and play softball and b
  - Hang with boyfriend, listen/play my drum set, work, play basketball, hunt.
  - Hang with Hanging out with friends and walk around
  - Hang with Hanging out with friends and work

- 
- Hang with Hanging out with friends, hunt, fish and hang with family.
  - hang with Hanging out with friends, play guitar
  - Hang with my bro beans, lift, sports, ATV
  - Hanging out with Hanging out with friends, tanning, eating, sleeping, work
  - Hangout with Hanging out with friends, bowl, go to the movies, and parties.
  - Hangout with Hanging out with friends, community service, football games, work and homework (both not fun).
  - Hangout with Hanging out with friends, go to the pool, go to football games, movies, play volleyball, run on the track
  - Hangout with Hanging out with friends, play softball, listen to music, relax outside
  - hangout with Hanging out with friends/boyfriend, go shopping, go for walks
  - Hobbies and Sports
  - Hunt, work, farm
  - I enjoy reading, watching Doctor Who, making bracelets, and learning to longboard.
  - I am in a string quartet and take private piano/violin lessons. I am involved with a youth group.
  - I do not do anything other than get on my phone and basketball.
  - I go for a run, play sports, therapy for my knee, enjoy life.
  - I go to Bible study, work with little kids at church, babysit, read, help with healthy kids running series, cook and hang out with friends.
  - I hang out with friends, run on the track and cross country teams go for walks etc. Do stuff with my
  - I hang out with my boyfriend and go to work.
  - I hang out with my Hanging out with friends and go on nature walks.
  - I hang out with my Hanging out with friends and play basketball.
  - I hang out with my Hanging out with friends, work my job at McDonalds, play softball, participate in marching band, p
  - I hang out with Hanging out with friends and go spend time with family and do cheer.
  - I hang out with Hanging out with friends, play video games, and watch T.V.
  - I have Hanging out with friends over to my house to watch movies and hang out, or I leave Darke County.
  - I help with the football team. I work at Dairy Barn and 5678 Dance Studio. Hangout with Hanging out with friends.
  - I like to listen to music and hang out with my Hanging out with friends and boyfriend
  - I like to play volleyball and Hang out with friends.
  - I like to skate around town. Play baseball. Hang out with homies. Have a great time.
  - I like to skateboard and chill. Fart.
  - I play basketball and go to friends' houses.
  - I play football and baseball and enjoy being part of my church.
  - I play football, hang out with my brother
  - I play or practice with my soccer team. I go to the coffee pot sometimes.
  - I play softball and show pigs and Hang out with friends
  - I play softball, help my sister with tennis, and sometimes play basketball. I read and draw and talk to
  - I play volleyball. When volleyball season is over I love to hang out with my Hanging out with friends. Go to the movie
  - I race motocross and play video games

- 
- I read and take pictures
  - I really don't do much. Just homework, sleep, spending time with Hanging out with friends, my boyfriend, and family.
  - I run cross country, take dance, community service, and volunteer in the community.
  - I run sports, read, or go to Hanging out with friends house
  - I run, lift at home, Hang out with friends.
  - I run, walk my dog, play in the creek, Hang out with friends
  - I take part in any activity I can. Usually end up helping someone out or taking a walk
  - I visit my Hanging out with friends, youth group activates
  - I watch anime and play in band
  - I work and go to school, I'm lucky to have enough time to do the homework and sleep. I have responsibilities
  - I work on cars and work on a family run farm and I trail ride with my Hanging out with friends
  - Just walk around, take my siblings to the park, or go to the library.
  - Just walk to other people's houses
  - Lay in bed. Hang out with friends. Play basketball every Sunday.
  - Lift weights, basketball, hang with Hanging out with friends
  - Lifts weights, wrestle, Hang out with friends
  - Lots of sports, camping, graduation parties, dances, Hanging out with friends
  - Marching band practice, drum set lessons, reflexology, go over to a Hang out with friends' house, and play with my bort.
  - marching band, concert band, pep band, bowling, engineering
  - Marching band, edit sound, film, and music, hang out with girlfriend, theatre
  - Marching band, piano and clarinet lessons, apprentice in the municipal band in park, youth group, ho
  - Marching Band, Science Club, Boys & Girls Club, Powderpuff, Theater
  - Movies, pool, football, hangout with girlfriend
  - Mudding, FARM, four wheeling, hang out with family, and Hanging out with friends
  - Outside of school I go to the movies or shopping. I hang out with my Hanging out with friends and boyfriend.
  - Outside of school I play softball in order to have fun. I also go to church as well.
  - Parkour, skate, game, work
  - Participate in FFA (school related but a lot of after school things), Jr. Fair board for the Great Da
  - phone, hang with Hanging out with friends
  - Play at the park, play Xbox, watch T.V., go to Hanging out with friends house
  - Play basketball and weight lift, hang with Hanging out with friends and cruise around town, fair when open
  - Play basketball, hang with Hanging out with friends, shop
  - Play basketball, softball, golf. Hangout with Hanging out with friends. Run
  - Play basketball, video games, run 5k
  - Play football and hangout with Hanging out with friends.
  - Play football with my Hanging out with friends, some video games, or just hang out with my Hanging out with friends around town.
  - Play football, hang out with my girlfriend, play videogames
  - Play games and go to the boys and girls club
  - Play games with Hanging out with friends, marching band



- 
- Play games, Hang out with friends
  - play games, work-out, chat
  - Play golf, family events, marching band
  - Play Minecraft, Play football, Play baseball, go to the fair
  - Play on my phone, hang out with my boyfriend and his brother.
  - Play outside, go to the fair
  - Play outside, hang with Hanging out with friends, play video games, listen to music.
  - Play outside, play games with family
  - Play outside, sleep, T.V.
  - Play soccer, Hang out with friends
  - Play soccer, Hang out with friends.
  - Play soccer, run track, go out to eat, go to Walmart, take a walk, go to sporting events for the high school.
  - Play sports and hangout with Hanging out with friends
  - Play sports and hangout with my girlfriend.
  - Play sports and spend time with family and Hanging out with friends
  - Play sports, community service for Darke County, randomly hangout with Hanging out with friends, Netflix and chill
  - Play sports, Hang out with friends
  - Play sports, Hang out with friends, go shopping, go walking or running
  - Play sports, hangout with family and Hanging out with friends
  - Play sports, hangout with Hanging out with friends
  - Play sports, play video games
  - Play sports, watch T.V., Hang out with friends, and play video games
  - play sports, work
  - Play tennis, fish, Hang out with friends, 4-H
  - Play video games, go outside, work, and occasionally might stay in town or Hang out with friends
  - Play video games, hang out with my Hanging out with friends
  - Play video games, soccer, Hang out with friends
  - Play viola, play soccer, do experiments, etc.
  - Play volleyball with youth groups and go to the dairy farm.
  - Play volleyball, We Are Majority, Key Club
  - Play with my dog, ride my bike, just Hang out with friends
  - Play x-box and basketball
  - Play Xbox and hangout with Hanging out with friends. There is not much to do in Darke County.
  - play x-box and smoke a little pot
  - Play X-box, Hang out with friends, sleep, and party
  - Play Xbox, ride bikes, go to the Y
  - Playing sports, hanging with Hanging out with friends, playing games
  - puzzles, computer games
  - Quilting, blogging, internet surfing
  - Raise rabbits, help my grandmother, go to the theater, earn merit badges, read comic books, collect
  - Read, library, video games, Shawnee Prairie Volunteering, Run

- 
- Read, play video games
  - Read, sleep, watch T.V., and work with animals.
  - read, write, Hang out with friends, go to book stores
  - Read, write, ride bike, play video games, watch movies, and paint.
  - Ride ATV, play golf, go to Walmart, play soccer, and drive car
  - Ride bikes, eat food, play Xbox
  - Ride bikes/mopeds, mess around in town, video games, sports
  - Ride dirt bikes, hunt, ride bikes, fish, work at my property and my grandpas, spend time with my family.
  - Ride four wheelers, bonfires, parties.
  - Ride four wheelers, football, baseball, air soft
  - Ride four-wheelers, snowmobiles, farm and hangout with Hanging out with friends
  - Ride horses, play junior Olympic volleyball. Ride 4-wheelers, build derby cars, work on cars, watch
  - Ride horses, volleyball, run, Hang out with friends
  - Ride moped, workout, play sports, play video games
  - Ride mopeds, lift weights, watch T.V., workout, hangout with Hanging out with friends, and play video games.
  - Ride my bike or play board games/ video games with my family
  - Ride my bike, walk, hang out with friends.
  - Ride my BMX and play video games
  - Ride my long board, backyard football, work.
  - Run cross country, ride bike, play basketball, shopping, reading
  - run, 4H, Hanging out with friends
  - Run, lift weights, farm, play football
  - run, read, draw, write, watch anime on laptop, type novels/short stories, play with pets, clean
  - Run, read, hangout with Hanging out with friends
  - Shoot targets, shoot clay birds, hang out with family
  - Shop at Walmart or rural king, raise chickens, Hang out with friends, go bowling, shoot guns, go hunting
  - Show goats and deer hunt
  - Show horses, play softball, ride dirt bike/four wheeler
  - Show livestock at fair, cheer
  - Sing in Waivaires, ride 4-wheelers, camp, bonfires
  - sing, dance, skateboard
  - Sing, hang with Hanging out with friends and boyfriend.
  - Skating rink, hanging out with Hanging out with friends, hanging out with my boyfriend
  - Skating, games, Hang out with friends
  - Sleep, eat
  - Sleep, hang with Hanging out with friends
  - Sleep, play on phone, skate, swim
  - Sleep, read, play outside, stay inside, watch Netflix
  - Smoke marijuana. Lift. Walk in the park.
  - Soccer, Hang out with friends, video games
  - Social Media, Hanging out with friends

- 
- Softball and Sleeping
  - Spend time with family, go camping, fishing, hiking, swimming, etc. Just whatever.
  - Sports & Hanging out with friends
  - sports and clubs
  - sports and see family/Hanging out with friends
  - Sports, band, spend time with family and Hanging out with friends
  - Sports, biking, bowling, and movies.
  - sports, fair
  - Sports, fair
  - Sports, Hang out with friends
  - Sports, hangout with Hanging out with friends/girlfriend.
  - Sports, ride 4-wheelers, chill with my Hanging out with friends
  - Sports, ride 4-wheelers, fair
  - Sports, smoke pot, sleep, eat, hang with bros
  - Sports, social media
  - Sports, work, golf
  - Swim, dirt bike, Wal-Mart
  - swim, games, hangout, listen to music, help others (like depressed)
  - swim, play video games
  - Talk to Hanging out with friends, play games, mess around
  - Talk to my cat, run, do comp, cuddle with Dan
  - Tennis, swim, run, crafts, Netflix, hang with my cousin, Hanging out with friends, T.V.
  - the fair, basketball
  - Too many to write
  - Toiler papering/ding dong ditching and sports
  - Video games and Hang out with friends
  - Video games, band, scouts
  - Video games, draw, read
  - Video games, hanging out with friends, football games, family get-togethers, T.V.
  - Video games, ride a bike
  - Video games, sports, hang with girlfriend
  - Video games, watch videos on the computer
  - Videogames, read, draw
  - Volleyball, #YOLO, and my gang.
  - Volleyball, youth group
  - walk and listen to music
  - Walk around town with Hanging out with friends and sometimes go swimming if it's warm
  - Walk around town, go bike riding, go to Walmart, since we have nothing better to do, eat out with friends
  - Walk around Wal-Mart, Hang out with friends, Darke County Fair
  - Walk around, drive, marching band, go out on dates
  - Walk around, go out, fair, hang with family or Hanging out with friends, go to games, go to store, go out to eat
  - Walk around, Hang out with friends, go out to eat
  - walk around, Hang out with friends, play with niece and little sister

- Walk with friend, and play video games
- Walk, Hang out with friends, be with my boyfriend
- Walk, hang with Hanging out with friends
- Watch T.V., play soccer, sing, dance
- Watch T.V., read, play on the computer
- Wavetts, ride dirt bikes or 4-wheelers, GTC, watch T.V. Just hang out
- We Are The Majority, church
- We are the majority, volunteer at nursing homes and food banks
- When I'm outside of school I go on walks, Hang out with friends, spend time with family, and watch T.V.
- Work and golfing
- work and sports
- Work on cars, ride bikes, work on semis, clean, drive mom/dad around if needed
- work, boyfriend, softball
- Work, fish, hunt
- Work, Hang out with friends and hunt
- Work, hang with Hanging out with friends and family
- Work, hangout with Hanging out with friends
- Work, longboard.
- Work, sports
- Wrestling, scouts, ROTC
- Write, read, sleep, Hang out with friends
- X-Box, fish, hangout with Hanging out with friends, drink bleach
- YMCA, meet Hanging out with friends, movie theatre
- Youth group, practice/meets
- 4-H and Tennis
- 4-H swim kooler
- Hunt, fish, football, toilet paper, ding dong ditch.
- I am a Greenville High School Wavaine. I am involved in many clubs such as 4-h and partially we are t

Nothing (22)

- Darke County isn't fun
- I do not do anything in Darke County
- I grounding because my parents hate me so I can't do anything fun. I just sit at home miserably
- Lol nothing, it's Darke County
- No time for fun
- None
- NOPE
- Not much(3)
- Not much of anything
- Nothing I have no life(2)
- Nothing is fun here(2)
- Nothing is fun in Darke County(5)
- Nothing to do
- Nothing, Darke County sucks

- 
- Nothing. Darke County is boring unless the things you are doing are illegal. Just don't get caught
  - Nothing. We kids have nothing fun to do here and that's why I think so many kids do drugs and drink.
  - stay at home
  - There is nothing fun here.
  - There is nothing to do. Greenville is too small and has nothing that is entertaining
  - There's nothing to do.
  - None. My dog is my only source of "fun"

#### Other

- Big Brothers Big Sisters
- Build stuff in my shop
- corn fields
- Eat
- Fly
- Fun stuff
- go shopping
- Go to Bdubs
- hunt, dig, look for metal, destroy a dead tree and make a mud pit
- Play around
- Ride around town
- Stuff
- T-bell (taco bell)
- Work on stuff
- (Cry) Underlined Darke County
- Depends on the group someone's in. Some drink and do drugs and some are into better things such as c

#### Leave Dark County (1)

- I don't do a lot of fun things in Darke County because I'm always training in Dayton
- I usually leave Darke County to do fun things.
- In Darke County, I don't do anything but in Miami County I take dance classes every year for fun
- Nothing in Darke County, but I compete in pageants.

#### Party (2)

- Party till I die.

#### Physical Activity/ Outdoors Activities

- Baseball and ride bikes
- Baseball, running, swimming
- Basketball(3)
- Basketball and painting
- Basketball, golf
- Basketball, run, swim
- Camping and fishing
- Cheerleading
- Cross country (2)
- Dance class

- 
- Do things outside
  - Fish(2)
  - Fishing, swimming, late night walks
  - Football and basketball with brother and dad
  - Football, fish, baseball, basketball
  - Football, lift weights, and hunt
  - Football, pool Hanging out with friends, dirt bikes
  - Football, swim, lift weights, basketball
  - Go fishing, hunting
  - go outside
  - Go outside and play football and ride four wheelers
  - Go outside and play football, basketball
  - go to the park, soccer
  - Go to the park, the YMCA, golf
  - Go to the park.
  - go to the parks around Darke County, go bowling
  - gymnastics
  - hiking and working out
  - Hunting
  - I cheer for the Greenville Cheer squad.
  - I do dance and play basketball
  - I go and workout at least 5 days a week at Greenville's YMCA
  - I go to the park and play basketball, football, or go to Greenville Roller Rink.
  - I go to the park and play football and basketball with my Hanging out with friends. I go to football and soccer games
  - I just walk around the parks with my Hanging out with friends.
  - I like to help Dad on the farm, I like to go hunting in the woods, and I like to show cows at the fa
  - I play football with my brother
  - I play softball and volleyball
  - I ride horses. (2)
  - I usually go bike, run, swim, and play Frisbee with dad
  - Line-dancing
  - Longboard
  - Marching band(2)
  - On an IEA (International Scholastic Equestrian) Team. I ride horses
  - Outside of school for fun I play football, swim, and skateboard
  - Paintball, riding dirt bikes, (winter) snowboard
  - Play baseball, play football
  - Play basketball and lift weights at the Greenville YMCA
  - play football and workout
  - Play football, baseball, and basketball. I also like to fish and hunt.
  - Play football, basketball and baseball.
  - Play golf (2)
  - Play kickball and softball
  - Play softball and volleyball

- Play sports(5)
- Play tennis, ride my bikes
- Play the Green Wave football team
- Play volleyball with Hanging out with friends
- Ride around town on my bike.
- Ride ATV's and hunt.
- Ride a bike (2)
- Ride bikes and go walk around.
- Ride bikes, ride mopeds, ride ATV and dirt bikes, go to the YMCA, workout, swim, read, shoot, mow la
- Ride dirt bikes, football and track, lift weights, and that's about it.
- Ride dirt bikes
- Ride four-wheelers, lift weights
- Ride horses and ATV, Hunt, Sports
- Run (8)
- Run, walk, play soccer
- Skate-boarding (3)
- Skateboarding, shooting, football, baseball, run, BMX
- Skating (2)
- Soccer (3)
- Soccer, Track
- Softball, dance
- Softball, volleyball and basketball.
- Sports (12)
- Sports, Go Jets!
- Sports, lift, 4 wheelers
- sports/physical activities
- Take tumbling classes at Flying J's, cheer
- Take walks
- Tennis(2)
- Um...Dance, that's all.
- Workout at snap fitness, club or state track meets, AAU basketball

Play games (1)

Refused (118)

I do things with ROTC (1)

School

- Go to school
- I don't do fun things outside of school in Darke County.
- I don't do much outside of school
- Nothing outside of school

Sleep (3)

Work (4)

- I work most of the time so not much of anything.
- Nothing, I do nothing for them. Outside of school I work.

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## Appendix H: Middle School Survey Instrument

1. How old are you:

- 10 years old or younger
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old or older

2. What is your sex?

- Male
- Female

3. In what grade are you?

- 6<sup>th</sup> grade
- 7<sup>th</sup> grade
- 8<sup>th</sup> grade

4. What is your race/ethnicity? (*Select all that apply*)

- American Indian / Alaskan Native
- Asian
- Black / African-American
- Hispanic / Latino
- Native Hawaiian or Other Pacific Islander
- White / Caucasian
- Other (*Please specify*) \_\_\_\_\_

5. How tall are you without shoes on?

Feet: \_\_\_\_\_

Inches: \_\_\_\_\_

6. How much do you weigh without shoes on?

Weight: \_\_\_\_\_



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**The next questions ask about safety.**

7. When you rode a bicycle, rollerblades, skateboard or four-wheeler (ATV) during the past 12 months, how often did you wear a helmet?

- I did not ride a bicycle, rollerblades, skateboard or four wheeler
- Never wore a helmet
- Rarely wore a helmet
- Sometimes wore a helmet
- Most of the time wore a helmet
- Always wore a helmet

8. How often do you wear a seatbelt when riding in a car?

- Never
- Rarely
- Sometimes
- Most of the time
- Always

9. Have you ever ridden in a car driven by someone who has been drinking alcohol?

- Yes
- No
- Not sure

**The next questions ask about violence-related behaviors.**

10. Have you ever carried a weapon, such as a gun, knife, or club?

- Yes
- No

11. Have you ever been in a physical fight?

- Yes
- No

12. Have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?

- Yes
- No

**The next questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.**

13. During the past 12 months, have you ever been bullied?

- Yes
- No

14. Do you use any social networking sites, like Facebook, MySpace or Twitter?

- Yes
- No

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15. How many times in the past 6 months have you been the victim of cyber-bullying (bullying through text message, Facebook, MySpace, or other websites)?

- Never
- Once
- 2-3 times
- 4-6 times
- 7-10 times
- More than 10 times

16. During the past 12 months, did your boyfriend or girlfriend ever hit, slap or physically hurt you on purpose?

- Yes
- No

17. Have you ever been physically forced to have sexual intercourse when you did not want to?

- Yes
- No

**The next questions will ask about tobacco use.**

18. Have you ever tried cigarette smoking, even one or two puffs?

- Yes
- No

19. Does anyone in your household smoke cigarettes?

- Yes
- No

20. How old were you when you smoked a whole cigarette for the first time?

- I have never smoked a whole cigarette
- 8 years old or younger
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old or older

21. During the past 30 days, on how many days did you smoke cigarettes?

- 0 days
- 1-2 days
- 3-5 days
- 6-9 days
- 10-19 days
- 20-29 days
- All 30 days

- 
22. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?
- I did not smoke cigarettes during the past 30 days
  - Less than 1 cigarette per day
  - 1 cigarette per day
  - 2-5 cigarettes per day
  - 6-10 cigarettes per day
  - 11-20 cigarettes per day
  - More than 20 cigarettes per day
23. During the past 30 days, how did you usually get your own cigarettes? (*Select only one response*)
- I did not smoke cigarettes during the past 30 days
  - I bought them in a store, such as a convenience store, supermarket, discount store or gas station
  - I bought them from a vending machine
  - I gave someone else money to buy them for me
  - I borrowed (or bummed) them from someone else
  - My parents bought them for me
  - Another person 18 years old or older gave them to me
  - I took them from a store or family member
  - I got them some other way (*Please specify* \_\_\_\_\_)
24. Have you smoked cigarettes daily, that is, at least one cigarette every day for 30 days?
- Yes
  - No
25. During the past 30 days, on how many days did you use chewing tobacco, snuff or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
- 0 days
  - 1-2 days
  - 3-5 days
  - 6-9 days
  - 10-19 days
  - 20-29 days
  - All 30 days
26. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
- 0 days
  - 1-2 days
  - 3-5 days
  - 6-9 days
  - 10-19 days
  - 20-29 days
  - All 30 days

**The next questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.**

27. Have you ever had a drink of alcohol, other than a few sips?
- Yes
  - No

- 
28. How old were you when you had your first drink of alcohol other than a few sips?
- I have never had a drink of alcohol other than a few sips
  - 8 years old or younger
  - 9-10 years old
  - 11-12 years old
  - 13-14 years old
  - 15-16 years old
  - 17 years old or older
29. During the past 30 days, how did you usually get the alcohol you drank?
- I did not drink alcohol during the past 30 days
  - I bought it in a store, such as a liquor store, convenience store, supermarket, discount store, or gas station
  - I bought it at a restaurant, bar or club
  - I bought it at a public event, such as a concert or sporting event
  - I gave someone else money to buy it for me
  - A parent bought it for me
  - Someone gave it to me
  - I took it from a store or family member
  - I got it some other way (*Please specify* \_\_\_\_\_)

**The next questions ask about drug use.**

30. Has anyone ever tried to sell or give you an illegal drug?
- Yes
  - No
31. Have you ever used marijuana? (Also called grass or pot)
- Yes
  - No
32. How old were you when you tried marijuana for the first time?
- I have never tried marijuana
  - 8 years old or younger
  - 9-10 years old
  - 11-12 years old
  - 13-14 years old
  - 15-16 years old
  - 17 years of age or older
33. Have you ever used any form of cocaine, including powder, crack, or freebase?
- Yes
  - No
34. Have you ever sniffed glue, or breathed the contents of spray cans, or inhaled any paints or sprays to get high?
- Yes
  - No

- 
35. Have you ever used steroid pills or shots without a doctor's prescription?
- Yes
  - No
36. Have you ever used heroin (also called smack, junk, or China White)?
- Yes
  - No
37. Have you ever used methamphetamines (also called speed, crystal, crank, or ice)?
- Yes
  - No
38. Have you ever used ecstasy (also called MDMA)?
- Yes
  - No
39. Have you ever taken prescription drugs that were not prescribed to you in order to get high?
- Yes
  - No
40. How did you get the prescription pills that you took in order to get high?
- I have never used prescription pills in order to get high
  - I took them from my medicine cabinet without my parent's knowledge
  - My parents gave them to me
  - A friend gave them to me
  - I stole them from a store, such as a pharmacy, convenient store, or grocery store
  - I got it some other way (*Please specify* \_\_\_\_\_)
41. Have you ever sent or received sexually explicit pictures or video on your cell phone of yourself or another person (also known as sexting)?
- Yes
  - No

**The next questions will ask about body weight.**

42. How do you describe your weight?
- Very underweight
  - Slightly underweight
  - About the right weight
  - Slightly overweight
  - Very overweight
43. Which of the following are you trying to do about your weight?
- Lose weight
  - Gain weight
  - Stay the same weight
  - I am not trying to do anything about my weight

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44. Have you ever exercised to lose weight or to keep from gaining weight?

- Yes
- No

45. Have you ever eaten less food, fewer calories, fewer carbs, or foods low in fat to lose weight or to keep from gaining weight?

- Yes
- No

46. Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

- Yes
- No

47. Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

- Yes
- No

48. Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight?

- Yes
- No

**The next questions will ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.**

49. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks)

- I did not drink 100% fruit juice during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

50. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice)

- I did not eat fruit during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

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51. During the past 7 days, how many times did you eat vegetables? (Such as salads, carrots, or other vegetables)

- I did not eat vegetables during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

52. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

- I did not eat potatoes during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

53. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

- I did not drink soda or pop during the past 7 days
- 1-3 times during the past 7 days
- 4-6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

54. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

- I did not drink milk during the past 7 days
- 1-3 glasses during the past 7 days
- 4-6 glasses during the past 7 days
- 1 glass per day
- 2 glasses per day
- 3 glasses per day
- 4 or more glasses per day

55. During the past 7 days, how many times did you drink an energy drink, such as Red Bull, Monster, or Five Hour Energy?

- I did not drink an energy drink during the past 7 days
- 1-3 glasses during the past 7 days
- 4-6 glasses during the past 7 days
- 1 glass per day
- 2 glasses per day
- 3 glasses per day
- 4 or more glasses per day

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**The next questions will ask about physical activity.**

56. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

57. On an average school day, how many hours do you watch TV?

- I do not watch TV on an average school day
- Less than 1 hour per day
- 1 hour per day
- 2 hours per day
- 3 hours per day
- 4 hours per day
- 5 or more hours per day

58. On an average school day, how many hours do you play video or computers games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet)

- I do not play video or computer games or use a computer for something that is not school work
- Less than 1 hour per day
- 1 hour per day
- 2 hours per day
- 3 hours per day
- 4 hours per day
- 5 or more hours per day

59. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

60. During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups)

- 0 teams
- 1 team
- 2 teams
- 3 or more teams



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**The next questions will ask about mental health.**

61. During the past 12 months, have you ever had a hard time concentrating on completing a task?

Yes

No

62. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

Yes

No

63. During the past 12 months, did you ever seriously consider attempting suicide?

Yes

No

64. During the past 12 months, how many times did you actually attempt suicide?

0 times

1 time

2-3 times

4-5 times

6 or more times

65. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Yes

No

Did not attempt suicide during the past 12 months

66. When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? (**Select all that apply**)

No one

Best friend

My girlfriend/boyfriend

Pastor/priest

Brother/sister

Parents

Youth minister

Scout master

Teacher

School counselor

Professional counselor

Other (*Please Specify*\_\_\_\_\_)

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67. During your life, how many times have you purposely hurt yourself? (For example, cutting, burning, scratching, hitting, biting, etc.)

- 0 times
- 1-2 times
- 3-9 times
- 10-19 times
- 20-39 times
- 40 times or more

**The next questions will ask about other health-related topics.**

68. Have you ever been taught about AIDS or HIV infection in school?

- Yes
- No
- Not sure

69. Has a doctor or nurse ever told you that you have asthma?

- Yes
- No
- Not sure

70. Do you still have asthma?

- I have never had asthma
- Yes
- No
- Not sure

71. How long has it been since you last visited the dentist or a dental clinic for any reason?

- Never
- Less than 1 year ago
- 1 year, but less than 2 years ago
- 2 years, but less than 5 years ago
- 5 or more years ago

72. Outside of school, what kinds of things do you do for fun in Darke County? (*Open-ended Question*)

**Thank you for completing this survey!**

**Appendix I: Middle School Frequencies**

Age

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	11 years old	2	.4	.4	.4
	12 years old	153	28.2	28.3	28.7
	13 years old	261	48.2	48.3	77.0
	14 years old	118	21.8	21.9	98.9
	15 years old	6	1.1	1.1	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your sex?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	268	49.4	50.4	50.4
	Female	264	48.7	49.6	100.0
	Total	532	98.2	100.0	
Missing	Refused	10	1.8		
Total		542	100.0		

Grade

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	7th	256	47.2	47.4	47.4
	8th	284	52.4	52.6	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? American Indian/ Alaskan Native

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	491	90.6	90.9	90.9
	Yes	49	9.0	9.1	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? Asian

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	530	97.8	98.1	98.1
	Yes	10	1.8	1.9	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? Black/ African America

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	523	96.5	96.9	96.9
	Yes	17	3.1	3.1	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? Hispanic/ Latino

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	526	97.0	97.4	97.4
	Yes	14	2.6	2.6	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? Native Hawaiian or Other Pacific Islander

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	538	99.3	99.6	99.6
	Yes	2	.4	.4	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? White/Caucasian

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	83	15.3	15.4	15.4
	Yes	457	84.3	84.6	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? Other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	538	99.3	99.6	99.6
	Yes	2	.4	.4	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

What is your race/ethnicity? Other, please specify

- Bi-racial
- Mixed

When you rode a bicycle, roller blades, skateboard or four-wheeler (ATV) during the past 12 months, how often did you wear a helmet?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not ride a bicycle, roller blades, skateboard or four wheeler	39	7.2	7.3	7.3
	Never wore a helmet	276	50.9	51.4	58.7
	Rarely wore a helmet	69	12.7	12.8	71.5
	Sometimes wore a helmet	48	8.9	8.9	80.4
	Most of the time wore a helmet	49	9.0	9.1	89.6
	Always wore a helmet	56	10.3	10.4	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

How often do you wear a seatbelt when driving or riding in a car?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	11	2.0	2.0	2.0
	Rarely	35	6.5	6.5	8.5
	Sometimes	48	8.9	8.9	17.4
	Most of the time	142	26.2	26.3	43.8
	Always	303	55.9	56.2	100.0
	Total	539	99.4	100.0	
Missing	Refused	3	.6		
Total		542	100.0		

Have you ever ridden in a car driven by someone who has been drinking alcohol?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	93	17.2	17.4	17.4
	No	357	65.9	66.7	84.1
	Not sure	85	15.7	15.9	100.0
	Total	535	98.7	100.0	
Missing	Refused	7	1.3		
Total		542	100.0		

During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	191	35.2	35.5	35.5
	1 day	347	64.0	64.5	100.0
	Total	538	99.3	100.0	
Missing	Refused	4	.7		
Total		542	100.0		

During the past 12 months, how many times were you in a physical fight?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 Times	187	34.5	34.9	34.9
	1 Time	349	64.4	65.1	100.0
	Total	536	98.9	100.0	
Missing	Refused	6	1.1		
Total		542	100.0		

During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 Times	19	3.5	3.5	3.5
	1 Time	519	95.8	96.5	100.0
	Total	538	99.3	100.0	
Missing	Refused	4	.7		
Total		542	100.0		

During the past 12 months, have you ever been bullied?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	211	38.9	39.2	39.2
	No	327	60.3	60.8	100.0
	Total	538	99.3	100.0	
Missing	Refused	4	.7		
Total		542	100.0		

Do you use any social networking sites, like Facebook, MySpace, or Twitter?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	410	75.6	76.2	76.2
	No	128	23.6	23.8	100.0
	Total	538	99.3	100.0	
Missing	Refused	4	.7		
Total		542	100.0		

How many times in the past 6 months have you been the victim of cyber-bullying (bullying through text message, Facebook, MySpace, or other websites)?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	392	72.3	73.0	73.0
	Once	58	10.7	10.8	83.8
	2-3 Times	50	9.2	9.3	93.1
	4-6 times	12	2.2	2.2	95.3
	7-10 times	9	1.7	1.7	97.0
	More than 10 Times	16	3.0	3.0	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	18	3.3	3.3	3.3
	No	520	95.9	96.7	100.0
	Total	538	99.3	100.0	
Missing	Refused	4	.7		
Total		542	100.0		

Have you ever tried cigarette smoking, even one or two puffs?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	54	10.0	10.0	10.0
	No	485	89.5	90.0	100.0
	Total	539	99.4	100.0	
Missing	Refused	3	.6		
Total		542	100.0		

Does anyone in your household smoke cigarettes?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	248	45.8	46.2	46.2
	No	289	53.3	53.8	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

How old were you when you smoked a whole cigarette for the first time?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never smoked a whole cigarette	491	90.6	91.8	91.8
	8 years or younger	10	1.8	1.9	93.6
	9 years old	1	.2	.2	93.8
	10 years old	5	.9	.9	94.8
	11 years old	14	2.6	2.6	97.4
	12 years old	14	2.6	2.6	100.0
	Total	535	98.7	100.0	
Missing	Refused	7	1.3		
Total		542	100.0		



During the past 30 days, on how many days did you smoke cigarettes?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	511	94.3	94.8	94.8
	1-2 days	13	2.4	2.4	97.2
	3-5 days	2	.4	.4	97.6
	6-9 days	3	.6	.6	98.1
	10-19 days	2	.4	.4	98.5
	20-29 days	1	.2	.2	98.7
	All 30 days	7	1.3	1.3	100.0
	Total	539	99.4	100.0	
Missing	Refused	3	.6		
Total		542	100.0		

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not smoke cigarettes during the past 30 days	508	93.7	95.5	95.5
	Less than 1 cigarette per day	7	1.3	1.3	96.8
	1 cigarette per day	7	1.3	1.3	98.1
	2-5 cigarettes per day	2	.4	.4	98.5
	6-10 cigarettes per day	3	.6	.6	99.1
	11-20 cigarettes per day	2	.4	.4	99.4
	More than 20 cigarettes per day	3	.6	.6	100.0
	Total	532	98.2	100.0	
Missing	Refused	10	1.8		
Total		542	100.0		

During the past 30 days how did you usually get your own cigarettes?

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid I did not smoke cigarettes during the last 30 days	506	93.4	95.5	95.5
I bought them in a store, such as a convenience store, supermarket, discount store or gas station	1	.2	.2	95.7
I gave someone else money to buy them for me	1	.2	.2	95.8
I borrowed (or bummed) them from someone else	8	1.5	1.5	97.4
My parents bought them for me	1	.2	.2	97.5
Another person 18 years of age or older gave them to me	4	.7	.8	98.3
I took them from a store or family member	6	1.1	1.1	99.4
I got it some other way, please specify	3	.6	.6	100.0
Total	530	97.8	100.0	
MissingRefused	12	2.2		
Total	542	100.0		

During the past 30 days how did you usually get your own cigarettes? I got it some other way, please specify

- A friend
- I saw it

Have you smoked cigarettes daily, that is, at least one cigarette every 30 days?

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Yes	9	1.7	1.7	1.7
No	523	96.5	98.3	100.0
Total	532	98.2	100.0	
Missing Refused	10	1.8		
Total	542	100.0		

During the past 30 days, on how many days did you use chewing tobacco, snuff or dip, such as Redman, Levi Garret, Beechnut, Skoal Bandits, or Copenhagen?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	523	96.5	97.8	97.8
	1-2 days	6	1.1	1.1	98.9
	3-5 days	2	.4	.4	99.3
	6-9 days	2	.4	.4	99.6
	10-19 days	1	.2	.2	99.8
	All 30 days	1	.2	.2	100.0
	Total	535	98.7	100.0	
Missing	Refused	7	1.3		
Total		542	100.0		

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	522	96.3	97.6	97.6
	1-2 days	4	.7	.7	98.3
	3-5 days	2	.4	.4	98.7
	6-9 days	3	.6	.6	99.3
	10-19 days	2	.4	.4	99.6
	20-29 days	1	.2	.2	99.8
	All 30 days	1	.2	.2	100.0
	Total	535	98.7	100.0	
Missing	Refused	7	1.3		
Total		542	100.0		

Have you ever had a sip of alcohol, other than a few sips?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	104	19.2	19.4	19.4
	No	431	79.5	80.6	100.0
	Total	535	98.7	100.0	
Missing	Refused	7	1.3		
Total		542	100.0		

How old were you when you had your first drink of alcohol, other than a few sips?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never had a drink of alcohol other than a few sips	428	79.0	79.7	79.7
	8 years or younger	22	4.1	4.1	83.8
	9-10 years old	22	4.1	4.1	87.9
	11-12 years old	33	6.1	6.1	94.0
	13-14 years old	32	5.9	6.0	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

During the past 30 days, how did you usually get the alcohol you drank?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not smoke cigarettes during the last 30 days	494	91.1	92.5	92.5
	I bought them in a store, such as a liquor store, convenience store, supermarket, discount store, or gas station	1	.2	.2	92.7
	I gave someone else money to buy it for me	4	.7	.7	93.4
	A parent bought it for me	5	.9	.9	94.4
	Someone gave it to me	19	3.5	3.6	97.9
	I took it from a store or family member	7	1.3	1.3	99.3
	I got it some other way, please specify	4	.7	.7	100.0
	Total	534	98.5	100.0	
Missing	Refused	7	1.3		
	System	1	.2		
	Total	8	1.5		
Total		542	100.0		

During the past 30 days, how did you usually get the alcohol you drank? I got it some other way, please specify

- Family
- Family Tradition

Has anyone ever tried to sell or give you an illegal drug?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	47	8.7	8.7	8.7
	No	492	90.8	91.3	100.0
	Total	539	99.4	100.0	
Missing	Refused	3	.6		
Total		542	100.0		

Have you ever used marijuana? (Also called grass or pot)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	33	6.1	6.1	6.1
	No	506	93.4	93.9	100.0
	Total	539	99.4	100.0	
Missing	Refused	3	.6		
Total		542	100.0		

How old were you when you tried marijuana for the first time?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never smoked a whole cigarette	502	92.6	93.3	93.3
	8 years or younger	2	.4	.4	93.7
	9 years old	5	.9	.9	94.6
	10 years old	11	2.0	2.0	96.7
	11 years old	18	3.3	3.3	100.0
	Total	538	99.3	100.0	
Missing	Refused	4	.7		
Total		542	100.0		

Have you ever used any form of cocaine, including powder, crack, or freebase?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	11	2.0	2.0	2.0
	No	529	97.6	98.0	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

Have you ever sniffed glue, or breathed the contents of spray cans, or inhaled any paints or sprays to get high?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	22	4.1	4.1	4.1
	No	518	95.6	95.9	100.0
	Total	540	99.6	100.0	
Missing	Refused	2	.4		
Total		542	100.0		

Have you ever used steroid pills or shots without a doctor's prescription?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	8	1.5	1.5	1.5
	No	531	98.0	98.5	100.0
	Total	539	99.4	100.0	
Missing	Refused	3	.6		
Total		542	100.0		

Have you ever used heroin (also called smack, junk, or China White)?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	5	.9	.9	.9
	No	532	98.2	99.1	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

Have you ever used methamphetamines (also called speed, crystal, crank, or ice)?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	.4	.4	.4
	No	533	98.3	99.6	100.0
	Total	535	98.7	100.0	
Missing	Refused	7	1.3		
Total		542	100.0		

Have you ever used ecstasy (also called MDMA)?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	.4	.4	.4
	No	536	98.9	99.6	100.0
	Total	538	99.3	100.0	
Missing	Refused	4	.7		
Total		542	100.0		

Have you ever taken prescription drugs that were not prescribed to you in order to get high?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	10	1.8	1.9	1.9
	No	524	96.7	98.1	100.0
	Total	534	98.5	100.0	
Missing	Refused	8	1.5		
Total		542	100.0		

How did you get the prescription pills that you took in order to get high?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never used prescription pills in order to get high	525	96.9	98.3	98.3
	I took them from my medicine cabinet without my parent's knowledge	4	.7	.7	99.1
	My parents gave them to me	1	.2	.2	99.3
	A friend gave them to me	4	.7	.7	100.0
	Total	534	98.5	100.0	
Missing	Refused	8	1.5		
Total		542	100.0		

Have you ever sent or received sexually explicit pictures or video on your cell phone of yourself or another person (also known as sexting)?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	54	10.0	10.1	10.1
	No	482	88.9	89.9	100.0
	Total	536	98.9	100.0	
Missing	Refused	6	1.1		
Total		542	100.0		

How do you describe your weight?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very underweight	24	4.4	4.5	4.5
	Slightly underweight	68	12.5	12.7	17.2
	About the right weight	314	57.9	58.8	76.0
	Slightly overweight	107	19.7	20.0	96.1
	Very overweight	21	3.9	3.9	100.0
	Total	534	98.5	100.0	
Missing	Refused	8	1.5		
Total		542	100.0		

Which of the following are you trying to do about your weight?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Lose weight	240	44.3	44.7	44.7
	Gain weight	55	10.1	10.2	54.9
	Stay the same weight	121	22.3	22.5	77.5
	I am not trying to do anything about my weight	121	22.3	22.5	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

Have you ever exercised to lose weight or to keep from gaining weight?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	373	68.8	69.5	69.5
	No	164	30.3	30.5	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		



Have you ever eaten less food, fewer calories, fewer carbs, or foods low in fat to lose weight or to keep from gaining weight?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	240	44.3	44.7	44.7
	No	297	54.8	55.3	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	100	18.5	18.6	18.6
	No	437	80.6	81.4	100.0
	Total	537	99.1	100.0	
Missing	Refused	5	.9		
Total		542	100.0		

Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	22	4.1	4.1	4.1
	No	514	94.8	95.9	100.0
	Total	536	98.9	100.0	
Missing	Refused	6	1.1		
Total		542	100.0		

Have you ever vomited or take laxatives to lose weight or to keep from gaining weight?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	25	4.6	4.7	4.7
	No	511	94.3	95.3	100.0
	Total	536	98.9	100.0	
Missing	Refused	6	1.1		
Total		542	100.0		

During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink 100% fruit juice during the past 7 days	181	33.4	33.8	33.8
	1-3 times during the past 7 days	206	38.0	38.5	72.3
	4-6 times during the past 7 days	62	11.4	11.6	83.9
	1 time per day	28	5.2	5.2	89.2
	2 times per day	26	4.8	4.9	94.0
	3 times per day	5	.9	.9	95.0
	4 or more times per day	27	5.0	5.0	100.0
	Total	535	98.7	100.0	
Missing	Refused	7	1.3		
Total		542	100.0		

During the past 7 days, how many times did you eat fruit? (Do not count fruit juice)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not eat fruit during the past 7 days	63	11.6	11.8	11.8
	1-3 times during the past 7 days	172	31.7	32.2	44.0
	4-6 times during the past 7 days	119	22.0	22.3	66.3
	1 time per day	67	12.4	12.5	78.8
	2 times per day	55	10.1	10.3	89.1
	3 times per day	27	5.0	5.1	94.2
	4 or more times per day	31	5.7	5.8	100.0
	Total	534	98.5	100.0	
Missing	Refused	7	1.3		
	System	1	.2		
	Total	8	1.5		
Total		542	100.0		

During the past 7 days, how many times did you eat vegetables? (Such as salads, carrots, or other vegetables)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not eat vegetables during the past 7 days	78	14.4	14.6	14.6
	1-3 times during the past 7 days	158	29.2	29.6	44.2
	4-6 times during the past 7 days	124	22.9	23.2	67.4
	1 time per day	61	11.3	11.4	78.8
	2 times per day	63	11.6	11.8	90.6
	3 times per day	23	4.2	4.3	94.9
	4 or more times per day	27	5.0	5.1	100.0
	Total	534	98.5	100.0	
Missing	Refused	7	1.3		
	System	1	.2		
	Total	8	1.5		
Total		542	100.0		

During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not eat potatoes during the past 7 days	199	36.7	37.3	37.3
	1-3 times during the past 7 days	236	43.5	44.2	81.5
	4-6 times during the past 7 days	51	9.4	9.6	91.0
	1 time per day	30	5.5	5.6	96.6
	2 times per day	9	1.7	1.7	98.3
	3 times per day	3	.6	.6	98.9
	4 or more times per day	6	1.1	1.1	100.0
	Total	534	98.5	100.0	
Missing	Refused	7	1.3		
	System	1	.2		
	Total	8	1.5		
Total		542	100.0		

During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink soda or pop during the past 7 days	135	24.9	25.3	25.3
	1-3 times during the past 7 days	229	42.3	42.9	68.2
	4-6 times during the past 7 days	71	13.1	13.3	81.5
	1 time per day	40	7.4	7.5	89.0
	2 times per day	30	5.5	5.6	94.6
	3 times per day	16	3.0	3.0	97.6
	4 or more times per day	13	2.4	2.4	100.0
	Total	534	98.5	100.0	
	Missing	Refused	7	1.3	
System		1	.2		
Total		8	1.5		
Total	542	100.0			

During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink milk during the past 7 days	91	16.8	17.1	17.1
	1-3 times during the past 7 days	121	22.3	22.7	39.8
	4-6 times during the past 7 days	99	18.3	18.6	58.3
	1 time per day	70	12.9	13.1	71.5
	2 times per day	79	14.6	14.8	86.3
	3 times per day	31	5.7	5.8	92.1
	4 or more times per day	42	7.7	7.9	100.0
	Total	533	98.3	100.0	
Missing	Refused	8	1.5		
	System	1	.2		
	Total	9	1.7		
Total	542	100.0			

During the past 7 days, how many times did you drink an energy drink, such as Red Bull, Monster, or Five Hour Energy?'

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I did not drink an energy drink in the past 7 days	447	82.5	83.7	83.7
	1-3 times during the past 7 days	62	11.4	11.6	95.3
	4-6 times during the past 7 days	10	1.8	1.9	97.2
	1 time per day	3	.6	.6	97.8
	2 times per day	5	.9	.9	98.7
	3 times per day	2	.4	.4	99.1
	4 or more times per day	5	.9	.9	100.0
	Total	534	98.5	100.0	
	Missing	Refused	7	1.3	
System		1	.2		
Total		8	1.5		
Total		542	100.0		

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all of the times you spent in any kind of physical activity that increased your heart and made you breathe hard some of the time)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	50	9.2	9.4	9.4
	1 days	33	6.1	6.2	15.6
	2 days	35	6.5	6.6	22.2
	3 days	48	8.9	9.0	31.2
	4 days	61	11.3	11.5	42.7
	5 days	65	12.0	12.2	54.9
	6 days	48	8.9	9.0	63.9
	7 days	192	35.4	36.1	100.0
	Total	532	98.2	100.0	
Missing	Refused	9	1.7		
	System	1	.2		
	Total	10	1.8		
Total		542	100.0		

On an average school day, how many hours do you watch TV?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not watch TV on an average school day	69	12.7	13.0	13.0
	Less than 1 hour per day	116	21.4	21.9	35.0
	1 hour per day	91	16.8	17.2	52.2
	2 hours per day	128	23.6	24.2	76.4
	3 hours per day	67	12.4	12.7	89.0
	4 hours per day	26	4.8	4.9	94.0
	5 or more hours per day	32	5.9	6.0	100.0
	Total	529	97.6	100.0	
Missing	Refused	12	2.2		
	System	1	.2		
	Total	13	2.4		
Total		542	100.0		

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStations, Xbox, computer games, and the internet)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not play video or computer games or use a computer for something that is not school work	101	18.6	19.0	19.0
	Less than 1 hour per day	118	21.8	22.2	41.2
	1 hour per day	72	13.3	13.5	54.7
	2 hours per day	76	14.0	14.3	69.0
	3 hours per day	57	10.5	10.7	79.7
	4 hours per day	39	7.2	7.3	87.0
	5 or more hours per day	69	12.7	13.0	100.0
	Total	532	98.2	100.0	
Missing	Refused	9	1.7		
	System	1	.2		
	Total	10	1.8		
Total		542	100.0		

In an average week when you are in school, on how many days do you go to physical education (PE) classes?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 days	245	45.2	46.1	46.1
	1 day	13	2.4	2.4	48.6
	2 days	8	1.5	1.5	50.1
	3 days	17	3.1	3.2	53.3
	4 days	5	.9	.9	54.2
	5 days	243	44.8	45.8	100.0
	Total	531	98.0	100.0	
Missing	Refused	10	1.8		
	System	1	.2		
	Total	11	2.0		
Total		542	100.0		

During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 teams	184	33.9	34.5	34.5
	1 team	142	26.2	26.6	61.0
	2 teams	107	19.7	20.0	81.1
	3 teams	101	18.6	18.9	100.0
	Total	534	98.5	100.0	
Missing	Refused	7	1.3		
	System	1	.2		
	Total	8	1.5		
Total		542	100.0		

During the past 12 months, have you ever had a hard time concentrating on completing a task?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	281	51.8	53.2	53.2
	No	247	45.6	46.8	100.0
	Total	528	97.4	100.0	
Missing	Refused	13	2.4		
	System	1	.2		
	Total	14	2.6		
Total		542	100.0		

During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	139	25.6	26.2	26.2
	No	391	72.1	73.8	100.0
	Total	530	97.8	100.0	
Missing	Refused	11	2.0		
	System	1	.2		
	Total	12	2.2		
Total		542	100.0		

During the past 12 months, did you ever seriously consider attempting suicide?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	69	12.7	13.2	13.2
	No	454	83.8	86.8	100.0
	Total	523	96.5	100.0	
Missing	Refused	18	3.3		
	System	1	.2		
	Total	19	3.5		
Total		542	100.0		

During the past 12 months, how many times did you actually attempt suicide?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 times	487	89.9	92.1	92.1
	1 time	20	3.7	3.8	95.8
	2-3 times	15	2.8	2.8	98.7
	4-5 times	5	.9	.9	99.6
	6 or more times	2	.4	.4	100.0
	Total	529	97.6	100.0	
Missing	Refused	12	2.2		
	System	1	.2		
	Total	13	2.4		
Total		542	100.0		



If you attempted suicide during the past 12 months, did any attempt result in injury, poisoning, or overdose that had to be treated by a doctor or nurse?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	19	3.5	3.6	3.6
	no	83	15.3	15.7	19.3
	Did not attempt suicide during the past 12 months	426	78.6	80.7	100.0
	Total	528	97.4	100.0	
Missing	Refused	13	2.4		
	System	1	.2		
	Total	14	2.6		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? -No one

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	369	68.1	68.8	68.8
	Yes	167	30.8	31.2	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Best friend

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	262	48.3	48.9	48.9
	Yes	274	50.6	51.1	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - My girlfriend/ boyfriend

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	450	83.0	84.0	84.0
	Yes	86	15.9	16.0	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Pastor/priest

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	516	95.2	96.3	96.3
	Yes	20	3.7	3.7	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Brother/sister

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	425	78.4	79.3	79.3
	Yes	111	20.5	20.7	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Parents

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	302	55.7	56.3	56.3
	Yes	234	43.2	43.7	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Youth minister

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	515	95.0	96.1	96.1
	Yes	21	3.9	3.9	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Scout master

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	534	98.5	99.6	99.6
	Yes	2	.4	.4	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Teacher

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	516	95.2	96.4	96.4
	Yes	19	3.5	3.6	100.0
	Total	535	98.7	100.0	
Missing	Refused	5	.9		
	System	2	.4		
	Total	7	1.3		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - School counselor

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	509	93.9	95.0	95.0
	Yes	27	5.0	5.0	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Professional counselor

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	500	92.3	93.5	93.5
	Yes	35	6.5	6.5	100.0
	Total	535	98.7	100.0	
Missing	Refused	5	.9		
	System	2	.4		
	Total	7	1.3		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? - Other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	492	90.8	91.8	91.8
	Yes	44	8.1	8.2	100.0
	Total	536	98.9	100.0	
Missing	Refused	5	.9		
	System	1	.2		
	Total	6	1.1		
Total		542	100.0		

When you feel sad, hopeless, or depressed, with whom do you talk about your concerns? – Other (Specify)

- Aunt (3)
- Aunt(s) and Uncle(s) (2)
- Aunts, cousin
- Brother-in-law
- Cousin(s) (3)
- Diary
- Friend
- Grandma, mom
- Grandparent(s) (13)
- Grandparents and other relatives
- Grandparents and other relatives
- Grandparents, cousins
- Great Grandpa
- I pray (pray to God) (2)
- I pray to my dad who died
- My dog(s) (2)
- My ex-girlfriend
- My grandma and aunt
- My stuffed horse
- Myself (2)
- Pets
- Principal
- Step-mom

During your life how many times have you purposely hurt yourself? (for example, cutting, burning, scratching, hitting, biting, etc)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0 times	386	71.2	73.0	73.0
	1-2 Times	62	11.4	11.7	84.7
	3-9 times	33	6.1	6.2	90.9
	10-19 times	15	2.8	2.8	93.8
	20-39 times	10	1.8	1.9	95.7
	40 times or more	23	4.2	4.3	100.0
	Total	529	97.6	100.0	
Missing	Refused	12	2.2		
	System	1	.2		
	Total	13	2.4		
Total		542	100.0		

Have you ever been taught about AIDS or HIV infection in school?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	210	38.7	39.7	39.7
	No	154	28.4	29.1	68.8
	Not sure	165	30.4	31.2	100.0
	Total	529	97.6	100.0	
Missing	Refused	12	2.2		
	System	1	.2		
	Total	13	2.4		
Total		542	100.0		

Has a doctor or nurse ever told you that you have asthma?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	92	17.0	17.4	17.4
	No	391	72.1	74.1	91.5
	Not sure	45	8.3	8.5	100.0
	Total	528	97.4	100.0	
Missing	Refused	13	2.4		
	System	1	.2		
	Total	14	2.6		
Total		542	100.0		

## Do you still have asthma?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I have never had asthma	300	55.4	56.9	56.9
	Yes	68	12.5	12.9	69.8
	No	114	21.0	21.6	91.5
	Not sure	45	8.3	8.5	100.0
	Total	527	97.2	100.0	
Missing	Refused	14	2.6		
	System	1	.2		
	Total	15	2.8		
Total		542	100.0		

## How long has it been since you last visited the dentist for any reason?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	27	5.0	5.1	5.1
	Less than 1 year ago	403	74.4	76.3	81.4
	1 year, but less than 2 years ago	69	12.7	13.1	94.5
	2 years, but less than 5 years ago	16	3.0	3.0	97.5
	5 or more years ago	13	2.4	2.5	100.0
	Total	528	97.4	100.0	
Missing	Refused	13	2.4		
	System	1	.2		
	Total	14	2.6		
Total		542	100.0		

## CDC - United States Growth Charts

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Underweight (<5th %ile)	32	5.9	6.9	6.9
	Normal BMI (5th to 85th %ile)	297	54.8	64.3	71.2
	Overweight (85th to 95th %ile)	63	11.6	13.6	84.8
	Obese (95th to 100 %ile)	70	12.9	15.2	100.0
	Total	462	85.2	100.0	
Missing	System	80	14.8		
Total		542	100.0		

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Outside of school, what kinds of things do you do for fun in Darke County? (Open-ended Question)

## 4-H (2)

- I am in 4H, I show sheep.

## Alcohol/Drugs

- Mary Jane
- Mary Jane (aka weed)
- Weed

## Arts

- I draw a lot
- I like singing and I take lessons. I participate in the school theater group. I like to go to the li
- Play guitar
- Theater(drama)

## Electronics

- I play video games.
- Netflix and chill
- Netflix, music, watch movies.
- Play COD
- Play video games
- Play with my friend on PS4
- Play x-box 360
- Video games and watching videos
- go on YouTube

## Fair (1)

- Go to the fair
- I show pigs and eat fair food
- The fair

## Family

- Going on a car trip with my family

## Farm (1)

- help people with the farm sometimes

## Hang out with friends (12)

- Hang out with my friends (2)
- Hang out with my friends and do more things
- Hang with friends
- Hanging with my best friend
- hangout with people
- I hang out with my friends
- I like to hang out with my friends
- I play with my friends
- Go see my friends
- Go to a friend's house to hang out
- Go to park with friends
- Go to people's Houses
- Go to the Coffee Pot and hang out with friends



- Walk around with friends
- Walk around with my best friends

I don't know (3)

I play games (2)

- play games
- Play
- Walk around and play games

Fit into multiple categories

- I go out and ride my dirt bike, help my brother that is on one leg, work on cars, clean, shop, or my
- 4-H, Art lessons
- 4H, softball, wrestling
- 4-H, swimming, dance, spending time with family and friends
- 4H, theater, softball, genealogy, scrapbooking, venturing scouts
- 4-h, walk, run, and play with my brothers
- AAU Basketball, School Sports (Basketball, Cross-Country, track), take care/ride my horse, draw
- Backyard baseball, backyard football, art
- Ballet, make jewelry wit sister, ride bike, rollerblade
- Baseball, basketball, fall ball, walk around Pittsburg, and hang out at PP and G's
- Baseball, dirt bikes, video-games, friends, etc.
- Basketball, football, riding bikes, running, hang out with friends
- Basketball, golf, bike rides, play games with family, I am close to my family, hanging out with friends
- Basketball, softball, hang with friends
- Bike riding, do my hair, play outside
- Boy scouts, cross country, biking, baseball
- Boy scouts, soccer, bowling, tennis, and adventuring.
- Boy scouts, video games
- Boy scouts, wood carving, eating
- Build stuff, make explosives (sort of), goof off, swim, occasionally bike.
- build things and play basketball
- Cheerleading, hanging out with friends
- Cheerleading, listen to music
- Chill with friends, play volleyball, shop.
- Church youth groups, go to museums, fair, etc.
- Coffee pot, library, skating, draw
- coffee pot, park with friends, play basketball
- Corner shack (youth group), boy scouts
- Cross country, ride bikes, track, hang with friends, basketball, walk/run, tennis, go to parks
- Cross country, softball, hang with friends
- Cross country, Video games, internet games
- Cross-country, soccer, track, Watching movies
- Cross-country, video games, playing with friends
- Dance, horseback riding, clean, sing, hang out with friends, have fun.

- 
- Darke County steam threshers
  - Dig in the yard and play board games
  - Dirt bike, fishing/hunting, MMA, hanging out with friends, go to my grandparents' house
  - Draw, basketball, football
  - Eat, sleep, eat some more
  - Fair, Baseball
  - fair, park
  - Fair, shop, eat
  - Fair, swim, play with volleyball, play outside with friends
  - Farm ,4H, spend time with family
  - Farm, hunt, play outside
  - Farm, ride ATV
  - football and theater
  - Football, Biking, ATV's, trucks, Sports, football, dirt bike, video games
  - Football, wrestling, fair
  - friends, basketball, football, games, baseball, watch Naruto
  - Get turnt because this town is sad and pathetic. And I game A LOT
  - go on trails with my friend, go to the playground, play on my phone
  - Go on walks with my family and dog. I also like to hang out with my friends
  - Go outside or play on my electronics
  - Go outside, play videogames, hang out with friends, cook with family, all sorts of things
  - Go shopping and play soccer
  - Go to church activities, hang out with friends, go to the movies
  - Go to fair, hunt, and fish
  - go to football games, coffee pot
  - go to malls, go play with friends, four wheelers
  - Go to my grandma, go to the park
  - go to the boys and girls club and hang with friends
  - Go to the Darke county fair, go shopping, walk my dogs
  - Go to the fair, go skating, or go swimming
  - Go to the fair, hang out with friends, go shopping
  - go to the library and hang out with fans
  - Go to the park with my friends or play with my brothers
  - going to friends, play games, go to park and walking around
  - Gymnastics, hang out with friends, run/walk
  - Gymnastics, swimming, playing with dog, cat and friends, eat
  - Hang out with friends and go shopping
  - Hang out with friends and play volleyball
  - Hang out with friends and shopping
  - Hang out with friends and their horses
  - Hang out with friends, go places and stay over at each other's houses
  - Hang out with friends, go to the YMCA, go shopping
  - Hang out with friends, hang out with my pets.
  - Hang out with friends, help family out with activities, and go skating
  - Hang out with friends, ride rides, play mini games :) always fun
  - Hang out with friends, shop, stay at home, go where my grandma works
  - Hang out with my friends and boyfriend, go place and have fun together

- 
- Hang out with my friends and play sports
  - hang with friends at pool, coffee pot, a&b play games, watch movies
  - Hang with friends, play football
  - Hang with my friends, ride, play X-Box
  - Hanging out at home, playing football
  - Hanging out with my friends and family, doing sports
  - Hanging with friends, skating, pool/swim
  - Haunted houses, hanging with friends
  - Hunt, fish, ride 4-wheelers, work
  - Hunting, playing with my dogs and cats. Building models. Riding my bike. Playing on the computer.
  - I did soft ball, and soccer, I'm in choir
  - I do 4-H(horses), ATV, shoot, hunt, trap, and fish
  - I do 4-H, softball, ride my bike, four wheeler and tennis
  - I do taekwondo, play games, do research, talk with people, and go on walks.
  - I do tap class, I cheer, draw, do tumbling
  - I draw, write play basketball, hang out with friends, and dance
  - I go outside and take walks and ride my bike. I also hang with my friends
  - I go outside with my friends and I have cross country
  - I go skating on Saturday night, or I'll hang out with a friend/my girlfriend.
  - I go to the boys and girls club. I like to go to the Greenville city park. I like to go to the Darke
  - I go to theater and football games
  - I hang out with friend, go to the park, and walk around town.
  - I hang out with friends, have fun, stay out of trouble
  - I hang out with my friend and I play sports.
  - I like going camping and hiking. I draw a lot.
  - I like listening to music, drawing, reading, playing tennis, sleeping, rip sticking
  - I like to draw, dance, and act
  - I like to farm with my dad and I play baseball and basketball.
  - I like to go to events such as fairs and I like to go to stores
  - I like to go to the flat track races and go to Eldora with my dad. I like to go to my grandpa Wilt's
  - I like to go to the movies, and restaurants in Richmond, Indiana. I also like to go to shooting rang
  - I like to hang out with my friends, and play sports; volleyball, softball, basketball and track
  - I like to play outside, draw, sports
  - I like to walk around, draw, and listen to music
  - I play baseball and pass the football with friends, or play video games which I have not done a lot
  - I play basketball with my brothers and cousins and do theater
  - I play football and videogames
  - I play football, tennis, and video games
  - I play soccer and go to soccer practice for DCSA, go to the coffee pot and hang out with some friend
  - I play sports like basketball and softball. Also I spend time with family

- 
- I play tennis, I'm joining theater, and hanging out with friends
  - I play video games and hang out with my friends
  - I read books, I play basketball (on a team), and I especially enjoy playing volleyball with my friend
  - I read, climb trees, and play sports, or play Xbox
  - I ride my 4-wheeler or play PlayStation
  - I ride my bike and do lots of awesome tricks, I play my x-box 360 online with other people
  - I show goats and pigs at the great Darke County fair. I also do trash bash and trick or treat.
  - I sing in talent shows and I play sports
  - I've been riding my bike, playing outside, Xbox 360
  - Jump on my trampoline, have friends over, or play on the computer
  - Massacre Mills, go to the park
  - Mudding, dirt biking, rowing, work
  - Normally, I'm at home in my room and if I'm not I am at my best friend's house because I'm single at the
  - Not really much to do. Sports, music, friends
  - Outside of school I read and play in the woods for fun.
  - Play basketball and baseball with friends and family or go to the movies.
  - Play basketball with friend, and I also like to ride my bike. Play baseball, hangout with family
  - play basketball with friends, and riding my bike, hang out with friends
  - Play basketball, I go running (glow-run), play with my infant brothers
  - Play basketball, play video games
  - Play basketball, volleyball, go outside, ride bikes, go to cousin's house, go to football games with
  - Play games at my house, visit friends, go to the fair
  - Play games or play card game Yu-gi-oh
  - Play games, fair, skating, cheerleading
  - Play MTG and play outside
  - Play my computer, or occasionally go to A&B coffee shop with my friends
  - Play on my PC or ride my skateboard
  - Play outside, hang out with my girlfriend, go to PP and G's
  - Play outside, play on computer, program computers, read.
  - Play softball and hanging with my family
  - play softball, and have fun
  - Play sports and hang out with friends
  - Play sports and talk to friends.
  - Play sports, hang out with friends, play with siblings, talk/text his girlfriend, go to high school s
  - Play sports, hang out with my friends
  - Play sports, walk around the parks, hang out with friends
  - Play tennis, jump rope, jump on the trampoline, swing and sit around the campfire and do my homework
  - Play video games, hang out with friends, talk online, volunteer
  - Play video games, play basketball

- 
- Play volleyball with dad, watch family members play sports, sit in my room on my phone
  - Play with cat and dog, get a snack do homework, play on swing set
  - Play with friends, ride bike or scooter
  - Play with my animals, be with Brianna and Madison
  - Play with my brother, camping on weekends, and a lot of activities.
  - Play x-box, run laps, and watch tv
  - Playing soccer and going to Greenville to go shopping and during the time of the fair.
  - Playing video games, baseball, wrestling, going to friend's house, soccer, fair
  - Read, play with puppies, hang out with friends
  - Read, ride bikes, swim, okay soccer
  - Read, ride rip stick
  - Read, softball, basketball, Racquetball, volleyball, soccer
  - Reading, go skating, babysit, go to the library, go over to friends' houses, and sit at home watching
  - Ride bike, grandparents' house, sports
  - Ride bike, play video games, do chores, hang out with friends
  - Ride four wheelers, just hang out with friends
  - Ride four-wheelers, swim, play with my puppy, play with my five nephews.
  - Ride moped, hang out with friends
  - Ride my bike and hang out with my friends
  - Ride my four-wheeler and read
  - Riding dirt bikes, hanging with friends, camping, family time, hanging with my 8 month old cousin in
  - Riding horses, working
  - Shop, swim, be outside, work
  - Shopping, playing with dogs
  - Show animals, walk around
  - Show cows, cross country, basketball, running, swimming, walking trails, and riding bikes
  - show horses, and play softball for my church
  - Show pigs, play football, workout
  - Sing, draw, sports
  - Skate park, YMCA
  - Skateboard, roller skating, hanging out with friends, drawing
  - Skating, hanging out with friends
  - Skating, hanging out with my friends, shopping
  - Skating, riding bike, hang out with friends.
  - Soccer, Minecraft, reading, riding bikes
  - Softball, basketball, and hangout with cousins and family and friends. I stay out of drama
  - Softball, Hanging out with friends
  - Softball, show sheep at the fair
  - softball, theater
  - Softball, volleyball, basketball, fall ball, pigs, garden club, farming
  - Some community sports activity, fair, swim, and other different things
  - Sports and go to local music shows
  - Sports and hanging out with my friends

- 
- Sports, eat, sleep
  - Sports, fair, restaurants, visiting friends and family
  - Sports, hang out with friends, read, play outside, spend time with family
  - Sports, singing
  - Stay with my Grandma, walk to the park, sometimes broad way
  - Swim team, 4H, hunting
  - Swim, volleyball, hanging out with my friends, running
  - Swimming, bowling and going up to the coffee pot with my friends
  - Swimming, soccer, softball, outdoor volleyball, basketball, playing with my friends, and running
  - take care of my dogs, eat, read
  - Tennis, baking, library
  - The fair, park, friends' houses, restaurants, and visiting family
  - The fair, the park, restaurants, visiting family
  - Theater. Library, MMORPG's
  - Theatre, Martial Arts (Tae-kwon-do), Swim, Boy Scouts, Biking, Competitive Gaming
  - Theatre, skating
  - Video games and basketball
  - Video games, TV, biking, hanging with friends, board games
  - Video games. Talk to friends.
  - Volleyball, camping, hang out with friends
  - Volleyball, cheer, ride ATV, shop, trampoline
  - Volleyball, gardening, running, get together and spend time with friends, get together with family
  - Walk around and hang out with friends
  - Walk around my town, reading the Word of God
  - Walk around town with friends, organize school work take walks with my mom, help friends, cheer, run
  - Walk around with my friends and go to the boys and girls club
  - we are the majority softball, basketball, volleyball
  - When I'm at home, I play video games and chat with friends online. Outside of home, I visit a friend
  - XC, and hang out with friends
  - Youth group, hang with friends
  - Youth group, teen Thursdays

#### Nothing (11)

- I do not do certain outside activities for fun in Darke county
- I do nothing. I have no friends
- I don't do anything
- I don't usually do anything for fun in Darke county
- None
- Not much, there is nothing to do here
- Nothing I have no fun
- Nothing Really
- Nothing, Darke county is pretty boring
- Sit at home

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**Other**

- Eat corndogs
- Eat, ride rides
- everything
- Get baseball cards
- Go to high school football games
- Go to the library (2)
- I love horses and this summer I am going to ride
- In the summer sometimes I go to the pool. I usually don't do any community activities in Darke County
- Ride 4-wheelers around and get the cops called on us.
- Ride my back with friends.
- Sometimes I go to the library to play the Wii U there
- stuff
- Things
- Used to go to the movie theater before it closed
- volunteer with city to clean
- Walk to fast food restaurants
- Went home
- I just go with the flow
- I go shopping

**Outside Darke County (1)****Physical Activity/ Outdoors Activities**

- Marching band, biking
- Martial Arts
- The pool
- Volleyball and Basketball
- walk around and play football
- Walk around town
- Walk around town and play football with friends
- Walking around
- Walking around, riding my bike, go to the skating rink
- Walks, go to the park
- Well I play soccer on the 14-18 age group at the Pleasant View Church. I love riding my bike.
- Work out, play football, play basketball, lift weights, ride horses, ride dirt bikes and 4-wheelers,
- workout, golf, baseball
- Baseball (2)
- Baseball, basketball, football, fishing, riding bikes
- Baseball, football, basketball
- Basketball
- Basketball and softball
- Basketball, run, lift weights
- bike riding
- Cheer and acrobats

- 
- cheer, track, and band
  - Church Volleyball
  - Cross Country
  - Cross-country, basketball
  - Dance (pointe, ballet), biking
  - Dance at 5678 Dance Studio
  - Dirt bike riding, bonfires, eating, swimming, camping
  - Do football
  - Fish in the park
  - Fish, hunt, sports
  - Fishing, hunting, trapping, jogging
  - Fishing, Shooting free throws with siblings, bike riding, softball, going to the park, going on a run
  - Fishing, sports, camping
  - Flips, play outside with friends
  - Football (3)
  - Football and motocross
  - Football practice, wrestling practice, baseball practice
  - football practice/games
  - Football, baseball
  - football, baseball
  - Football, baseball, basketball
  - Football, baseball, playing with my brother, playing outside
  - Football, bike riding
  - football, ride bike
  - Football, Weight Lift, Running
  - go hiking, to the haunted caves, and swimming
  - Go hunting, Play baseball, basketball, football
  - Go outside and do stuff out there
  - Go to football or go home and play outside
  - go to football practice and get out and enjoy the fresh air
  - Go to the Brook Village park
  - Go to the Greenville Park
  - Go to the park, play basketball, go outside with friends, play sports if any are in season
  - Go to the park. Go to football games. Ride bike around.
  - Going to the YMCA to swim and play in the gym. Jogged with a friend. Danced with some friends for fun.
  - Hunt Deer
  - Hunt, fish, cut wood
  - Hunting, fishing, football, shooting my bow.
  - I cheer for an all-star team
  - I dance, sometimes me and my mom take walks
  - I do 5 dance classes. I also run with my dog and go hiking
  - I do gymnastics
  - I enjoy playing volleyball, and swimming. I also go to the park occasionally
  - I go for a walk every day and I help build stuff and physically every day
  - I go on a run, volleyball



- 
- I go to football after school
  - I hang out with my brothers and sisters outside with my dog
  - I like climbing trees, riding bikes, play wiffleball, playing softball, tossing a ball, running
  - I like to climb trees, play football at South Park, and going swimming
  - I like to go outside, run a block then play with my dog
  - I like to play football
  - I like to play volleyball or make some baskets but that's it
  - I love to fish and ride my bike.
  - I play soccer
  - I play softball and walk my sister to cheer everyday
  - I play softball, volleyball, and basketball
  - I play sports and play physical activity
  - I play sports and run after butterflies
  - I play sports and workout as much as possible
  - I play sports, basketball, and softball
  - I ride my dirt bike
  - I usually am busy playing soccer or softball and doing things with my teammates
  - My family rides ATV's , dirt bikes, and golf carts in the woods. Go for walks after dinner
  - Outside of school I like to run and play baseball
  - Parkour and free running
  - Pass the football with friends, take long walks with my dog or friend, and shoot hoops
  - Play AAV basketball
  - Play around at the Greenville City park
  - Play basketball
  - Play Basketball at the park, swing
  - Play basketball or tennis
  - Play basketball that's pretty much it.
  - Play basketball with my best friend
  - Play football (5)
  - play football and other sports
  - Play football and ride dirt bikes
  - Play football or baseball anything active
  - Play football with friends, Climb trees and go on runs/walks
  - Play football, work on my grandpas farm
  - play outside (2)
  - Play outside and dog training.
  - Play outside with my family and ride bikes
  - Play outside, or play sports
  - Play outside, softball, cheer
  - play soccer
  - Play soccer, run
  - Play softball, cheer for basketball, cheer for football
  - Play softball, volleyball
  - Play sports (3)
  - Play sports, play outside and help my dad in his barn
  - Play sports, swim
  - practice soccer, practice baseball, and walk

- 
- Ride bikes (2)
  - Ride dirt bike, ride bike
  - Ride dirt bikes, four-wheelers
  - Ride dirt bikes and 4- wheeler
  - Ride four wheeler, drive golf cart, go in woods
  - Ride four wheelers (ATV)
  - Ride horses with my cousin
  - Ride horses, hunting, fishing, mudding, riding 4-wheelers
  - Ride my bike and camping.
  - Ride my bike, and play soccer
  - Ride my bike, play basketball, football
  - Ride my dirt bike, walk my dogs
  - Ride my go cart
  - Run cross country
  - Run, bike, basketball
  - Run, play baseball, play basketball, play outside
  - Running around, going to the park
  - skateboard
  - Snowboard, play football, play baseball
  - Soccer
  - Softball(2)
  - Softball and volleyball
  - softball, basketball
  - Softball, cheer
  - Sports(10)
  - Sports, 5k runs, ride 4-wheelers, ride bikes, hunt
  - Sports, swim

Refused (34)

Significant Other

- talk to my girlfriend

Sleep (4)

Youth Group

- Participate in church youth group
- Youth group, church